



Dr. M.G.R. EDUCATIONAL AND RESEARCH INSTITUTE
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 Periyar E.V.R. High Road, Madhavoyal, Chennai-95, Tamilnadu, India.

DMU
ST. JOHN THE BAPTIST UNIVERSITY
 Malawi, Africa


Faculty of Education (B.Ed.)


jointly organises

Guest Lecture on
'Understanding Emotions, Behaviour and Relationships'



Dr. E. Mugundharajan
 Director of Research and Innovation,
 Dept. of Social Work,
 DMI - St. John the Baptist University,
 Malawi, Central Africa.

 11th March 2026 @ 11.30 a.m.

Google Meet- <https://meet.google.com/mtc-kqrs-gmn> 

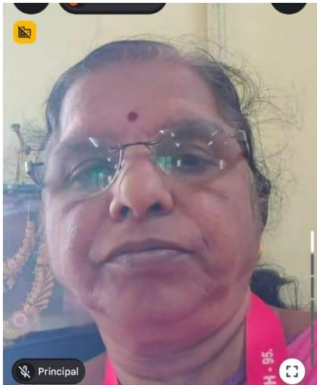




Connection Between Emotions and Behavior

- Emotions influence how we think and act
- Strong emotions may lead to impulsive behavior
- Positive emotions encourage cooperation
- Negative emotions may cause conflict

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Common Relationship Challenges

- Miscommunication
- Lack of trust
- Emotional misunderstanding
- Stress and external pressures
- Cultural differences

8:00 AM | mtc-legs-gmn

