



Faculty of physiotherapy

Edition : JUN-2024

# PHYSIO MAG



OF THE STUDENT, BY THE STUDENT, FOR THE STUDENT

Volume : 05 Issue : 01







**Dr. M.G.R.**  
**EDUCATIONAL AND RESEARCH INSTITUTE**  
**DEEMED TO BE UNIVERSITY**



**University with Graded Autonomy Status**

**(An ISO 21001 : 2018 Certified Institution)**

Periyar E.V.R. High Road, Madhavayal, Chennai-95, Tamilnadu, India.

## **CHIEF PATRON**



**Dr. A.C.SHANMUGAM, B.A., B.L., FRCPS., Ex MLA., Ex MP**

**FOUNDER CHANCELLOR**



**Dr. M.G.R.**  
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Pertivar E.V.R. High Road, Madhavayal, Chennai-95, Tamilnadu, India.



## PATRON



**ER.A.C.S ARUN KUMAR, B.TECH, M.B.A,**  
**HONOURABLE PRESIDENT**





**Dr. M.G.R.**  
**EDUCATIONAL AND RESEARCH INSTITUTE**  
**DEEMED TO BE UNIVERSITY**  
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## **PATRON**



**THIRU.A.RAVI KUMAR, B.COM., MBA.,**  
**HONOURABLE SECRETARY**



**Dr. M.G.R.**  
**EDUCATIONAL AND RESEARCH INSTITUTE**  
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**Prof. DR.S.GEETHALAKHMI** MBBS.,M.D.,Ph.D  
**VICE CHANCELLOR**



# PHYSIO MAG

# PHYSIO EVENTS



**EVENT: EXPERT TALK ON STRESS MANAGEMENT FOR ATHLETES**

**DATE: 30.04.2024**

**GUEST LECTURER:**

**JUDGE.PROF.DR. ANEUS ANSARI PHD, IISM, CHENNAI.**

**VENUE: LECTURE HALL – 14**

**FACULTY OF PHYSIOTHERAPY,  
DR.MGR.EDUCATIONAL&RESEARCH INSTITUTE,  
CHENNAI-77.**

**NO OF PARTICIPANTS: 74 PARTICIPANTS**



**EVENT: ON FIELD PHYSIOTHERAPY MANAGEMENT**

**DATE: 2/5/2024**

**SPEAKER:**

**DR.PRIYANKABALASUBRAMANIYAN,  
MPT(SPORTS),MIAP FOUNDER OF FLEXIFIT  
PHYSIOTHERAPY SPORTS INJURIES & REHAB  
CENTRE VALASARAVAKKAM CHENNAI.**

**VENUE: LECTURE HALL-14**

**FACULTY OF PHYSIOTHERAPY,  
DR.MGR.EDUCATIONAL& RESEARCH INSTITUTE,  
CHENNAI -77.**

**NO OF PARTICIPANTS: 100**



**PHYSIO MAG**

# PHYSIO EVENTS



**EVENT: INTERDISCIPLINARY LECTURE ON NEWBORN SCREENING**

**DATE:18.06.2024**

**GUEST SPEAKER:**

**DR.SINDHUJA.C**

**ASSISTANT PROFESSOR IN PAEDIATRICS  
A.C.S MEDICAL COLLEGE AND HOSPITAL,  
CHENNAI-77**

**VENUE:LECTURE HALL-14  
FACULTY OF PHYSIOTHERAPY,  
DR.MGR.EDUCATIONAL& RESEARCH INSTITUTE,  
CHENNAI-77**

**NO.OF.PARTICIPANTS: 100 STUDENTS**



**EVENT: INTERNATIONAL YOGA DAY 2024-  
LIVE DEMO**

**DATE:21.06.2024**

**RESOURCE PERSON:**

**DR.G.THARANI,MPT(NEURO),COMPT.,MIAP.,**

**DIP IN YOGA FITNESS&AEROBICS**

**ASSISTANT PROFESSOR**

**FACULTY OF PHYSIOTHERAPY,**

**DR.MGR.EDUCATIONAL&RESEARCH**

**INSTITUTE, CHENNAI-77**

**NO.OF.PARTICIPANTS:25 BPT 1ST YEAR**





# PHYSIO MAG

# PHYSIO EVENTS



**FACULTY/DEPT OF PHYSIOTHERAPY YEAR 2024**  
**EVENT: WORKSHOP ON TAPING FOR COMMON SPORTS INJURIES**  
**DATE:03/05/2024&04/05/2024**

**GUEST SPEAKER:DR.S.KISHORE KUMAR,MPT(SPORTS)**  
**SENIOR PHYSIOTHERAPIST,SPARRC INSTITUTE, CHENNAI.**

**VENUE: LECTURE HALL-14**  
**FACULTY OF PHYSIOTHERAPY,**  
**DR.MGR.EDUCATIONAL& RESEARCH INSTITUTE, CHENNAI-77**

**NO.OF.PARTICIPANTS:100 STUDENTS**



## MUSCULOSKELETAL DISORDERS



**Dr. K. Kirupa , MPT (orthopaedics)**  
Topic: MUSCULOSKELETAL DISORDERS

**EVENT: LECTURE ON MUSCULOSKELETAL DISORDER**  
**DATE:07/05/2024**

**SPEAKER:DR.K.KIRUPA,**  
**MPT(ORTHOPAEDICS),**  
**FACULTY OF PHYSIOTHERAPY,**  
**DR.MGR.EDUCATIONAL& RESEARCH INSTITUTE, CHENNAI-77**

**VENUE: LECTURE HALL-09**  
**FACULTY OF PHYSIOTHERAPY,**  
**DR.MGR.EDUCATIONAL&RESEARCH INSTITUTE,CHENNAI-77**

**NO.OF.PARTICIPANTS:80 STUDENTS**





# PHYSIO MAG

# PHYSIO EVENTS



**EVENT : "WORLD BLOOD DONOR DAY 2024"**

**CHIEF GUEST: PROF.DR.C.V.SENTHIL NATHAN**

**DATE: 14/06/2024**

**VENUE: UPHC ACS COMMUNITY HEALTH CENTER,  
NAYAPAKKAM,PADUR**

**NUMBER OF PARTICIPANTS : 15 STUDENTS , 50  
AUDIENCE FROM VILLAGE**



**IN VIEW OF 'WORLD BLOOD DONOR DAY 2024' ON 14/06/2024, AT UPHC ACS MEDICAL COLLEGE AND HOSPITAL, NAYAPAKKAM , PADUR, FROM 10:30 AM TO 12:30 PM. THE EVENT BEGAN WITH A WELCOME NOTE BY DR. S. M. DIVYA MARY, ASSISTANT PROFESSOR, FACULTY OF PHYSIOTHERAPY. DR. DEEPTHI LAKSHMI, CENTER INCHARGE WAS FELICITATED BY DR. S. M. DIVYA MARY, ASSISTANT PROFESSOR. AROUND 15 STUDENTS FROM BPT IV YEAR PARTICIPATED AND AROUND 50 AUDIENCES FROM THE VILLAGE PARTICIPATED IN AN AWARENESS PROGRAM**



**EVENT:WORKSHOP ON TOPIC "PROGRESSIVE TRENDS IN CARDIOVASCULAR AND PULMONARY PHYSIOTHERAPEUTIC PRACTICE"**

**DATE: 21.06.2024 & 22.06.2024**

**RESOURCE PERSON:DR.OMPRAKASH PALANIVEL, MPT(CARDIO), RESEARCH SCHOLAR, CHETTINAD SCHOOL OF PHYSIOTHERAPY, KELAMBAKKAM, VENUE:ACS MEDICAL COLLEGE AND HOSPITAL, BASEMENT AUDITORIUM.**

**NO.OF.PARTICIPANTS:195 STUDENTS**

**EXPLAINING THE TECHNICAL, ANATOMICAL APPROACH OF CHEST X-RAY AND ECG WHICH IS THE FIRST LINE OF INVESTIGATION FOR DIAGNOSING MANY CONDITIONS RELATED TO LUNGS, THORACIC CAGE AND HEART WHICH WILL BE VERY USEFUL FOR THE STUDENTS FOR INTERPRETATION OF THE REPORTS IN ICU AND IN GENERAL. SPEAKER STUDENTS INTERACTION WAS THE HIGHLIGHT OF THE SESSION WHERE THE STUDENTS WERE ABLE TO INTERPRET THE REPORTS DISPLAYED ON SCREEN.**



January 2024 | camp



# FACULTY OF PHYSIOTHERAPY

## PHYSIOTHERAPY AND ERGONOMICS ONSITE CAMP IN ASHOK LEYLAND





# PONGAL



JUNE EDITION

## Celebration



Pongal is a harvest festival celebrated by the Tamil community. It is a celebration to thank the Sun, Mother Nature and the various farm animals that help to contribute to a bountiful harvest. Our college celebrated our tamil culture in grand manner in our spacious college.







# **MENTAL HEALTH AND WELLNESS SUMMER PROGRAM IN ASIA UNIVERSITY TAIWAN**

Faculty of physiotherapy  
organizes a summer program on  
mental health and wellness in asia  
university ,taiwan from 24 june  
2024 to 5 july 2024



CHENNAI ✈️ TAIWAN







"THE JORNEY OF A THOUSAND MILES BEGINS  
WITH ASINGLE STEP"

FACULTY OF PHYIOTHERAPY  
ORGANIZES "GLOBAL PHYSIOTHERAPY  
IMMERSION CAMP" AT UNIVERSITY  
SAINS MALASIYA, 16 STUDENTS AND  
ONE FACULTY FROM FACULTY OF  
PHYSIOTHERAPY HAD ATTENDED THE  
PROGRAM

**MALASIYA**



**CHENNAI**



TO TRAVEL IS TO LIVE.



# PATENT HOLDER



Dr.V.RAJALAXMI, MPT (NEURO), Ph.D, M.I.A.P, MIABMS.,  
(VICE PRINCIPAL), FACULTY OF PHYSIOTHERAPY,  
Dr.M.G.R.EDUCATIONAL & RESEARCH INSTITUTE,  
VELAPPANCHAVADI, CHENNAI.  
THE PATENT DESIGN OF "SPASTICITY GRADER" WHICH  
HAS BEEN APPROVED AND REGISTERED BY  
THE PATENT OFFICE, GOVERNMENT OF INDIA  
AND CHARGED AS PATANTEE  
(AS A LEGAL OWNER OF THE APPLICATION)...







## ADVANCED SPORTS REHABILITATION AND FIELD WORK

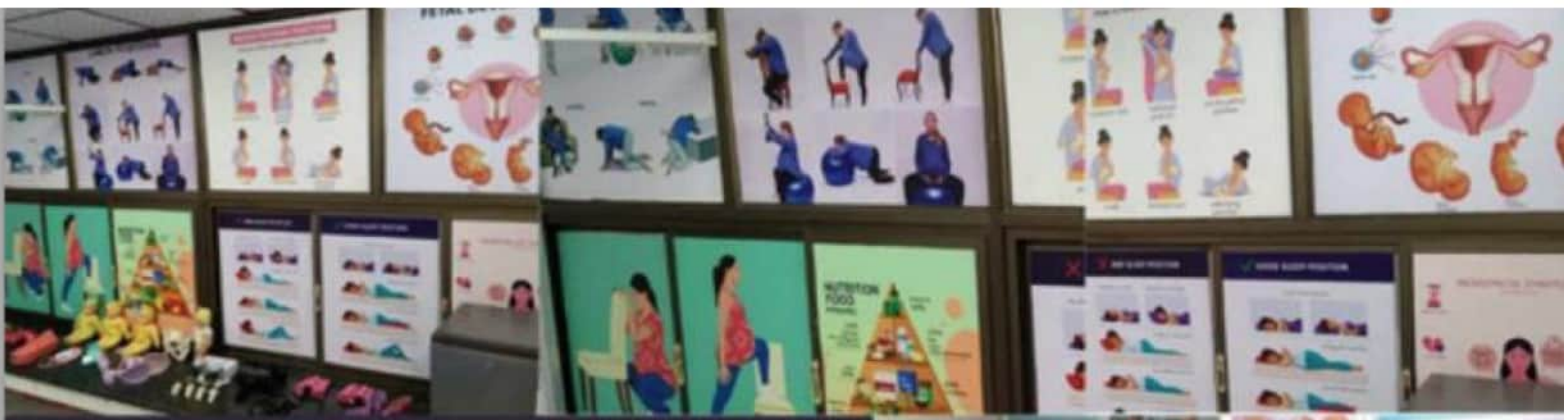


*"Take care of your body.,  
It's the only place you have to live"*



*Quality care for a better quality of life*





# ADVANCED OBSTETRICS AND GYNAECOLOGY UNIT



*"Take care of your body.,  
It's the only place you have to live"*



*Quality care for a better quality of life*





# ADVANCED NEURO REHABILITATION UNIT



*"Take care of your body.,  
It's the only place you have to live"*



*Quality care for a better quality of life*





## ADVANCED MUSCULOSKELETAL UNIT



*"Take care of your body.,  
It's the only place you have to live"*



*Quality care for a better quality of life*





ADVANCED  
CARDIOVASCULAR AND  
PULMONARY  
REHABILITATION UNIT



*"Take care of your body.,  
It's the only place you have to live"*



*Quality care for a better quality of life*





## ADVANCED PEDIATRIC REHABILITATION UNIT



*"Take care of your body.,  
It's the only place you have to live"*



*Quality care for a better quality of life*



# NSS ACTIVITIES

NOT ME, BUT YOU



## NATIONAL ROAD SAFETY WEEK - 2024

12 JANUARY, 2024

Faculty of Physiotherapy in association with NSS Unit -VI organized an Awareness Talk on Topic \*SAFETY FOR A SUSTAINABLE FUTURE \* inview of NATIONAL ROAD SAFETY WEEK - 2024 on 12th January 2024 from 10.30AM to 12.00PM at Lecture Hall - 07. 50 NSS Volunteers participated in the talk.

## ENTREPRENEURSHIP AND RURAL DEVELOPMENT CONCLAVE

18 JANUARY, 2024

Faculty of Physiotherapy in association with NSS Unit -VI attended the entrepreneurship and rural development conclave 2024 organized by IIT madras research park on 18th January 2024 from 10.00AM to 5.00PM. 01 NSS Program Officer participated in the conclave.





# NSS ACTIVITIES

NOT ME, BUT YOU

## National Voters Day – Awareness Pledge

24 JANUARY, 2024

Faculty of Physiotherapy in association with NSS Unit-VI, Dr.M.G.R.Educational and Research Institute, Chennai organized an Awareness Pledge in view of "NATIONAL VOTERS DAY - 2024" on 24/01/2024 at Faculty of Physiotherapy Department, Lecture Hall - 07 between 3.00PM to 3.30PM. Around 100 Students Participated along with Staff Members and NSS Volunteers.



## Elocution Competition in the view of 75th Republic day

25 JANUARY, 2024

In the View Of 75th Republic Day Celebration on 26/01/2024, The Faculty of Physiotherapy In Association with NSS Unit -VI Organized an Elocution Competition on the Topic “INDIA – THE MOTHER OF DEMOCRACY” on 25/01/2024 at the Center Of Excellence, Faculty of Physiotherapy from 10.30 AM – 12.45 PM.





# NSS ACTIVITIES

NOT ME, BUT YOU

## MARCH-PAST FOR 75TH REPUBLIC DAY.

26 JANUARY,2024

The faculty of physiotherapy in coordination with National Service Scheme (NSS) Unit-VI conducted the march-past in the view of National day on 26th of January, on the occasion of 75th Republic Day at A.C.S. Medical College and Hospital, playground. India is commemorating its 75th Republic Day on 26 January 2024. Being the 75th anniversary of Republic Day, is celebrated after the implementation of our Indian Constitution on 26 January 1950.



## OBSERVANCE OF SILENCE & PLEDGE FOR UNTOUCHABILITY “ MARTYRS DAY “

30 JANUARY,2024

Faculty of Physiotherapy, Dr. M.G.R. Educational and Research Institute, Chennai under the benevolence of Our Honorable President Sir and Honorable Secretary Sir is organising a series of FDPs, Workshops, Guest lectures and professional talks. We express our heartfelt thanks to Prof.Dr. S.GeethaLakshmi Madam, Our Vice Chancellor for her constant support and guidance.





# NSS ACTIVITIES

NOT ME, BUT YOU

## PLANTING SAMPLINGS ON “WORLD WATER DAY - 2024 “

26 JANUARY,2024

Faculty of Physiotherapy, NSS UNIT - VI, Dr. M.G.R. Educational and Research Institute, Chennai under the benevolence of ours Honorable President Sir and Honorable Secretary Sir is organizing a series of webinars, FDPs, and professional talks. We express our heartfelt thanks to Prof.Dr. S.GeethaLakshmi our Vice-Chancellor Madam for the constant support and guidance.



## SPECIAL CAMP - 2024

22.03.2024 TO 28.03.2024

From NSS UNIT VI, Dr. M.G.R. Educational, and Research Institute, Chennai under the benevolence of Our Honorable Founder Chancellor, Thiru. A.C.Shanmugam Sir, Our Honorable President, Eng. A.C.S. Arunkumar Sir and Our Honorable Secretary, Thiru.

A.Ravikumar Sir we have organized a special camp as per State NSS Cell / Regional Centre Instruction. We express our heartfelt thanks to Prof. Dr. S.GeethaLakshmi Madam, Our Vice-Chancellor for the constant support and guidance



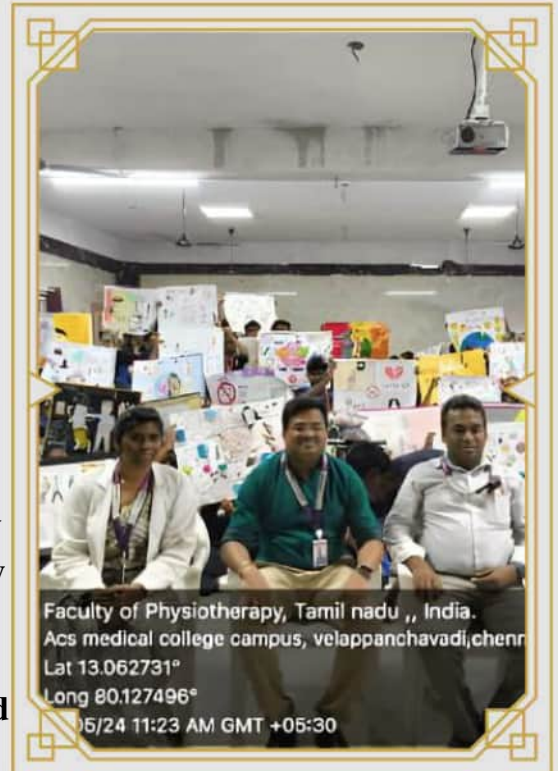
# NSS ACTIVITIES

NOT ME, BUT YOU

## “WORLD NO TOBACCO DAY – 2024” – POSTER COMPETITION

16 MAY,2024

The faculty of physiotherapy organized a Poster competition on the Topic "PROTECTING CHILDREN FROM TOBACCO INDUSTRY INTERFERENCE" in view of World No Tobacco Day on 16/05/2024 at Lecture Hall - 14 between 10.30 AM - 12.30 PM. Around 155 students participated in the program. The purpose of Day is to raise awareness about the dangers of tobacco thereby highlighting the health risk associated with the use of tobacco and promoting steps towards a future without smoking. At the end of the competition judges appreciated the Students who have actively participated and have shown their talent.



## “WORLD ENVIRONMENT – 2024” PUBLIC AWARENESS PROGRAM

05 JUNE,2024

The faculty of physiotherapy in association with NSS unit- VI organized an “Awareness Program” as an institutional Social Responsibility in view on “World Environment Day” at Govt Urban Public Health Centre, Thiruverkadu on 05/06/2024 from 11.00 AM to 12.00 noon. Around 13 NSS volunteers and 2 staff participated in the program. The purpose of Day is to raise awareness about the environmental issues like Global Warming, Climate change, Land Degradation and more.





# NSS ACTIVITIES

NOT ME, BUT YOU

## **"WORLD BLOOD DONOR DAY – 2024" - AWARENESS PLEDGE**

14 JUNE ,2024

Faculty of Physiotherapy in association with NSS Unit - VI Organized an "AWARENESS PLEDGE" inview of "WORLD BLOOD DONOR DAY - 2024" at Lecture Hall - 07, Faculty of Physiotherapy on 14-06-2024 from 10.15AM to 10.45AM for BPT 1st Year Students. Around 80 Students and Staffs participated. Followed by all the students and staff were taken pledge in English language.



We would like to express my heartfelt appreciation for your unwavering dedication and tireless efforts in serving our community. Your commitment to fostering social responsibility, leadership, and community service among the youth is truly commendable. Through your various initiatives and programs, you have made a significant impact on countless lives, promoting the spirit of selfless service and volunteerism.



# Journals TIMELINE



Effect of Myofascial therapy and pelvic relaxation exercise combined with phonophoresis using Diclofenac sodium gel in myofascial pelvic pain syndrome. Research Journal of Pharmacy and Technology Vol 17, I 3, B 1083-E 1087.

**S. VEENA KIRTHIKA, SUDHAKAR.S, G. MOHAN KUMAR,  
S.RAMACHANDRAN, AHALYA.S.P.**

01

Navigating the frequency of cervical vertigo: Insights and statistics. Journal of Integrated Science and Technology Vol 12, I 4, B 1-E 4..

**G.VAISHNAVI, JIBI PAUL, PRATAP  
SUGANTHIRABABU, C.V. SENTHIL NATHAN**

02

03

Impact of aquatic resistance training and boot camp training for Inter-collegiate athletes 100 meter sprint. Journal of Advanced Zoology Vol 45,

**JAYABHARATHI. R, JIBI PAUL, SUBBIAH.L, SATHYA.P**



An experimental study on the effect of sprint interval training versus traditional exercise programs among young obese adults. International Journal of Life science and Pharma Research Vol 14, I 1, B 17-E 23.

**THIRULOGACHANDAR GUNASEKAR, SHIVARANJANI BALAMURUGAN, MURALI RAVI, MUTHULAKSHMI KUMARESAN, BERNARD EBENEZER CYRUS, K. SARASWATHI, BALAJI KALIYAPERUMAL**

04

Comparing pilates and gym ball exercises for primary dysmenorrhea management: An empirical study. Cureus Journal of Medical Science Vol 16, I4, B1-E7.

**S. VEENA KIRTHIKA, SUDHAKAR.S, G. MOHAN KUMAR, S.RAMACHANDRAN, DEEPTHI R N V, SENTHIL SELVAM.P.**

05

06

**Effectiveness of transcutaneous electrical nerve stimulation on improving hyposalivation in xerostomia patients with diabetes mellitus. Bangladesh Journal of Scientific and Industrial Research Vol 59, I 1, B1-E6.**

**DR. V. RAJALAXMI, G M HARINI, PROF. DR. C.V. SENTHIL NATHAN, G. SRIDEVI, G. MOHAN KUMAR**



**Emerging role of Artificial Intelligence and Robotics in  
Physiotherapy: past, present, and future perspective.  
Advancements in Clinical Medicine.  
DR. V. RAJALAXMI, R KIRTHIK**

**07**

P1.Efficacy of plyometric and theraband flexbar exercises in  
Tennis Elbow patients: A Comparative Study. Cureus  
Journal of Medical Science Vol 16, I6, B1-E7.  
G. MOHAN KUMAR, NISHANTHI.S, K.KAMATCHI,  
S.RAMACHANDRAN, SUDHAKAR.S, DR.V.RAJALAXMI, S.  
VEENA KIRTHIKA, R.KAUSHIK, SRISAISANTHOSHINI  
SANKARANARAYANAN, CHOKKALINGAM PRIYA.

**08**

**09**

Pelvic floor muscle training and anal self massage to  
enhance muscle strength and Quality of Life in  
women with Anorectal pain. International Journal of  
Medical and Exercise Science Vol 10, I1, B1779-  
E1790.  
**DEEPTHI R N V, DARANISRI.J, DR.JIBI PAUL**





**Jasmine Preiskilla.P**  
**BPT -1st year BATCH B**



**MYTHILI.K**  
**BPT 1ST YEAR BATCH B**

# ART'S CORNER

by students



**FAWMITHA**  
**BPT 1ST YEAR 'B'**  
**BATCH**



**MONISHA.R**  
**BPT 1ST YEAR 'B'**  
**BATCH**



**Nishanth.U**  
**BPT III yEAR A sec**



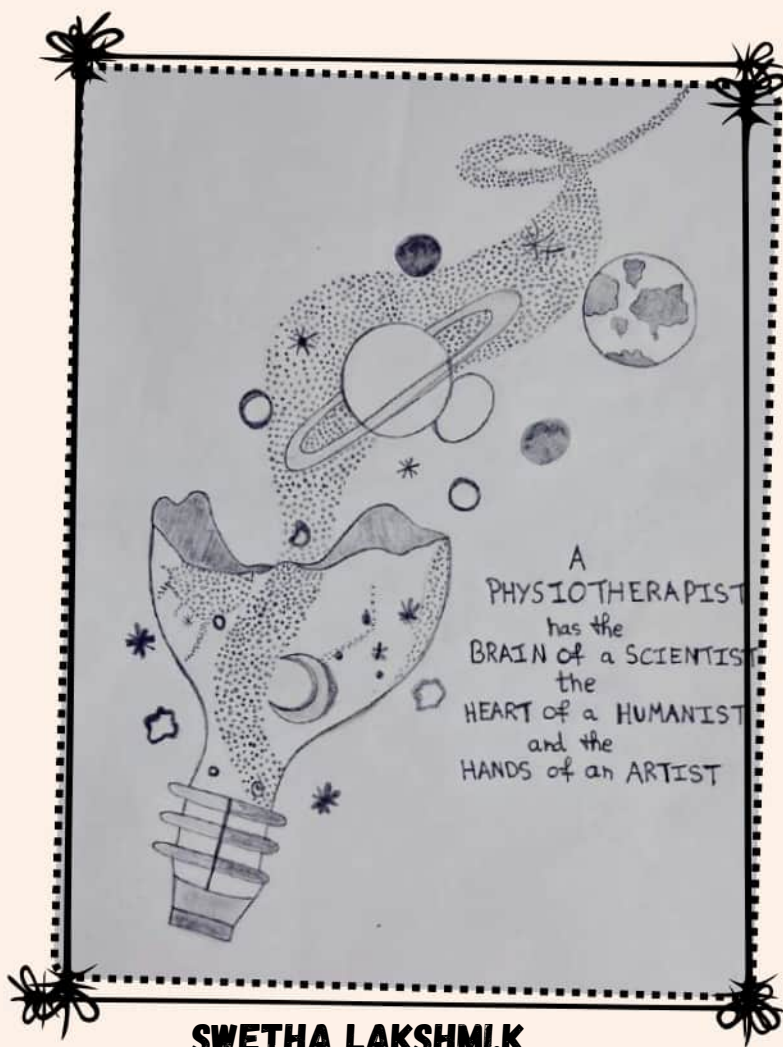
**RENUKA.S**  
**BPT III yEAR A sec**



**Kiruthiga.A**  
**BPT III yEAR A sec**







**SWETHA LAKSHMI.K**  
**BPT 1ST YR-B SEC**



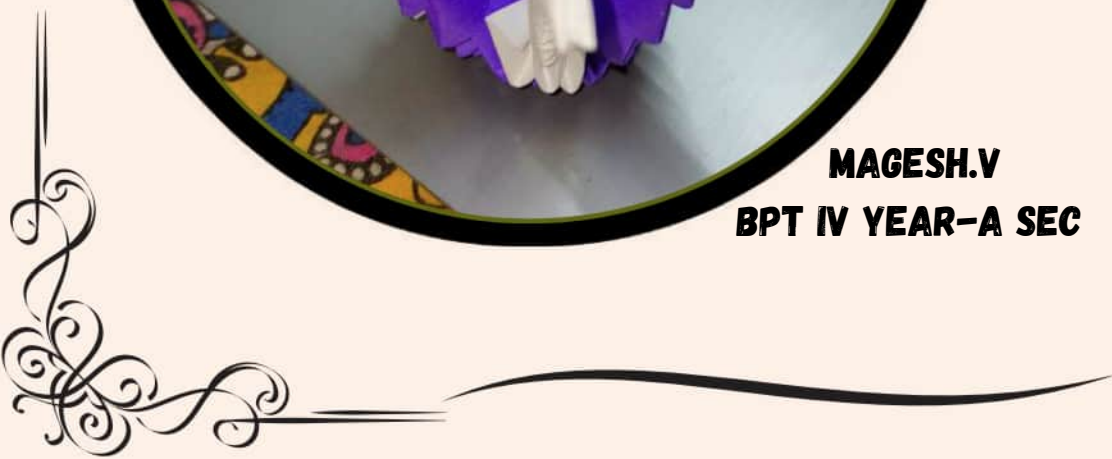
# ART'S CORNER



**MAGESH.V**  
**BPT IV YEAR-A SEC**



**PUNITHA.V**  
**BPT III RD YR-A SEC**





# PHOTO SPOT



**A.REENA BAI**  
**BPT III YEAR-B SEC**



**SARANYA RAMESH**  
**BPT III YEAR-B SEC**



**R.HARIPRIYA**  
**BPT III YEAR-B**  
**SEC**



**PREETHI.S**  
**BPT III YEAR-A SEC**



**A.GOWRI**  
**BPTIII YEAR-A**  
**SEC**



**VARSHINI.K**  
**BPT IV YEAR-A SEC**





## Udhaya Kumar.K BPT IV Year A section

**WORLD RECORD  
FOR  
PROMOTING "ENVIRONMENTAL  
CONSERVATION BY SAVING  
BIRDS & PLANTING TREES"  
in multiple states by  
SOLO JOURNEY**





SHAM.S  
BPT 1ST YEAR BATCH- B

# MEME CREATOR





# PHYSIO LIBRARY

JOURNALS

## INDIAN JOURNALS

1. INDIAN JOURNAL OF PHYSIOTHERAPY AND OCCUPATIONAL THERAPY
2. INDIAN JOURNAL OF OBSTETRICS AND GYNECOLOGY
3. PHYSIOTHERAPY AND OCCUPATIONAL THERAPY JOURNAL
4. ANNALS OF GERIATRIC EDUCATION AND MEDICAL SCIENCES
5. ANNALS OF ONCOLOGY RESEARCH AND THERAPY
6. INDIAN JOURNAL OF PHYSICAL THERAPY & RESEARCH
7. JOURNAL OF INTEGRATED HEALTH SCIENCE
8. ANNALS OF MOVEMENT DISORDERS
9. THE JOURNAL OF INDIAN ASSOCIATION OF PHYSIOTHERAPISTS

## INTERNATIONAL JOURNALS

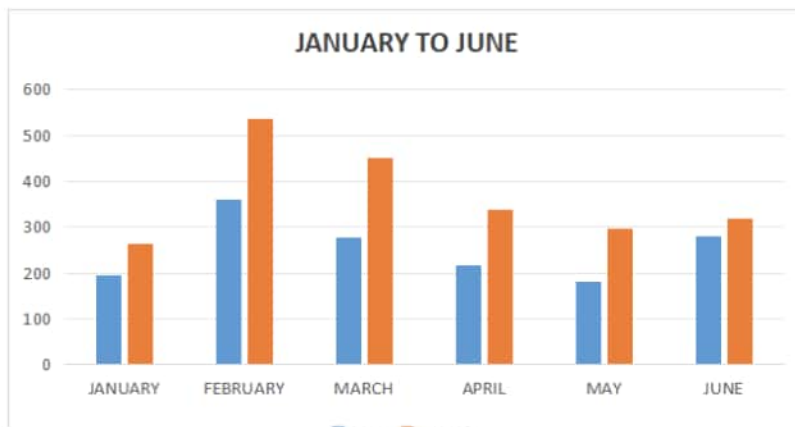
1. JOURNAL OF GERIATRIC PHYSICAL THERAPY
2. JOURNAL OF NEUROLOGICAL PHYSICAL THERAPY
3. JOURNAL OF ORTHOPEDIC AND SPORTS PHYSICAL THERAPY
4. CARDIOPULMONARY PHYSICAL THERAPY JOURNAL
5. PEDIATRIC PHYSICAL THERAPY



# 2024

# STATISTICAL ANALYSIS

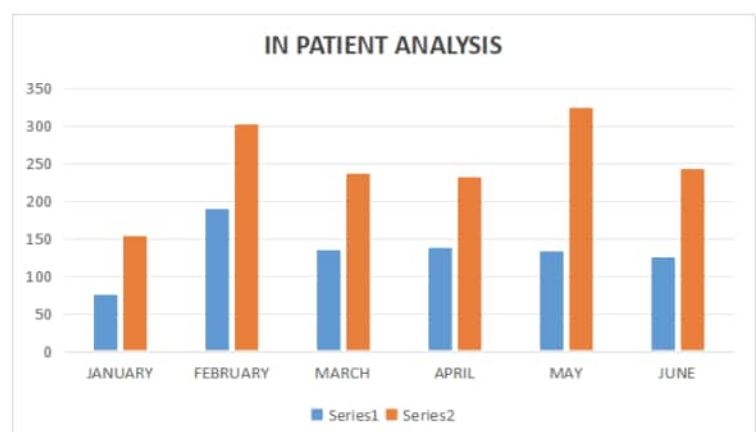
## OUT PATIENT ANALYSIS



MONTH	MALE	FEMALE
JANUARY	195	264
FEBRUARY	361	535
MARCH	277	450
APRIL	217	338
MAY	181	298
JUNE	281	319

MONTH	MALE	FEMALE
JANUARY	75	154
FEBRUARY	190	303
MARCH	135	237
APRIL	138	232
MAY	134	324
JUNE	125	243

## IN PATIENT ANALYSIS





# NPTEL ACHIEVEMENTS

## Gold Medalist



**Elite**  
**NPTEL Online Certification**  
(Funded by the MoE, Govt. of India)

This certificate is awarded to  
**STEPHY AGNUS D**  
for successfully completing the course

**Sports Psychology**

with a consolidated score of **98** %

Online Assignments	23.75/25	Proctored Exam	74.25/75
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Total number of candidates certified in this course: **548**

Prof. Devendra Jalihal  
Chairperson,  
Centre for Outreach and Digital Education, IITM

Feb-Apr 2024  
(8 week course)

Prof. Andrew Thangaraj  
NPTEL, Coordinator  
IIT Madras

Indian Institute of Technology Madras

swayam

Roll No: NPTEL24HS8351153507844 To verify the certificate No. of credits recommended: 2 or 3

**Elite**  
**NPTEL Online Certification**  
(Funded by the MoE, Govt. of India)

This certificate is awarded to  
**NAVIN R**  
for successfully completing the course

**Sports Psychology**

with a consolidated score of **95** %

Online Assignments	23.58/25	Proctored Exam	71.25/75
--------------------	----------	----------------	----------

Total number of candidates certified in this course: **548**

Prof. Devendra Jalihal  
Chairperson,  
Centre for Outreach and Digital Education, IITM

Feb-Apr 2024  
(8 week course)

Prof. Andrew Thangaraj  
NPTEL, Coordinator  
IIT Madras

Indian Institute of Technology Madras

swayam

Roll No: NPTEL24HS8351253402109 To verify the certificate No. of credits recommended: 2 or 3

**Elite**  
**NPTEL Online Certification**  
(Funded by the MoE, Govt. of India)

This certificate is awarded to  
**MAGESH V**  
for successfully completing the course

**Essentials of Sports Injury Prevention & Rehabilitation**

with a consolidated score of **95** %

Online Assignments	23/25	Proctored Exam	72/75
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Total number of candidates certified in this course: **233**

Prof. Devendra Jalihal  
Chairperson,  
Centre for Outreach and Digital Education, IITM

Feb-Apr 2024  
(8 week course)

Prof. Andrew Thangaraj  
NPTEL, Coordinator  
IIT Madras

Indian Institute of Technology Madras

swayam

Roll No: NPTEL24HS8351153502434 To verify the certificate No. of credits recommended: 2 or 3

CONTINUED...



# NPTEL ACHIEVEMENTS

## Gold Medalist



**Elite**  
**NPTEL Online Certification**  
(Funded by the MHE, Govt. of India)

This certificate is awarded to  
**SANDHYA SHREE S**  
for successfully completing the course

**Basic Certificate in Palliative Care**

with a consolidated score of **93 %**

Online Assignments	22.81/25	Proctored Exam	70.5/75
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Total number of candidates certified in this course: 452

Jan-Apr 2024  
(12 week course)

**swayam**

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This certificate is awarded to  
**JEEVITHA G**  
for successfully completing the course

**Maternal Infant Young Child Nutrition**

with a consolidated score of **93 %**

Online Assignments	22.1/25	Proctored Exam	71.25/75
--------------------	---------	----------------	----------

Total number of candidates certified in this course: 1217

Jan-Apr 2024  
(12 week course)

**swayam**

Ref No: NPTEL2401011053404181 To verify the certificate No. of credits recommended: 3 or 4

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This certificate is awarded to  
**POORNIMA A**  
for successfully completing the course

**Essentials of Sports Injury Prevention & Rehabilitation**

with a consolidated score of **92 %**

Online Assignments	19.79/25	Proctored Exam	72/75
--------------------	----------	----------------	-------

Total number of candidates certified in this course: 233

Feb-Apr 2024  
(8 week course)

**swayam**

Ref No: NPTEL2405051153402787 To verify the certificate No. of credits recommended: 2 or 3

**Elite**  
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**TIYYABANDI NAGA MRIDVIKA**  
for successfully completing the course

**Sports Psychology**

with a consolidated score of **92 %**

Online Assignments	20/25	Proctored Exam	72/75
--------------------	-------	----------------	-------

Total number of candidates certified in this course: 548

Feb-Apr 2024  
(8 week course)

**swayam**

Ref No: NPTEL2405051153402221 To verify the certificate No. of credits recommended: 2 or 3

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**A SAKTHI PRIYA**  
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**Essentials of Sports Injury Prevention & Rehabilitation**

with a consolidated score of **92 %**

Online Assignments	19.79/25	Proctored Exam	72/75
--------------------	----------	----------------	-------

Total number of candidates certified in this course: 233

Feb-Apr 2024  
(8 week course)

**swayam**

Ref No: NPTEL2405051153402834 To verify the certificate No. of credits recommended: 2 or 3

**Elite**  
**NPTEL Online Certification**  
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This certificate is awarded to  
**SHANMATHI S**  
for successfully completing the course

**Maternal Infant Young Child Nutrition**

with a consolidated score of **92 %**

Online Assignments	22.81/25	Proctored Exam	69/75
--------------------	----------	----------------	-------

Total number of candidates certified in this course: 1217

Jan-Apr 2024  
(12 week course)

**swayam**

Ref No: NPTEL2401011053403068 To verify the certificate No. of credits recommended: 3 or 4

**GOLD REMAINS WHERE IT IS,  
WE CAN REMAIN IN THIS PLACE,  
UNLESS AND UNTIL WE WORK FOR  
& MOVE FOR IT....**

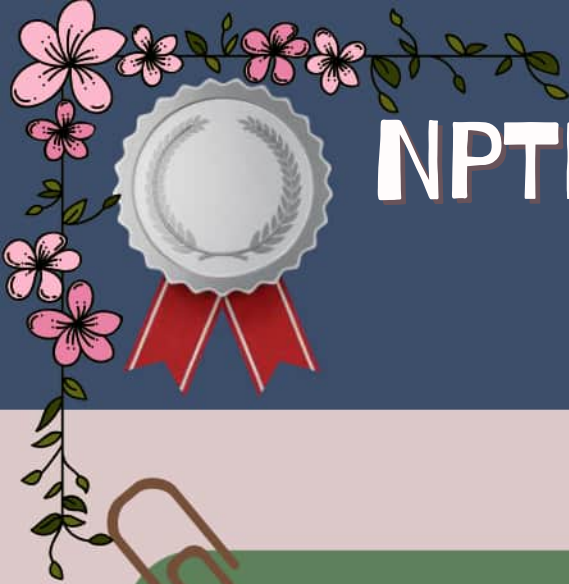


# NPTEL ACHIEVEMENTS

## Gold Medalist



Hunting medals will continue forever....



# **NPTTEL SILVER MEDALIST**

## **PHYSIOMAG**

### **I YEAR-A SEC**

- 1.VIDHYA.K**
- 2.SUSMITHA.P**
- 3.POORANI.M**
- 4.NASHEETA TASKEEN.B**
- 5.KEERTHANA DEVI.B**
- 6.KANNAN DHARSHINI**
- 7.JEZIAH.D**
- 8.INIYA.V**
- 9.BEGAM FARHANA.M**
- 10.ANUSH**

### **II YEAR-B SEC (2ND BATCH)**

- 1.ARTHI NACHAMMAI.V**
- 2.MEHNAZ MADEENA.A**
- 3.JANANI.G**

### **III YEAR - C SEC**

- 1.KAVYA.V**

### **II YEAR-A SEC**

- 1.MUTHUMONISHA**

### **II YEAR-B SEC**

- 1.PRIYA.K**
- 2.MONISHA.K**
- 3.HARSHINI V.R**
- 4.MONISHA.P**
- 5.SUBHALAKSHMI.R**
- 6.PRITHIKA.G**
- 7.JANANI.G**
- 8.HARINI NAIR.K.J**
- 9.ANUPAMA.P**
- 10.GUNASUNDARI.M**
- 11.MANILA**

### **II YEAR-C SEC**

- 1.GOMATHI.K**







# NPTEL SILVER MEDALIST PHYSIOMAG

## IV YEAR – A SEC

- 1.AKILANDAPARAMESHWARI.A
- 2.STEPHY AGNUS.D
- 3.DHANALAKSHMI
- 4.SHARUVATHI.S
- 5.HEMALATHA.R.S
- 6.MAHALAKSHMI.S.S
- 7.ANANTHI.E
- 8.ASHWINI.K
- 9.JEYANTH.R
- 10.ARTHIS
- 11.CHARUMATHI.M
- 12.GLORIA MARY.J
- 13.SNEHA.B
- 14.MEENALOCHINI.M
- 15.MIRUDULA.B
- 16.GOWTHAMI.M
- 17.NARMATHA.S
- 18.BLESSY ANNIE.S
- 19.DUSHYANTH BHANDARI
- 20.GEESHRIYA.M

## IV YEAR – B SEC

- 1.KARKUZHALLI.J
- 2.SABREEN FATHIMA
- 3.SOUNDARYA.V
- 4.NARMADHA.A
- 5.SHALINI.K
- 6.TANUSHRI.P
- 7.NIVEDHITHA.D
- 8.VARSHA.A
- 9.SHANMUGAPRIYA.A
- 10.PRABAVATHI.R
- 11.BHUVANA.K
- 12.SUBHULAKSHMI.G
- 13.PRIYANKA.J
- 14.SAKTHI SRI AB
- 15.VARKUZHALLI.S
- 16.VANMATHI.N
- 17.SRITHAR.K
- 18.KOUSHIKA.T
- 19.DIVYADHARSHINI.M
- 20.SINDHU.V
- 21.SHIVA PRIYAN.JB
- 22.ANNA MARIA JONATHAN
- 23.RIZAN.F
- 24.PAVITHRA
- 25.LOGESH.K
- 26.SRIKAMATCHI

## IV YEAR – C SEC

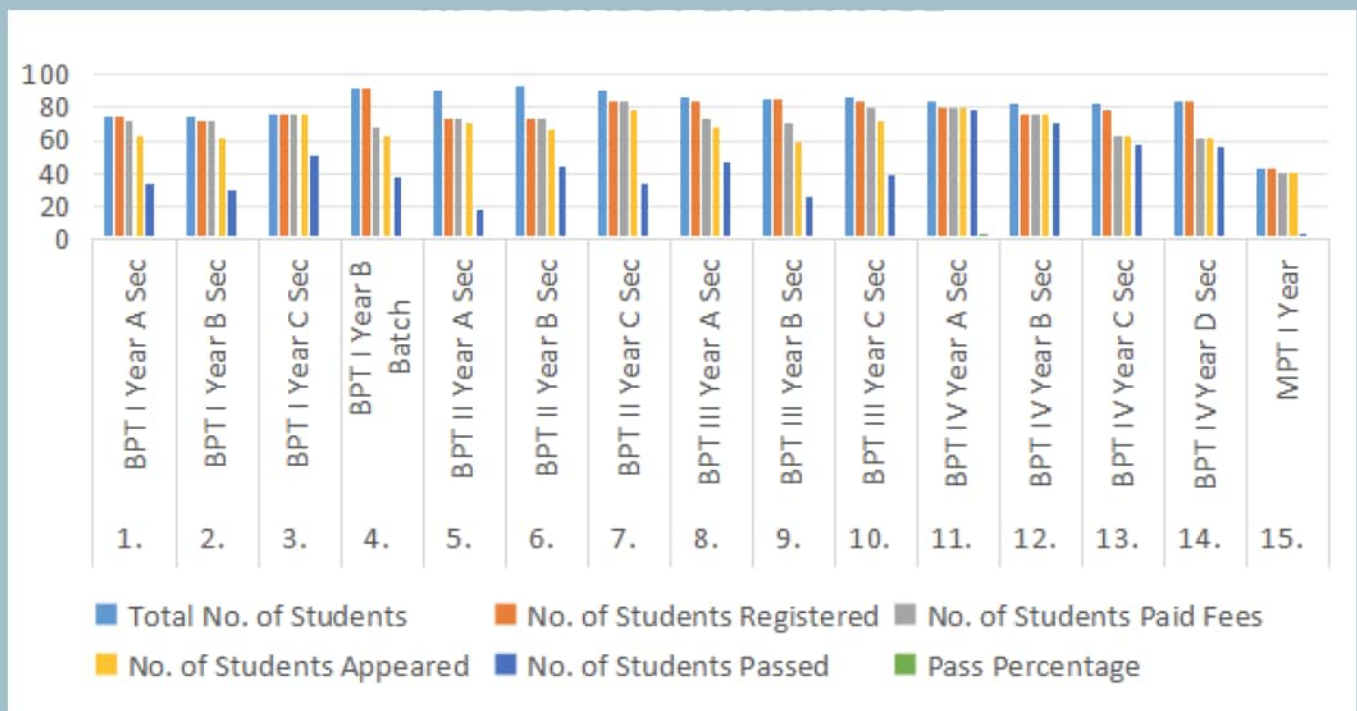
- 1.AARTHI.G.V
- 2.ANNLYN DELICIA
- 3.ARTHILV
- 4.JANANI.K
- 5.JENNIFER.M
- 6.KANAGAMBAL.R
- 7.KISHORE KUMAR.S
- 8.NIRMALA
- 9.NIROSHA
- 10.NITHISH KUMAR
- 11.PRITHIKA
- 12.RAGUL.E
- 13.SUHANI KUMARI
- 14.VISHNUPRIYA
- 15.YAZHINE.P

## IV YEAR – D SEC

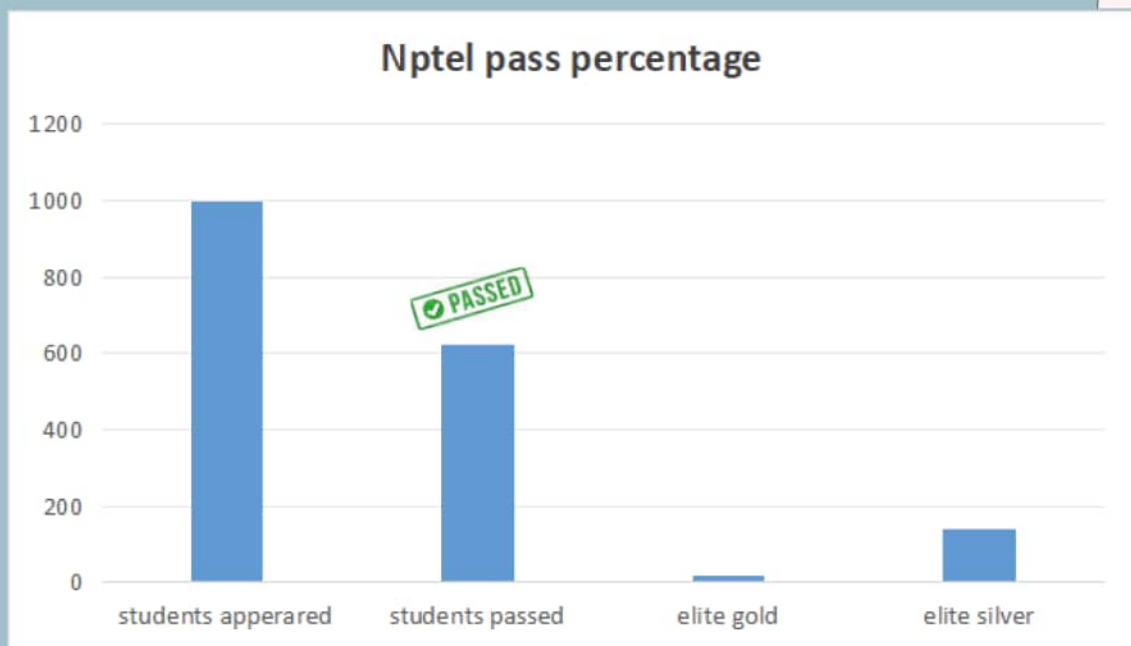
- |                   |                       |
|-------------------|-----------------------|
| 1.RITHIKA.S       | 13.SANJAY DIVAKAR     |
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| 3.SWATHILAKSHMI.A | 15.AJEES FATHIMA      |
| 4.SUNMATHI        | 16.SONIA.P            |
| 5.KEERTHIKA       | 17.CHARUMATHI.S.V     |
| 6.TAMILSELVI.E    | 18.SRIPRIYA DHARSHINI |
| 7.DHANUPRAVEEN.R  | 19.SHALINI.G          |
| 8.DHANALAKSHMI.M  | 20.YAZHINI.R          |
| 9.LALITHA.R       | 21.RANJITHA.R         |
| 10.RENITHA MARY.I | 22.LISHALINI.M        |
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# NPTEL ANALYSIS

THE GREATEST RESULTS ARE HIDDEN BEHIND HARD WORK



## TOTAL NUMBER OF STUDENTS LIST



## NPTEL PASS PERCENTAGE LIST

FOR DETAILS

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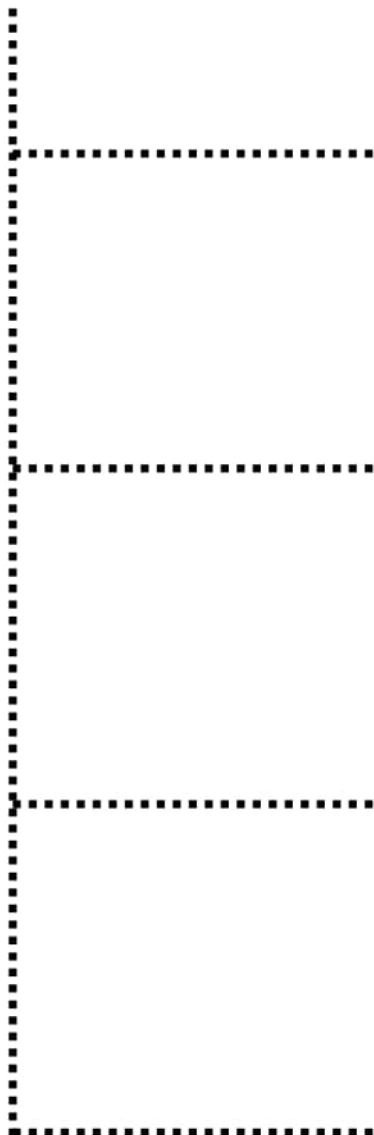
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