

JUNE 2024 ISSUE

# PHYSIO QUEST

OF THE STUDENT, BY THE STUDENT, FOR THE STUDENT

FACULTY OF PHYSIOTHERAPY NEWS LETTER





# PHYSIO QUEST

OF THE STUDENT, BY THE STUDENT, FOR THE STUDENT



THE FACULTY OF PHYSIOTHERAPY NEWSLETTER

## "EMPOWERING PERSPECTIVES: CRAFTING TOMORROW'S VOICES"

### MISSION

- Provide innovative physiotherapy education at undergraduate and post graduate levels.
- To educate undergraduate and post graduate students to discover and apply new knowledge in physiotherapy and relating theory to practice.
- Stimulate research in the various fields of physiotherapy to influence emerging health care practices and to advance the profession
- Foster leadership qualities in physiotherapy practice, education and research.
- To educate undergraduate and post graduate physiotherapists to make them knowledgeable, self assured, adaptable, reflective, humanistic and as a service.

### VISION

- Maintain the department's long tradition of leadership and excellence in physiotherapy education.
- Create innovative educational programs.
- Promote the provision of ethical, efficient and cost effective physiotherapy services.
- Provide a dynamic, efficient and adaptable physiotherapy program.
- Serve the physiotherapy needs of the community.

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COORDINATOR , MAGAZINE COORDINATOR.

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**Dr. G. Tharani MPT.,**  
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R.Hari Priya III-B

Preethi.S III-A

Narkish Banu.A.S III-A

Sabarivasan.K III-A

# EVENTS CORNER

--BEND OVER BACKWARDS--



## BASIC INTERPRETATION OF CHEST X-RAY AND ECG

24 APRIL, 2024

Faculty of Physiotherapy organized a “BASIC INTERPRETATION OF CHEST X-RAY AND ECG” for BPT III year and MPT II year (Cardio) students between 9.30-3.30pm in Basement Auditorium, ACS Medical College and hospital. Then the resource person Dr.OmPrakash Palanivel, MPT(Cardio), Research scholar, Chettinad school of Physiotherapy, Kelambakkam, started the session by explaining the technical, anatomical approach of Chest X-ray and ECG which is the first line of investigation for diagnosing many conditions related to lungs, thoracic cage and heart which will be very useful for the students for interpretation of the reports in ICU and in general. Speaker students interaction was the highlight of the session where the students were able to interpret the reports displayed on screen. Students spent time in learning and gained more knowledge about Chest X-ray and ECG interpretation.



## EXPERT TALK ON STRESS MANAGEMENT FOR ATHLETES

30 APRIL, 2024

The Faculty of Physiotherapy, organized an “STRESS MANAGEMENT FOR ATHLETES” on 30/04/2024 at Lecture Hall - 14 between 10.00 AM - 12.00 noon. Around 74 students participated in the program. The purpose of this expert talk is to help and teach the students how to manage the stress that is a common part of everyone's life. Followed by that the resource person Prof. Dr. Aneus Ansari PhD, IISM, started the session by explaining the types of stress, and how to manage it, either by avoiding or altering, adapting, and accepting. He also enlightened the students with the practical knowledge of assisting the Athletes not only as a sports Physiotherapist but also as a Psychologist. The speaker and student interaction was the highlight of the session where the students were able to interpret some of the tasks displayed on screen and spent time learning and gaining more knowledge about managing the stress faced by the athletes, also expressed their heartfelt thanks for organizing such a wonderful program.



## ON FIELD PHYSIOTHERAPY MANAGEMENT

2 MAY, 2024

Faculty of Physiotherapy, organized Alumni Talk Series -9 “ON FIELD PHYSIOTHERAPY MANAGEMENT” on May 2nd, 2024 10:30 AM to 11:30 AM at Lecture Hall 14, Faculty of Physiotherapy by Alumni Guest speaker, Dr.PRIYANKA BALASUBRAMANIYAN, MPT(sports), MIAP Founder of Flexifit Physiotherapy Sports injuries & Rehab center Valasaravakkam Chennai.100 students participated in the event. Subsequently, our Alumni Guest Speaker Dr. PRIYANKA BALASUBRAMANIYAN gave a clear explanation of on-field physiotherapy management. She shared his experience with the participants and also educated the attendees on the crucial considerations, practical steps, and to develop adaptability and decision-making skills necessary to respond effectively to the unique challenges of on-field sports physio management, including time constraints, environmental factors, and varying levels of injury severity.





# EVENTS CORNER

--BEND OVER BACKWARDS--



## WORKSHOP ON TAPING FOR COMMON SPORTS INJURIES

03 & 04 MAY, 2024

Faculty of Physiotherapy has organized "HANDS-ON WORKSHOP ON TAPING TECHNIQUES FOR COMMON SPORTS INJURIES" on 03/05/2024 and 04/05/2024 at Lecture hall- 14, Faculty of Physiotherapy. Around 100 participants from BPT IV year and MPT II Year (Sports) students attended the workshop between 9:30 AM to 3.30 pm. Then the Resource Person Dr. S. Kishore Kumar, Senior Physiotherapist, SPARRC Institute, Chennai, started the session by explaining the importance and types of Taping and how to apply for sports injuries in various region. He also enlightened the students with practical knowledge of assisting the injury management by using various methods of taping applications. The Speaker and students' interaction were highlights of the session, Later, the speaker discussed elaborately about the role of the Sports Physiotherapist in on-field Sports injuries. Students spent time in learning and gained more knowledge about managing the specific Sports injuries with taping techniques.



## LECTURE ON MUSCULOSKELETAL DISORDERS

07 MAY, 2024

The faculty of physiotherapy, department of Orthopedics organized a subject lecture on "MUSCULOSKELETAL DISORDERS" on 07/5/2024 at Lecture Hall - 09 between 09:00 am to 10:00 am. Around 80 students Participated. The purpose of this talk is to help the students know about "MUSCULOSKELETAL DISORDERS". The program was hosted by an Assistant Professor. Dr. K. Kirupa Assistant Professor, Faculty of Physiotherapy, started the topic in Musculoskeletal Disorders, its prevalence, causes, clinical features, etc. She gave various insights on assessment techniques and management. The students who participated benefited.



## PROTECTING CHILDREN FROM TOBACCO INDUSTRY INTERFERENCE

16 MAY, 2024

The faculty of physiotherapy organized a Poster competition on the Topic "PROTECTING CHILDREN FROM TOBACCO INDUSTRY INTERFERENCE" in view of World No Tobacco Day on 16/05/2024 at Lecture Hall - 14 between 10.30 AM - 12.30 PM. Around 155 students participated in the program. The purpose of Day is to raise awareness about the dangers of tobacco thereby highlighting the health risk associated with the use of tobacco and promoting steps towards a future without smoking. This year's theme is dedicated to safeguarding children from the influence of the tobacco industry by working together against the clever strategies such as targeted advertising empowering young minds with knowledge and supporting strict regulations and crucial steps towards creating a future free from smoke for the upcoming generation



# EVENTS CORNER



--BEND OVER BACKWARDS--



## WORLD BLOOD DONOR DAY-2024

14 JUNE, 2024

Faculty of Physiotherapy organized, In View of 'WORLD BLOOD DONOR DAY 2024' on 14/06/2024, at UPHC ACS medical college and hospital, Nayapakkam, padur, from 10:30 AM to 12:30 PM. The event began with a welcome note by Dr. S. M. Divya Mary, Assistant professor, Faculty of Physiotherapy. Dr. Deepthi Lakshmi, center incharge was felicitated by Dr. S. M. Divya Mary, Assistant professor. Around 15 students from BPT IV year participated and around 50 audiences from the Village participated in an awareness program. The students performed a skit, creating an awareness of the importance of donating blood.

## INTERDISCIPLINARY LECTURE ON NEWBORN SCREENING

18 JUNE, 2024

Faculty of Physiotherapy organized INTERDISCIPLINARY LECTURE ON NEWBORN SCREENING on June 18th, 2024, 1:30 PM to 3:00 PM at lecture hall 14, faculty of physiotherapy by Guest speaker, Dr. Sindhuja. C Assistant professor Department of pediatrics, ACS Medical College and Hospital, Chennai. 100 students participated in the event, both UG and PG. Assistant professor. Lecture was about New born screening and the guest speaker enlightened more about various types, importance of New born screening and Early Intervention and diagnosis was clearly explained by Dr. Sindhuja, MBBS, DNB, DCH.



## PROGRESSIVE TRENDS IN CARDIOVASCULAR AND PULMONARY PHYSIOTHERAPEUTIC PRACTICE

21 JUNE, 2024

Faculty of Physiotherapy organized a Workshop on topic "PROGRESSIVE TRENDS IN CARDIOVASCULAR AND PULMONARY PHYSIOTHERAPEUTIC PRACTICE" for BPT III year and MPT II-year (Cardio) students between 9.30-4.00pm in Basement Auditorium, ACS Medical College and hospital. The resource person Dr. Supraja, Pulmonologist, Medway Institute of Pulmonology, Chennai started the session by explaining the clinical aspects and importance of Pulmonary Rehabilitation. Dr. Dhilip, Senior Physiotherapist, Medway Institute of Pulmonology, Chennai explained about the Progressive trends in Pulmonary Rehabilitation by demonstration with CPET device, exercise prescription based on CPET, its importance in management of patients with COPD and other lung conditions.



## WORLD YOGA DAY - 2024

21 JUNE, 2024

The faculty of physiotherapy organized a "Yoga live demo" in view of "International Yoga Day" on a theme "Yoga for Women Empowerment" at lecture hall 14, Faculty of Physiotherapy on 21/06/2024 from 10.30 AM to 11.30 AM around 25 students from BPT I year participated in this program. The purpose of Day is to raise awareness about the various manifold benefits of practicing yoga, Right from Physical, Mental and Spiritual. It is more than just an exercise a method for empowering oneself along with the body and psyche.





# TIME TO TRAVEL



“Global physiotherapy immersion camp”

CHENNAI ✈️ MALAYSIA





CHENNAI ✈️ TAIWAN

24 JUNE 2024

summer programme in  
mental health

# TRAVEL





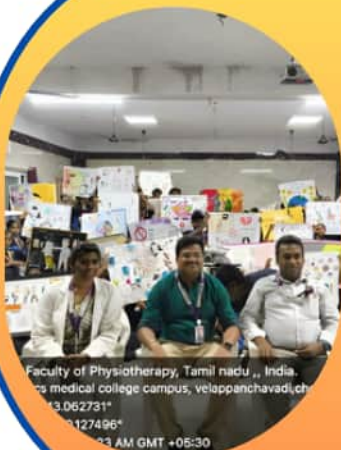


# NSS ACTIVITIES

--NOT ME BUT YOU--

## "WORLD NO TOBACCO" DAY-2024-POSTER COMPETITION

16 MAY ,2024



The faculty of physiotherapy organized a Poster competition on the Topic "PROTECTING CHILDREN FROM TOBACCO INDUSTRY INTERFERENCE" in view of World No Tobacco Day on 16/05/2024 at Lecture Hall - 14 between 10.30 AM - 12.30 PM. Around 155 students participated in the program. The purpose of Day is to raise awareness about the dangers of tobacco thereby highlighting the health risk associated with the use of tobacco and promoting steps towards a future without smoking. At the end of the competition judges appreciated the Students who have actively participated and have shown their talent. The students were the one who left with mind and heart filled with happiness in participating in such a programme.

## "WORLD ENVIRONMENT-2024"PUBLIC AWARENESS PROGRAM

5 June , 2024

The faculty of physiotherapy in association with NSS unit- VI organized an "AWARENESS PROGRAM" as an institutional Social Responsibility in view on "WORLD ENVIRONMENT DAY" at Govt Urban Public Health Centre, Thiruverkadu on 05/06/2024 from 11.00 AM to 12.00 noon. Around 13 NSS volunteers and 2 staffs participated in the program. The purpose of Day is to raise awareness about the environmental issues like Global Warming, Climate change, Land Degradation and more. It also plays crucial role in driving positive change for the environment, thereby encouraging communities to act towards protecting the environment and engage them in environmental activities.



## "WORLD BLOOD DONOR DAY - 2024" - AWARENESS PLEDGE

14 June ,2024



Faculty of Physiotherapy in association with NSS Unit - VI Organized an AWARENESS PLEDGE" in view of "WORLD BLOOD DONOR DAY - 2024" at Lecture Hall - 07, Faculty of Physiotherapy on 14-06-2024 from 10.15AM to 10.45AM for BPT 1st Year Students. Around 80 Students and Staffs participated. The program started by giving Introduction on World Blood Donor day to the students regarding donating the blood to needy persons wherever and whenever necessary and indicated not to waste blood by rash driving and making accidents addressed by Dr.P.Anu Preethi, Assistant Professor & NSS Program Officer, Faculty of Physiotherapy. Followed by all the students and staff were taken pledge in English language.



# CAT TOPPERS

"THE EXPERT IN EVERYTHING WAS ONCE A BEGINNER"



## I-ST YEAR



**ANUSHA.J**  
A-SEC



**N.KAMYA**  
B-SEC



**HARINI SRI .E**  
C-SEC



**MYTHILI K**  
BATCH B



## II-ND YEAR



**MUTHUMONISHA**  
A-SEC



**K.PRIYA**  
B-SEC



**P.YUVASHREE**  
C- SEC



## III-RD YEAR



**DEEPIKA**  
A-SEC



**T. RASUL KHAN**  
B-SEC



**UDHAYASELVI.R**  
C-SEC



## IV-TH YEAR



**G.JEEVITHA**  
A-SEC



**S.SHANMATHI**  
B-SEC



**SANDHIYA SHREE.S**  
C-SEC



**SWATHILAKSHMI.A**  
D-SEC



# NPTEL TOPPERS

THE GREATEST RESULTS ARE HIDDEN BEHIND HARD WORK

## GOLD

### TITLEHOLDERS

ALL THE VERY BEST  
FOR ALL





# NPTEL TOPPERS

THE GREATEST RESULTS ARE HIDDEN BEHIND HARD WORK



ALL THE VERY BEST  
FOR ALL

## SILVER

### TITLE HOLDERS

#### I YEAR A-SEC

1. 1. VIDHYA K
2. SUSMITHA P
3. POORANI N
4. NASHEETA TASKEEN B
5. KEERTHANA DEVI D
6. KANNAN DHARSHINI
7. JEZIAH D
8. INIYA V
9. BEGAM FARHANA M
10. ANUSHA J

#### IV YEAR C-SEC

- 1.AARTHI GV
- 2.ANNLYN DELICIA
- 3.ARTHI V
- 4.JANANI K
- 5.JENNIFER M
- 6.KANAGAMBAL R
- 7.KISHORE KUMAR S
- 8.NIRMALA
- 9.NIROSHA
- 10.NITHISH KUMAR
- 11.PRITHIKA
- 12.RAGUL E
- 13.SUHANI KUMARI
- 14.VISHNU PRIYA
- 15.YAZHINE P

#### IV YEAR A -SEC

- 1.AKILANDAPARAMESWARI A
- 2.STEPHY AGNUS D
- 3.DHAHALAKSHMI (\*2)
- 4.SHARUVATHI S
- 5.HEMALATHA RS
- 6.MAHALAKSHMI SS (\*2)
- 7.ANANTHI E
- 8.ASHWINI K
- 9.JEYANTH R
- 10.ARTHI S
- 11.CHARUMATHI M
- 12.GLORIA MARY J
- 13.SNEHA B
- 14.MEENALOCHINI M
- 15.MIRUDULA B
- 16.GOWTHAMI M
- 17.NARMATHA S
- 18.BLESSY ANNIE S
- 19.DUSHYANTH BHANDARI
- 20.GEESHRIYA M

#### IV YEAR B-SEC

- 1.KARKUZHALI J
- 2.SABREEN FATHIMA A
- 3.SOUNDARYA V
- 4.NARMADHA A
- 5.SHALINI K
- 6.TANUSHRI P
- 7.NIVEDHITHA D
- 8.VARSHA A
- 9.SHANMUGAPRIYA A
- 10.PRABAVATHI R
- 11.BHUVANA K
- 12.SUBHULAKSHMI G
- 13.PRIYANKA J
- 14.SAKTHI SRI AB
- 15.VARKUZHALI S
- 16.VANMATHI N
- 17.SRITHAR K
- 18.KOUSHIKA T
- 19.DIVYA DHARSHINI M
- 20.SINDHU V
- 21.SHIVA PRIYAN JB
- 22.ANNA MARIA JONATHAN
- 23.RIZAN F
- 24.PAVITHRA J
- 25.LOGESH K
- 26.SRI KAMATCHI S

#### IV YEAR D-SEC

- 1.RITHIKA.S
- 2.HEMAVARSHINI.R
- 3.SWATHILAKSHMI.A
- 4.SUNMATHI
- 5.KEERTHIKA
- 6.TAMIL SELVI.E
- 7.DHANUPRAVEEN.R
- 8.DHANALAKSHMI.M
- 9.LALITHA.R
- 10.RENITHA MARY.I
- 11.MAHINOOR.A
- 12.HEMALATHA
- 13.SANJAY DIVAKAR.K
- 14.SOWMIYA.R
- 15.AJEES FATHIMA.A
- 16.SONIA.P
- 17.CHARUMWTHI.S.V
- 18.SRIPRIYADHARSHINI
- 19.SHALINI.G
- 20.YAZHINI.R
- 21.RANJITHA.R
- 22.LISHALINI.M
- 23.LEKHASREE.K
- 24.NANDHINI.S

#### II YEAR B-SEC

1. PRIYA K
- 2.MONISHA K
- 3.HARSHINI VR
- 4.MONISHA P
- 5.SUBHALAKSHMI R
- 6.PRITHIKA G
- 7.JANANI G
- 8.HARINI NAIR KJ
- 9.ANUPAMA P
- 10.GUNASUNDARI M
- 11.MANILA

#### I YEAR BATCH B

- 1.ARTHI NACHAMMAI V
- 2.MEHNAZ MADEENA A
- 3.JANANI G

#### III YEAR C-SEC

1. KAVYA.V

#### II YEAR A-SEC

1. MUTHUMONISHA

#### II YEAR C-SEC

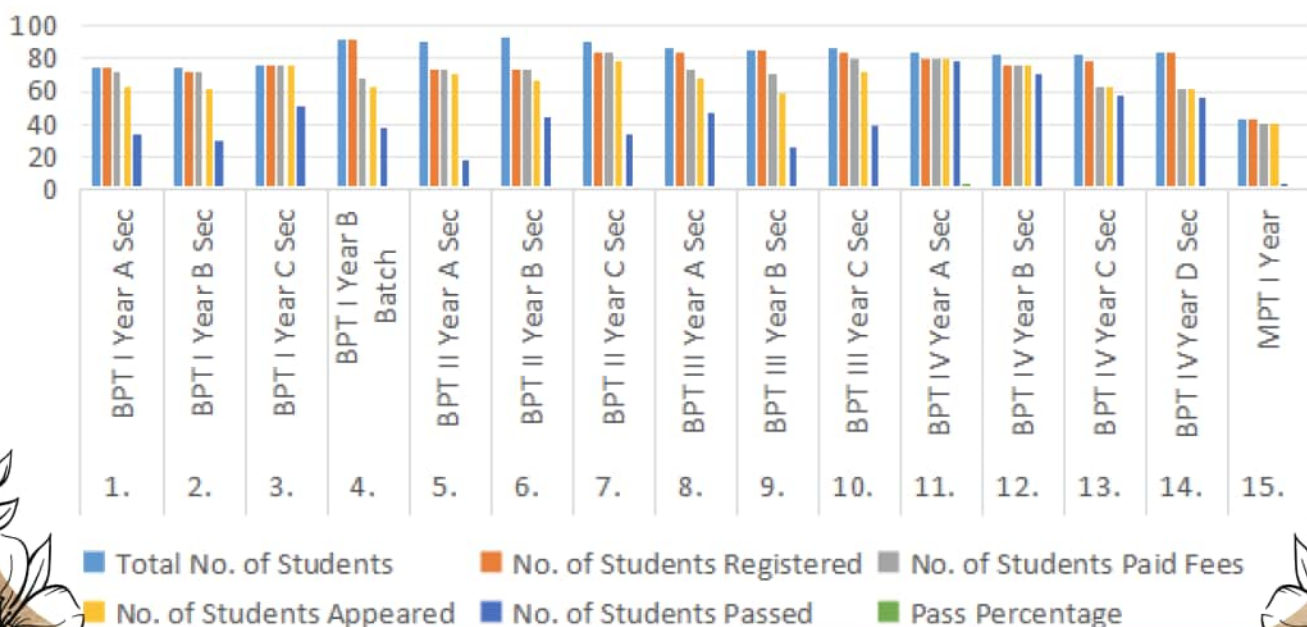
1. GOMATHI K

# NPTEL ANALYSIS

*THE GREATEST RESULTS ARE HIDDEN BEHIND HARD WORK*

NPTEL (National Programme on Technology Enhanced Learning) is a project funded by the Government of India, aimed at providing high-quality education through online courses in various disciplines, primarily focusing on engineering, science, and technology. It offers a wide range of courses, and students can take exams to earn certificates. Analyzing NPTEL results involves examining various aspects such as; Pass Rates, Student Performance, Enrollment vs. Completion, Certification Analysis, Instructor Performance, Regional Analysis, Impact of Online Learning etc., By analyzing these aspects, one can gain insights into the effectiveness of NPTEL courses, identify areas for improvement, and understand trends in student performance and engagement.

## NPTEL PASS PERCENTAGE



## MERIT ACHIEVEMENT



**OVERALL  
APPEARED STUDENTS**

**1000**



**STUDENTS  
PASSED**

**622**



**ELITE GOLD**

**20**



**ELITE SILVER**

**140**





# FACULTY OF PHYSIOTHERAPY



## LIBRARY DETAILS JOURNAL SUBSCRIPTION FOR THE YEAR - 2024

S.NO	JOURNALS	NUMBER	AMOUNT
1	International journals	5	Rs.6,43,538/-
2	Indian Journals	9	Rs. 63,000/-
3	Magazine	1	Rs. 1,500/-
4	DELNET (Online Journals)		Rs.1,35,000/-
Total			Rs.8,43,038/-



## What's New in Our Library?

Our library has a collection of resources, such as books, periodicals, manuscripts, films, maps, prints, documents, e-books, audiobooks, databases, and other formats. Libraries are institutions that provide access to these resources for research, learning, and entertainment purposes. They are managed by librarians and other staff who organize, maintain, and assist users in navigating the collection



# STUDENTS CORNER



--EAGER BEAVER--



**CHENNAI  
to  
NEPAL**



**UDHAYA KUMAR.K  
BPT IV YEAR A SECTION**



**KARUNYA JEFFY.J  
BPT IV YEAR  
A SEC**



**MAGESH.V  
BPT IV YEAR  
A SEC**



**VARSHINI.K  
BPT IV YEAR  
A SEC**



# STUDENTS CORNER



--EAGER BEAVER--



Like Comment

**DHANISHTA.T**  
**BPT IST YR**  
**BATCH B**



**V.SWATHI**  
**BPT IST YR**  
**B-SEC**



**R.MONISHA**  
**BPT IST YR**  
**B BATCH**



**S.ESAI KARTHICK**  
**BPT VI YEAR**  
**A SECTION**



**SABARIVASAN K**  
**BPT III YR**  
**A-SEC**





# STUDENTS CORNER

--EAGER BEAVER--



**SRI SRUTHIKA.S**  
**BPT 2ND YEAR**  
**C SEC**



**ADHAN B.L CHRIS**  
**BPT III YEAR**  
**A SECTION**



**SWETHA**  
**LAKSHMI.K**  
**BPT 1ST YR**  
**B SEC**



**NISHANTH . V**  
**BPT III YEAR**  
**A SECTION**



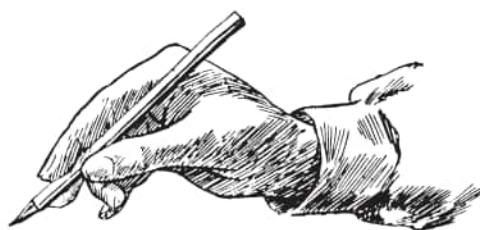
**K.MAITHILI**  
**BPT 1ST YR**  
**B BATCH**





APRIL - JUNE 2024

S.NO	NAME	DESIGNATION	NO.OF JOURNAL
01	S. VEENA KIRTHIKA	VICE PRINCIPAL	01
02	DR. V. RAJALAXMI	VICE PRINCIPAL	02
03	G. MOHAN KUMAR	PROFESSOR	01
04	DEEPTHI R N V	ASSISTANT PROFESSOR	01



1.S. VEENA KIRTHIKA, SUDHAKAR.S, G. MOHAN KUMAR, S.RAMACHANDRAN DEEPTHI R N V, SENTHIL SELVAM.P.Comparing pilates and gym ball exercises for primary dysmennorhea management: An empirical study. Cureus Journal of Medical Science Vol 16. I4. B1-E7.

2. JOURNAL -1. DR. V. RAJALAXMI, G M HARINI, PROF.DR.C.V.SENTHIL NATHAN, G. SRIDEVI, G. MOHAN KUMAR Effectiveness of transcutaneous electrical nerve stimulation on improving hyposalivation in xerostomia patients with diabetes mellitus. Bangladesh Journal of Scientific and Industrial Research Vol 59, I 1, B1-E6.

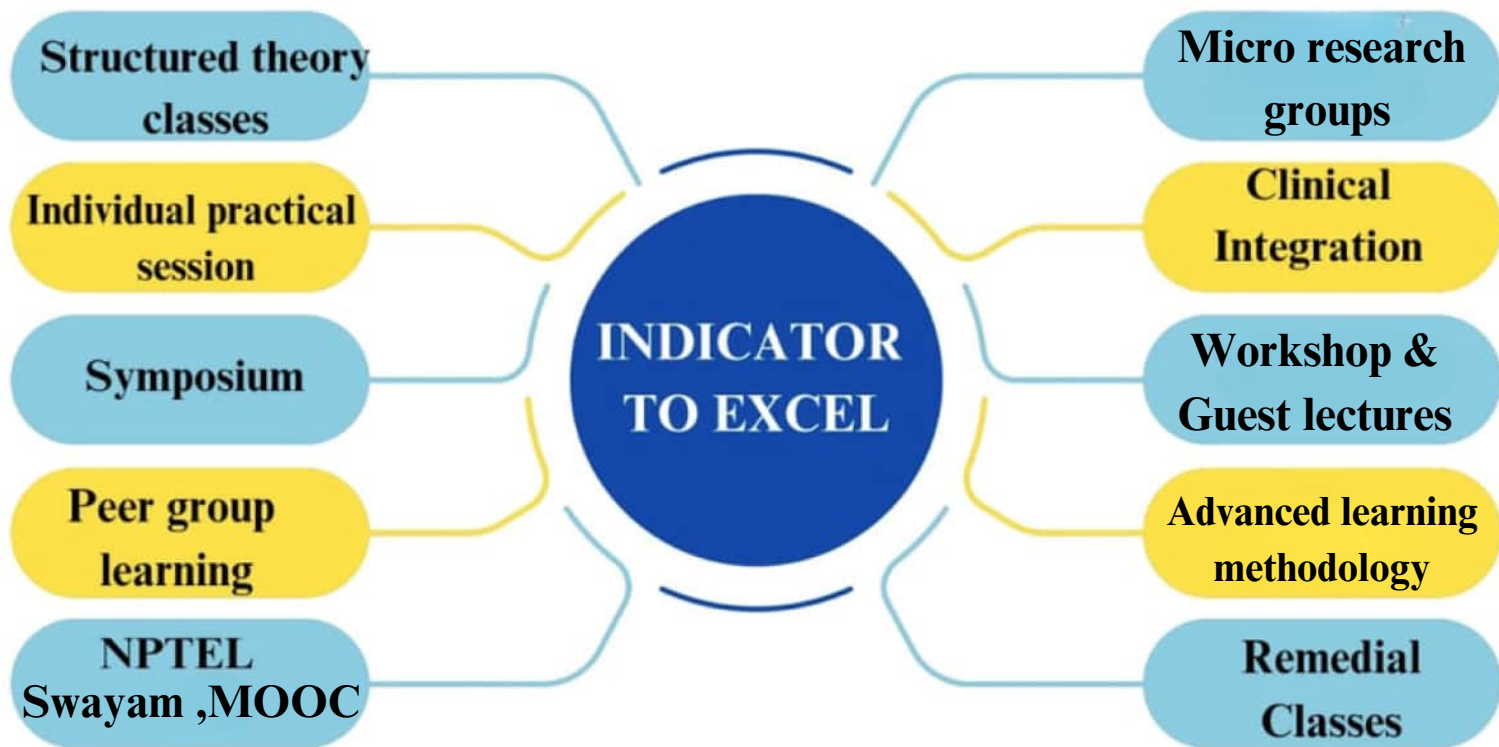
JOURNAL - 2. DR. V. RAJALAXMI, R KIRTHIKA Emerging role of Artificial Intelligence and Robotics in Physiotherapy: past, present, and future perspective, Advancements in Clinical Medicine

3. G. MOHAN KUMAR, NISHANTHI.S, K.KAMATCHI, S.RAMACHANDRAN, SUDHAKAR.S. DR.V.RAJALAXMI, . EENA KIRTHIKA, R KAUSHIK, SRISAISANTHOSHINI SANKARANARAYANAN, CHOKKALINGAM PRIYA. Efficacy of plyometric and theraband flexbar exercises in Tennis Elbow patients: A Comparative Study Cureus Journal of Medical Science Vol 16, I6, B1-E7.

4. DEEPTHI R N V. DARANISRI.J, DR.JIBI PAUL. Pelvic floor muscle training and anal self massage to enhance muscle strength and Quality of Life in women with Anorectal pain. International Journal of Medical and Exercise Science Vol 10, II, B1779-E1790.

# TEACHING & LEARNING

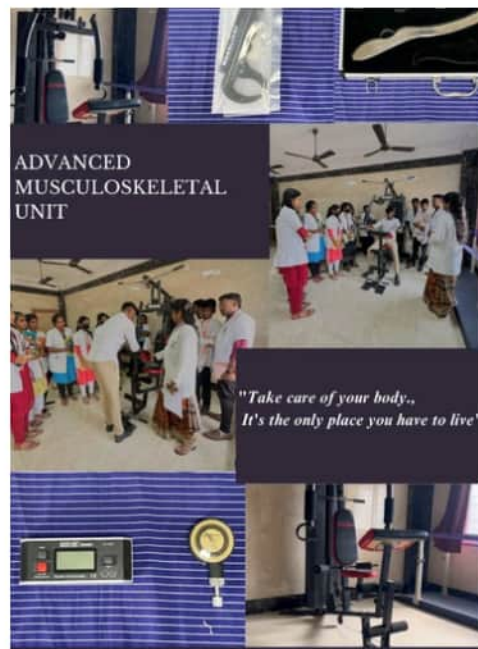
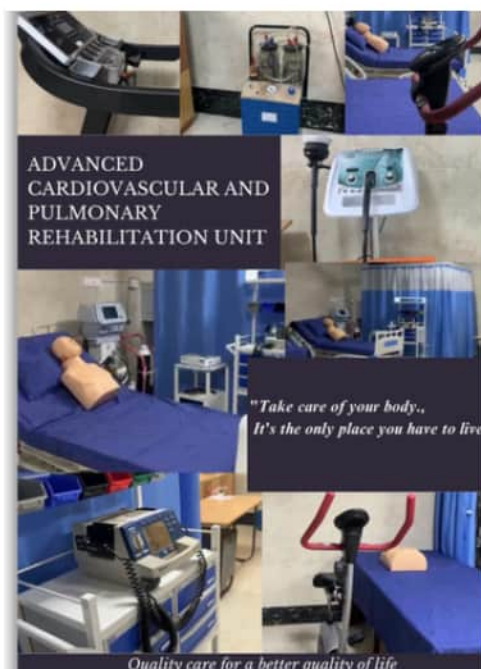
--AIDING TOWARDS EXCELLENCE--





# ADVANCED LABS

---BUILT FOR KNOWLEDGE ENHANCEMENT---

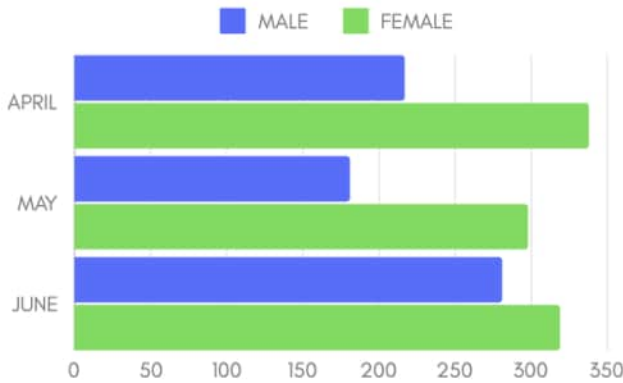


## QUALITY CARE FOR A BETTER QUALITY OF LIFE...

# STATISTICAL ANALYSIS



--CHART--



## OUT PATIENT ANALYSIS

**APRIL**

**•OP MALE  
1217**

**•OP FEMALE  
338**

**MAY**

**•OP MALE  
181**

**•OP FEMALE  
298**

**JUNE**

**•OP MALE  
281**

**•OP FEMALE  
319**

## IN PATIENT ANALYSIS

**APRIL**

**•IP MALE  
138**

**•IP FEMALE  
232**

**MAY**

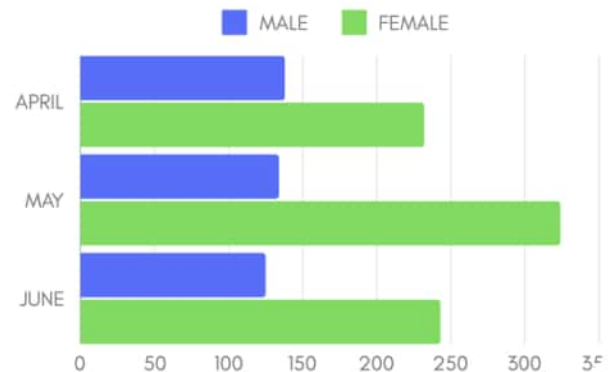
**•IP MALE  
134**

**•IP FEMALE  
324**

**JUNE**

**•IP MALE  
125**

**•IP FEMALE  
243**



Embark on a journey through the last three months of outpatient care at our hospital. Uncover the statistical landscape, exploring patient demographics, service utilization, and satisfaction levels. From the heartbeat of daily appointments to the efficiency of our healthcare delivery, this analysis provides a comprehensive view of our commitment to quality outpatient services. Stay informed about the evolving dynamics within our department outpatient care over the past quarter.



# TESTIMONIAL CORNER

--ALUMINI'S GRATITUDE --



Journey of my UG life.

I am Gracelin Junias. I studied UG in Dr. MGR Educational and Research Institute. While I am entering 1<sup>st</sup> year of my college life. I don't know how to survive in medical field. When I am studying 1 year Dr. Sudhakar sir is my class co-ord. He not only taught about studies. He also many life experiences. I finished my UG with a great support of my lovely staffs. In my 2<sup>nd</sup> year Dr. Srilakshmi mam is class co-ord. She is more than a staff. She is another mom to me. In 2<sup>nd</sup> year I went to attend IAS conference. I have learnt so many things in that conference. It was a pandemic year. Lockdown feels me missing lovely college life and my friends and my lovely staffs. In 3<sup>rd</sup> year also there is a pandemic situation. On that time, Dr. Jayashanthi mam is co-ord. Even though I am in lockdown, she guided me in online session very well. I have attended parent's meeting too in an online mode. That experience is much more interesting. Coming to the end of my college life. In my final year, Dr. Nithya Nisha mam is my co-ord. She is my

guide not only in my studies. In my life personally she is a great supporter. I love her a lot. I have create so many memories in this campus. I have felt so happy to be a part of Dr. MGR Educational and Research Institute. Thank you to all my lovely staffs. Thank you all for all your support, love and care on me. Thank you Dr. MGR Educational and Research Institute.

Yours Gracelin Junias



## Gracelin Junias Batch 2018-2022



[https://youtu.be/XcA7zbKJ\\_XQ?si=Z6Rs-v3o\\_xDgW9qU](https://youtu.be/XcA7zbKJ_XQ?si=Z6Rs-v3o_xDgW9qU)



## S. Dinesh Kumar Batch 2017-2022



[https://youtu.be/cPwKOKWVDNY?si=ks3\\_brV7DNYD89zq](https://youtu.be/cPwKOKWVDNY?si=ks3_brV7DNYD89zq)

I am S. Dineshkumar, present alumni and past student of Dr. MGR Educational and Research Institute.

It gives me great pleasure and pride to say that I laid my Foundation in Dr. MGR Educational and Research Institute.

The Faculty members with their knowledge and experience always showed me a different perspective on how to view things. Which greatly helped me to handle difficult situations.

On the contrary, the Infrastructure greatly helped me to access study materials in both physical and digital forms. Which gave me a great opportunity for better understanding and put me on the way to excellence.

It feels refreshing to think that I have been part of this institute for some time and I am sure that this bondage will go on forever.



THANK YOU FOR GENEROUSLY SHARING YOUR KNOWLEDGE AND EXPERTISE. YOUR INSIGHTS HAVE BEEN INVALUABLE, PROVIDING CLARITY AND UNDERSTANDING ON TOPICS THAT WERE PREVIOUSLY CHALLENGING. BY TAKING THE TIME TO EXPLAIN CONCEPTS AND ANSWER QUESTIONS, YOU HAVE NOT ONLY ENHANCED OUR LEARNING BUT ALSO INSPIRED A DEEPER CURIOSITY AND ENTHUSIASM FOR THE SUBJECT. YOUR WILLINGNESS TO SHARE WHAT YOU KNOW DEMONSTRATES A TRUE COMMITMENT TO FOSTERING GROWTH AND DEVELOPMENT IN OTHERS. WE GREATLY APPRECIATE YOUR CONTRIBUTION AND THE POSITIVE IMPACT YOU'VE MADE ON OUR LEARNING JOURNEY.



## DR.MGR PHYSIO'S

- 1.wireless emg | faculty of Physiotherapy 418
- 2.compressor Nebulizer | faculty of Physiotherapy 150
- 3.chest vibrator | faculty of Physiotherapy 337
- 4.Hydraulic table | faculty of Physiotherapy 149
- 5.Myofasial release | faculty of Physiotherapy 359
- 6.Mannequin | faculty of Physiotherapy 167
- 7.Arm and leg motorized cycle | faculty of Physiotherapy 174
8. Biothesiometer | faculty of Physiotherapy 211
9. Treadmill | faculty of Physiotherapy 153
- 10.PFT | Faculty of Physiotherapy 155
- 11.ECG | Faculty of Physiotherapy 502
- 12.Balance Assessor | Faculty of Physiotherapy 167
- 13.Bicycle Ergometer | Faculty of Physiotherapy 199
- 14.Fetoscope and Sensatone | Faculty of Physiotherapy 326
- 15.Special Talent | Faculty of Physiotherapy 322
- 16.Theraband |Faculty of Physiotherapy 289
- 17.Digital Goniometer | Faculty of Physiotherapy 128
- 18.Perineometer & Vaginal Cones Faculty of Physiotherapy 367
- 19.Handheld Dynamometer and Digital Inclinator |Faculty of Physiotherapy 158
- 20.Bio Feedback |Faculty of Physiotherapy 147
- 21.Treadmill with Hoist | Faculty of Physiotherapy 234
- 22.Whole Body Vibrator | Faculty of Physiotherapy 407
- 23.Push Pull Dynamometer | Faculty of Physiotherapy 91
- 24.Back Leg Chest Dynamometer Faculty of Physiotherapy 174
- 25.Physio ball and Trampoline | Faculty of Physiotherapy 176
- 26.Multi- Gym | Faculty of Physiotherapy 251
- 27.Euleria Riablo |Faculty of Physiotherapy 231
- 28.Shockwave Therapy | Faculty of Physiotherapy 193



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