



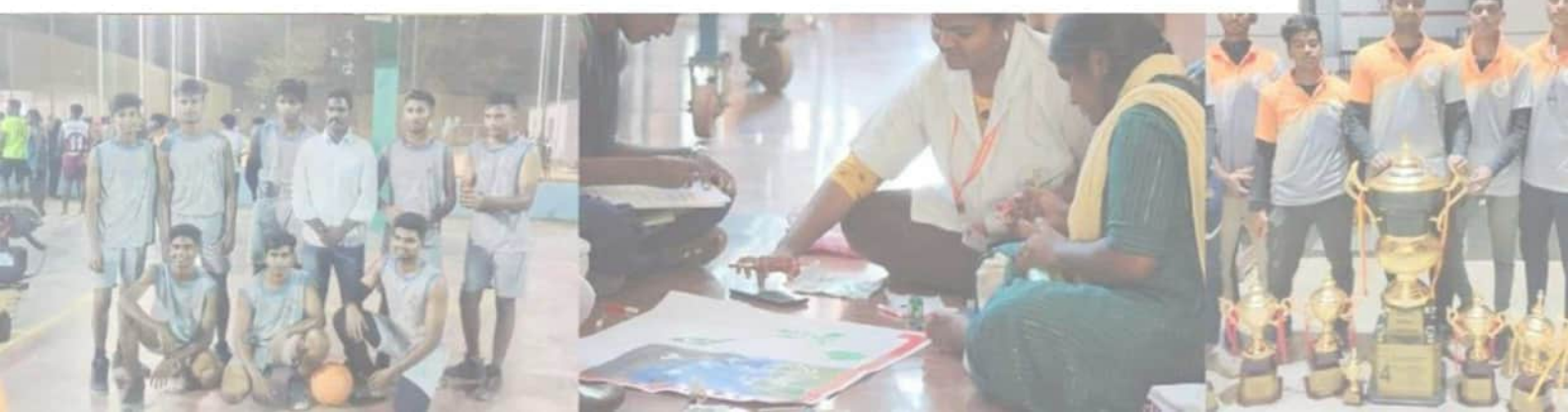
Faculty of physiotherapy

PHYSIO MAG

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June-2023

We keep you moving





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EVENTS CORNER

DATE: 20/01/2023

VENUE: ADMIN BLOCK, ACS CAMPUS



"AWARENESS RALLY IN VIEW OF PULSE POLIO IMMUNISATION"

"BRING AWARENESS ABOUT THE PULSE POLIO IMMUNISATION AMONG PUBLIC"

Dr. M.G.R. Educational and Research Institute, launched an Awareness Rally in view of Pulse Polio Immunisation on 20/01/2023. Our Honourable Secretary Thiru A.Ravikumar flagged off the rally, and he appreciated all the participants and encouraged them with his inspiring words. The rally started at around 11.30 am from ACS medical College and Hospital campus with 200 students and 15 staffs and continued via cooperative nagar, thiruverkadu reached the ACS medical College hospital campus again around 12.30pm. Students participated enthusiastically holding the awareness slogans charts and pluck cards and made it successful.

WORKSHOP ON "EMERGING CONCEPTS IN HAND REHABILITATION"

"HAND REHABILITATION"

Department of Orthopaedic, Faculty of Physiotherapy organized Workshop on the Topic Emerging Concepts in Hand Rehabilitation on 25/01/2023 at PG Lecture Hall - 06 between 10.00AM to 4.00PM. Around 67 participants attended the Workshop. Dr.Kishore Kumar, MPT (Hand), MD (Acu), M.I.A.P., Senior Physiotherapist, Director, Manuszeal Health Care Academy, K.K. Physio & Hand Therapy Centre, Chennai, Was the Resource person.

DATE:25/01/2023

VENUE: FACULTY OF PHYSIOTHERAPY



DATE: 04/02/2023

VENUE: FACULTY OF PHYSIOTHERAPY



INTELLECTUAL TALK ON KNOW YOUR RISK - BREAST AND CERVICAL CANCER.

"AWARENESS"

Faculty of Physiotherapy organized an Intellectual Talk on the Topic "know your risk for breast and cervical cancer" on 04/02/2023 at Lecture Hall - 06 between 10.00 AM to 11.00AM. Around 70 participants attended the Program. Diagnosis, management and preventive measures for breast and cervical cancer with many clinical pictures and videos of colposcopy was displayed during the session which was very informative. After the completion of the talk, question and answer session was conducted by the speaker and students actively participated. Student got all their queries answered by the speaker regarding malignancy. RESOURCE PERSON: Dr. S. RAJESWARI MBBS., DNB(OG), Senior Consultant., Preventive Oncologist, Colposcopy Specialist, Gleneagles Global Health City, Chennai.

EVENTS CORNER

VENUE: FACULTY OF PHYSIOTHERAPY

DATE: 21/02/2023



INTERNATIONAL MOTHERLANGUAGE DAY 2023 - LITERARY COMPETITION

"MOTHER LANGUAGE GRATITUDE"

Faculty of physiotherapy organized a literary competition on the Topic; Multilingual Education-A Necessity to Transform Education" in view of International Mother Language Day on 21/02/2023 at Lecture Hall - 04 between 10.30 AM to 12.30 PM. around 50 students participated in the program. Every year February 21 th is observed as INTERNATIONAL MOTHER LANGUAGE DAY. The purpose of Day is to encourage linguistic and cultural richness and multilingualism. This program aims to increase awareness of linguistic and cultural values throughout the world thereby building unity centred on empathy, harmony and discussion.

DATE: 25/02/2022

AN EVIDENCE BASED APPROACH IN SHOULDER REHABILITATION

"EVIDENCE BASED APPROACH"

Department of Sports, Faculty of Physiotherapy organized a One Day Workshop on the Topic "An Evidence Based Approach In Shoulder Rehabilitation" on 25/02/2023 at PG Lecture Hall - 06 between 10.00AM to 4.00PM. Around 50 participants attended the Workshop. Then the Resource Person Dr.J.Mohanakrishnan, Ph.D, Physiotherapist, Department of Neurosurgery, JIPMER, Puducherry started the session by explaining the Basic Anatomy, Myology, Biomechanics of Shoulder Joint.

VENUE: FACULTY OF PHYSIOTHERAPY



VENUE: FACULTY OF PHYSIOTHERAPY

DATE: 28/02/2023

MIME COMPETITION

"NATIONAL SCIENCE DAY"

Faculty of Physiotherapy, Dr. M.G.R. Educational and Research Institute, Chennai organized a MIME competition for National Science Day on the topic " Evolution of science" on February 28th 2023 from 11:00 AM to 12:30 PM in Seminar hall 01. Around 50 students in 6 different teams participated in the competition with enthusiasm. Out of 6 teams, 2 teams 'Blasters B and Wednesday' were selected as 1st and 2nd winners. .



EVENTS CORNER

DATE: 07/02/2023-08/02/2023

VENUE: BASEMENT AUDITORIUM, ACS MEDICAL COLLEGE

ENABLING AI AND ROBOTICS IN PHYSIOTHERAPY PRACTICE.

"THE FUTURE IS NOW"

Faculty of Physiotherapy in association with International Relations and Collaboration Cell organised an International Symposium on the topic, Enabling AI and Robotics in Physiotherapy Practice on February 7th and 8th 2023 in Basement Auditorium, ACS Medical College between 9.00 AM to 4.00PM. Around 456 participants attended the International Symposium.



RESOURCE PERSON: Dr. ASOKAN THONDIYATH, Professor, IIT Madras, Dr. G. SATHEESH KUMAR, Associate Professor, SSN College of Engineering, Dr. PRACHI KAUL, Director, Shastri Indo- Canadian Institute (SICI), Dr. MAHESH PEMBASANI, Product Specialist (APAC region) Aerobe Pvt Ltd, Dr. ALVIN GOH Regional Manager Aerobe - AU/NZ, Dr. S. ARUN, Professor, MSME & Projects, Jerusalem college of Engineering, , Dr. ADAM AKRAM A. ZEIGHAN General Manager, Southern Rehab Centre, Jordan, , Dr. T. SENTHIL VELKUMAR, Reader, Physical Medicine & Rehabilitation, Christian Medical College (CMC), DR. R. LAKSHMANAN, Assisant Physiotherapist, OFRA LTC, Canada, DR. EMRE BEYCAN, Research Scholar, Department of Biomedical Engineering, National University of Singapore (NUS) and With the esteemed

presence of Honorable President and Honorable Secretary. Our Principal Prof. Dr.C.V.Senthil Nathan welcomed the gathering. This was followed by felicitation of the Chief Guest by our Honorable President and Honorable Secretary. Our respected Vice Chancellor, Dr. S.Geethalakshmi Madam, rendered the Inaugural address. Subsequently, our Chief Guest His Excellency Hon Mr Young-Seup Kwon Consul General of the Republic of Korea rendered the special address and enlightened the students about educational and career opportunities in Korea. He also explained about the Korean government scholarship to the students. On this occasion, the CD of our Nalamudanvazhvom series was released by the dignitaries.

The prize distribution to Paper, Poster (PG& UG) was given by Our Principal. Prof. Dr. C. V. Senthil Nathan, Vice Principal and Joint Registrar Prof. Dr. S. Veena @ Krithikand Vice Principal Prof. Dr. V. Rajalaxmi. The cultural event including dance and singing made the students to enjoy a lot. Students expressed their heartfelt thanks for organizing such a great symposium. They also stated the symposium was very useful and they learnt more knowledge about AI and Robotics in Physiotherapy practice. The master of ceremony for the entire session was given by Dr. G. Yuvarani, Associate Professor.



EVENTS CORNER

DATE: 10/02/2023

VENUE: FACULTY OF PHYSIOTHERAPY



SPINAL MANIPULATION IN RECENT CLINICAL PRACTICE

"THE BACKBONE"

Department of Orthopedics, Faculty of Physiotherapy organized a Guest Lecturer on the Topic, SPINAL MANIPULATION IN RECENT CLINICAL PRACTICE on 10/02/2023 at PG Lecture Hall - 06 between 2.30PM to 4.00 PM. Around 60 participants attended the Guest lecture. The Resource Person Dr. V. JAGADEESAN, M.P.T (ORTHO),, of

JK PHYSIO & REHAB CLINICS , Chennai, initiated the Lecture session, from how to observe and examine the patient. He also gave a explained briefly on spinal manipulation done currently in clinical practice. Then he began explaining the Concept of FUNCTIONAL MANIPULATION, followed by practical demonstration.

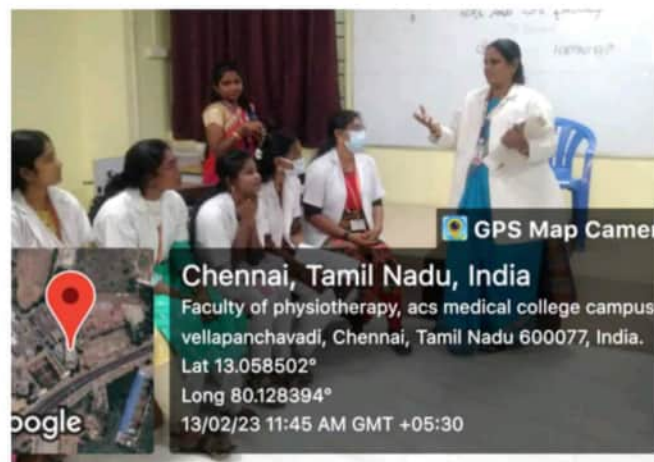
NATIONAL WOMEN'S DAY

DATE: 13/02/2023

VENUE: FACULTY OF PHYSIOTHERAPY

'GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMORROW'

Faculty of Physiotherapy organized a debate competition on the theme - work and life balance of women's stress and happiness & an essay writing competition on the theme - Gender equality today for a sustainable tomorrow in view National women's Day on 13/02/2023 at 10.00 AM- 12.30PM in Seminar Hall No.1 Dr.G.Yuvarani, Associate professor, Faculty of Physiotherapy was the judge for the debate, around 22 participants as 2 teams participated in the event.



EVENTS CORNER

DATE: 08/03/2023

VENUE: FACULTY OF PHYSIOTHERAPY



INTERNATIONAL WOMEN'S DAY

"CENTERING THE VOICES OF MOTHERS AT RISK FOR MATERNAL MORTALITY AND MORBIDITY"

In view of international women's Day, Faculty of Physiotherapy (Department of OBG) organized a workshop on "Perinatal Communications and Pedagogy skills for Professionals" by our invited Resource Person Ms. JENNY KOSLOW., USA on 8th March 2023. at the Seminar Hall - 01, Faculty of Physiotherapy. Time 9 am - 4.00 pm. Around 100 students participated. President Sir, Secretary Sir and vice chancellor Dr.S.Geethalakshmi Madam supported and provided the right platform for all ventures.

DATE:24/03/2023

VENUE: FACULTY OF PHYSIOTHERAPY

WORLD TUBERCULOSIS DAY

"QUIZ COMPETITION "

Faculty of Physiotherapy, organized a Quiz Competition" in view of World Tuberculosis day on March 24th 2023 between 10.30 am to 12.00 pm around 24 students from BPT 3rd year participated in the event. The event began with small introduction about World TB day by Dr.Jayabharathi., Assistant Professor .After explaining the Rules and Regulations for the Quiz Competition Dr.Ramalakshmi., Lecturer and Dr.Annie jennet., Lecturer hosted the Competition which had 4 rounds of questions. Students answered the questions with full enthusias, Bpt 3rd year D won the first prize and participation certificate was given to all the participants.



DATE: 11/04/2023

VENUE: FACULTY OF PHYSIOTHERAPY

NATIONAL SAFE MOTHERHOOD DAY

"COMMUNITY BASED AWARENESS"



Faculty of Physiotherapy, organized an awareness program on "NATIONAL SAFE MOTHERHOOD DAY" on 11 th April 2023 at the ACS medical college Rural community health center, nayyapakkam .The awareness were given to the 27 expecting mothers regarding nutrition during pregnancy, pregnancy back care, and food pyramid was expalined to the mothers. The expecting mothers were taught regarding the do's and dont's of pregnancy and pregnancy back care, posture importance, vaccination during pregnancy all were included in the awareness talk.

EVENTS CORNER

DATE: 13/04/2023

VENUE: FACULTY OF PHYSIOTHERAPY

AUTISM SPECTRUM DISORDER WORKSHOP

"TO HELP IMPROVE THE QUALITY OF LIFE OF AUTISTIC CHILDREN AND THEIR FAMILIES."

Faculty of Physiotherapy, Department of Pediatrics organized a Workshop on Topic " Autism Spectrum Disorder - An Emerging Opportunity for Physiotherapy " on APRIL 13th 2023 10:00 AM to 3.30 PM by Resource person Dr. RadhaBalachander PhD, Director, Kids Care Rehab Center, Chennai started her session by explaining the clinicals, assessment and Physiotherapy management of Autism. She gave a practical demonstration with the kid and explained with case presentation and video presentations. The session was very informative



VENUE: ASHOK LEYLAND ENNORE

DATE: 05/05/2023

PHYSIOTHERAPY AND ERGONOMICS ON-SITE CAMP

"FOSTERING SELF-GROWTH AND PROVIDING AN ENVIRONMENT FOR CAREER EXPLORATION"



Faculty of Physiotherapy organized a one day Physiotherapy and Ergonomics Onsite Camp to Ashok Leyland Ennore, Chennai on 5/5/2023 from 10.am-2 pm. 17 MPT students were provided an opportunity to participate actively in the camp and was accompanied by Prof.Dr.G.Mohan Kumar, Dr.S.Sudhakar, Dr.G.Vaishnavi, Dr. Deepthi, Dr.Jayabharathi, Faculty of Physiotherapy, Dr.M.G.R Educational and Research Institute. Camp provided facilities like PFT, Trigger Release, Stress management, Ergonomics Advice, women's health Physiotherapy and obesity management, Pain relief, etc., Students had a wonderful opportunity to assess and treat the patient onsite practically through direct interaction.

DATE: 11/03/2023

VENUE: FACULTY OF PHYSIOTHERAPY

WORLD KIDNEY DAY

"INTERDISCIPLINARY LECTURE ON RENAL HEALTH"

Faculty of physiotherapy organized a lecture on renal health on 11/03/23 from 10:00am to 11:00pm. Inaugural address was rendered by Prof.Dr.Jibi Paul. Guest Speaker Mrs. Chandan Bala (Renal Dialysis and Technology). Faculty of Allied Health Sciences, started her presentation on Renal Health Know your kidneys to live in well-being she gave a clear explanation on the factors for renal failure and importance of balanced diet and regular exercise for healthy responsible well-being. How to treat and control the symptoms of kidney failure and reduce the symptoms and improve quality of life.



EVENTS CORNER

DATE: 07/04/2023

VENUE: FACULTY OF PHYSIOTHERAPY



GUEST LECTURE ON ICMR GUIDELINES AND CLINICAL REGISTRY

"THE CODE OF CONDUCT FOR PHYSICIANS WAS WELL LAID OUT IN TRADITIONAL INDIAN SYSTEMS OF MEDICINE"

Dr.G.Vaishnavi Assistant Professor. Subsequently our Guest Speaker, Dr. Ramakrishnan Ramachandran Scientist Gand Consultant (Retd.), National Institute of Epidemiology presented on topic "ICMR GUIDELINES AND CLINICAL TRIAL REGISTRY" and gave a clear explanation about the history and principle of Ethics and also shared his experience about clinical trial registry on April 7 2023 from 10:00am-1:00pm , Around 50 students participated.

DATE: 02/03/2023-03/03/2023

VENUE: BASEMENT AUDITORIUM

LECTURE SERIES ON ADVANCED DIGITAL TECHNOLOGY

**"TO ENHANCE LEARNING AND BETTER
COMMUNICATION"**

Faculty of Physiotherapy. Dr. M.G.R. Educational and Research Institute, Chennai organized in collaboration with International relations and Collaboration cell is organized a two days Lecture series on the topic "Advanced Digital Technologies in Enhancing Learning Process" on March 2 nd 2023 10:30 AM to 1.00 PM. The session was taken over by our invited Resource Person Dr. D. Kesavan, PhD, Assistant Professor, SRM College of Science & Technology, Vadapalani Campus. Around 100 students participated in the event. The speaker highlighted the importance of advanced digital tools in learning engaged the students with case study. online polling system also explained about the augmented virtual reality. The event started on 3 rd March 2023 with the lecture by Mr. Kishore Kumar from Western Ontario Canada, alumni of Dr. MGR Educational and Research Institute. The resource person explained in detail about the digital technologies in learning as well as in clinical



DATE: 04/03/2023

VENUE: FACULTY OF PHYSIOTHERAPY

TECHNOLOGY TALK ON ASSESSMENT OF UPPER AND LOWER QUADRANT IN ATHLETIC POPULATION

**"TO DETERMINE A NONSPECIFIC
PATHOLOGY AND A CHANGE IN ROM"**

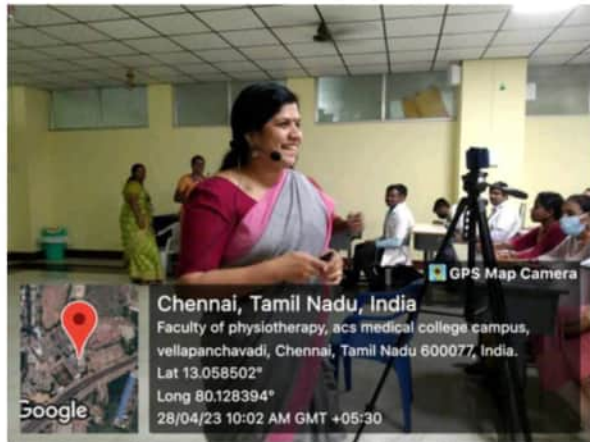


Guest Speaker Dr. S. Kishore Kumar, MPT (Sports), Dip Acu. Senior Physiotherapist SPARRC, Assistant Professor IISM, Chennai Around 100 students participated in the event. The speaker highlighted the importance of assessing the athletic with various conditions in upper and lower quadrants. Various special tests. fine motor assessments and arthrometric assessment were explained cleared to the students by the speaker

EVENTS CORNER

VENUE: FACULTY OF PHYSIOTHERAPY

DATE: 28/04/2023



WORKSHOP ON NEURAL MOBILIZATION

"TO UNDERSTAND THE MECHANICS OF NEURODYNAMICS"

Faculty of Physiotherapy, organized an NEURAL MOBILIZATION on April 28th 2023 between 9:00 AM to 4:00 PM by Dr. ANNIE THOMAS. This was followed by felicitation of the Guest Speaker by Prof. Dr. C.V. Senthil Nathan Principal, Faculty of Physiotherapy. Introduction of speaker by Dr. K. Kamatchi Assistant professor. Inaugural address was rendered by Prof. Dr. Jibi Paul. Guest Speaker, started her presentation on Neural Mobilization she gave a clear explanation on Anatomy, physiology, pathophysiology behind Neural Mobilization, Mechanism, Pathology. Assessment and Techniques for Pathoneurodynamics.

DATE: 29/04/2023-30/04/2023

VENUE: NEHRU COLLEGE OF PHYSIOTHERAPY, COIMBATORE

NATIONAL PHYSIO CONFERENCE

"TRIP TO COIMBATORE TO PARTICIPATE IN NATIONAL PHYSIO CONFERENCE BY FACULTY OF PHYSIOTHERAPY"



Faculty of Physiotherapy, Dr. MGR Educational and Research Institute Attended the 1st National level Intercollegiate meet conducted and organised by Nehru College of Physiotherapy, Coimbatore. Around 30 colleges from different parts of South India participated in this grand mega event. This mega event included Academic scientific events, Cultural events and various on field, indoor sports events.

The inauguration of PHYSIO BEAST 2023 happened on 29th April 2023 by 9am at P. K. Das Memorial Auditorium. The cordial inauguration was presided by Dr. P. Krishnakumar., CEO/Secretary of Nehru Group of Institutions. At the end of day 1 students enthusiastically enjoyed the DJ Night arranged by the college.

On day 2 30.04.2023 Final matches of various Sports events held up and On Field Athletic events took place. Winners and Runners of all the events were announced. Cultural Overall trophy and runner up - Dr. M.G.R. Educational & Research Institute (Deemed to be University), Chennai

EVENTS CORNER

DATE: 21/06/2023

VENUE: FACULTY OF PHYSIOTHERAPY

INTERNATIONAL YOGA DAY

"YOGA FOR SUCCESS"



Faculty of Physiotherapy in association with NSS Unit-VI, Dr.M.G.R.Educational and Research Institute, Chennai organized a Live Demonstration of Yoga on the Theme, "YOGA FOR SUCCESS" in view of INTERNATIONAL DAY OF YOGA on 21/06/2023 at Faculty of Physiotherapy Department PG Lecture Hall - 06 between 10.30 AM to 12.30 PM. Around 50 Students Participated along with NSS Volunteers. Event hosted by Ms.C.Srileka, Tutor, Faculty of Physiotherapy. The program started with Tamil Thai Valzthu. Guest Speaker Prof.Dr.S.Malathi started the session with the explanation of the Nadi shudi pranayama followed by various yoga poses lively with their benefits. Students were very enthusiastic in doing the poses.

"YOGA ASANAS"

Faculty of physiotherapy in association with NSS unit - VI organized a PHOTO CLIPPINGS OF YOGA POSE BY VOLUNTEERS THEIR FRIENDS AND FAMILY in view of "INTERNATIONAL DAY OF YOGA-2023". Every year 21ST, June 2023 is observed as INTERNATIONAL DAY OF YOGA on 20/06/2023 through online mode. Around 50 NSS Volunteers and BPT & MPT students Participated.



"KAYAKALPA EXERCISE "

DATE: 22/06/2023



Faculty of Physiotherapy in association with NSS Unit-VI, Dr.M.G.R.Educational and Research Institute, Chennai organized a Lecture on the Theme, "KAYAKALPA EXERCISE " in view of INTERNATIONAL DAY OF YOGA on 22/06/2023 at Faculty of Physiotherapy Department PG Lecture Hall - 06 between 10.30 AM to 11.30AM. Guest speaker Dr.R Nithya nisha started the explanation of kayakalpa exercise, a kind of ayurvedic rejuvenation therapy that retards the ageing process by boosting immunity, vitality, and vigour. Around 50 Students Participated along with NSS Volunteers.

VENUE: FACULTY OF PHYSIOTHERAPY

WORLD TOBACCO DAY

"WE NEED FOOD, NOT TOBACCO"

Faculty of physiotherapy in association with NSS unit - VI conducted a poster competition in the theme "WE NEED FOOD, NOT TOBACCO" in view of WORLD NO TOBACCO DAY. Every year 31TH MAY is observed as WORLD NO TOBACCO DAY. The purpose of World No Tobacco Day is for to raise awareness on the harmful and deadly effects of tobacco use. This theme is chosen to spread awareness among tobacco farmers about alternative sustainable and nutritious crops. After hearing to their explanations Dr.V.Rajalaxmi, Vice Principal, Faculty of Physiotherapy, Dr. MGR Educational and Research Institute announced the prize winners. Ranjith R and Rutthiya. S from IV Year D section had won first prize, Muthu Monisha. Kand Gethsiyal. Y from I year A had won second Prize and Tarunika from IV year Chad won third prize in the Poster making Competition. While the rest of the participants were given the Participation certificate.



DATE: 05/06/2023

ECOSYSTEM RESTORATION

"LECTURE ON ECOSYSTEM-TO BEAT THE PLASTIC"

"Faculty of physiotherapy in association with NSS unit - VI organized a Lecture in view of WORLD ENVIRONMENT DAY on the theme "ECOSYSTEM RESTORATION" - To Beat the plastic. Every year 5th, June 2023 is observed as WORLD ENVIRONMENT DAY. The purpose of World Environment Day is to encourage awareness and action for the protection of environment. This theme is chosen to focuses on solutions to plastic pollution and to restore the ecosystem, Our Speaker Mrs.R.Gladia M.A SOCIOLOGY, Faculty of Physiotherapy, Dr. MGR Educational and Research Institute started her presentation on "Ecosystem Restoration" -To Beat the Plastic, she gave an explanation about Ten things that can be done to help to save our planet. Which enlightens the students with great knowledge of how to protect our planet.

VENUE: FACULTY OF PHYSIOTHERAPY



DATE: 15/06/2023

VENUE: ACS BLOOD BANK

WORLD BLOOD DONOR DAY

"ONCE A BLOOD DONOR, ALWAYS A LIFESAVER."

Faculty of physiotherapy in association with NSS unit - VI organized a BLOOD DONATION in view of WORLD BLOOD DONOR DAY-2023. Every year 14th, June 2023 is observed as WORLD BLOOD DONOR DAY. The purpose of World blood donor Day is to encourage the volunteers to donate blood to save other lives and bring awareness among them.

In continuation with this Faculty of Physiotherapy in association with NSS Unit-VI, Dr.M.G.R.Educational and Research Institute, Chennai organized a Blood Donation Around 10 NSS Volunteers Participated and donated blood today.



NSS ACTIVITIES

VENUE: PG LECTURE HALL, ACS MEDICAL COLLEGE CAMPUS

DATE: 11/01/2023

NATIONAL ROAD SAFETY WEEK 2023 - GUEST LECTURE

"ROAD SAFETY - SAFETY TO LIFE"

Faculty of physiotherapy in association with NSS unit - VI organized an Guest Lecture inview of National Road Safety Week on 11/01/2023 at PG Lecture Hall - 06 between 3.00 PM to 4.00 PM. Around 100 NSS Volunteers participated the program. Every year January 11 th to 17 th is observed as NATIONAL ROAD SAFETY WEEK. The purpose of Day is to spread awareness about the road safety, rules and regulations for every citizen of our society. This program aims to inspire more people than ever before to take action to prevent the accidents.



VENUE: FACULTY OF PHYSIOTHERAPY

DATE: 25/01/2023

POSTER COMPETITION

"NARI SAKTHI"

On January 25, 2023, between 10:00 AM to 12:00 PM, the Faculty of Physiotherapy and NSS Unit VI hosted a poster competition with the topic "Nari Sakthi" - women power in honour of the 74th Republic Day. The programme began with Tamizh thai vazhthu, and the introduction was given by Dr. Thirulogachandar G, Lecturer Faculty of Physiotherapy, discussed about the Republic Day and also the purpose of NSS on this day, and Ms. Kalai Ovia S.A. Lecturer, Faculty of Physiotherapy, discussed the rules and regulations of the poster competition. The significance of "Nari Sakthi" BPT first-year and second-year students presented the poster.



NSS ACTIVITIES

VENUE: ACS BLOOD BANK

DATE: 15/06/2023

WORLD BLOOD DONOR DAY

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STUDENTS ACHIEVEMENT

CHENNAI-GOA CYCLING EXPEDITION

"Save nature for healthy lifestyle"



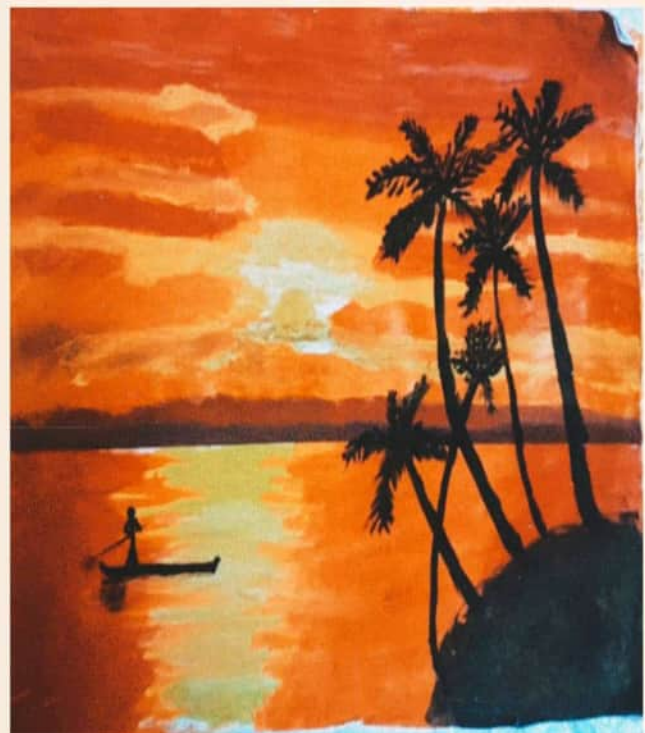
III Year B section K.Udhaya kumar travelled from Chennai to Goa by bicycle and covered 4 states (TamilNadu, Andrapradesh, Karnataka, Goa) and planted trees in all the 4 states initiative of save nature for healthy lifestyle.

STUDENTS CORNER



← AYSHA NAZ. R
BPT III YEAR D
Sec

RAJYASRI . D
BPT III Year D
ec





KARKUZHALI J
BPT III Year D sec

TANUSHRI P
BPT III D Sec



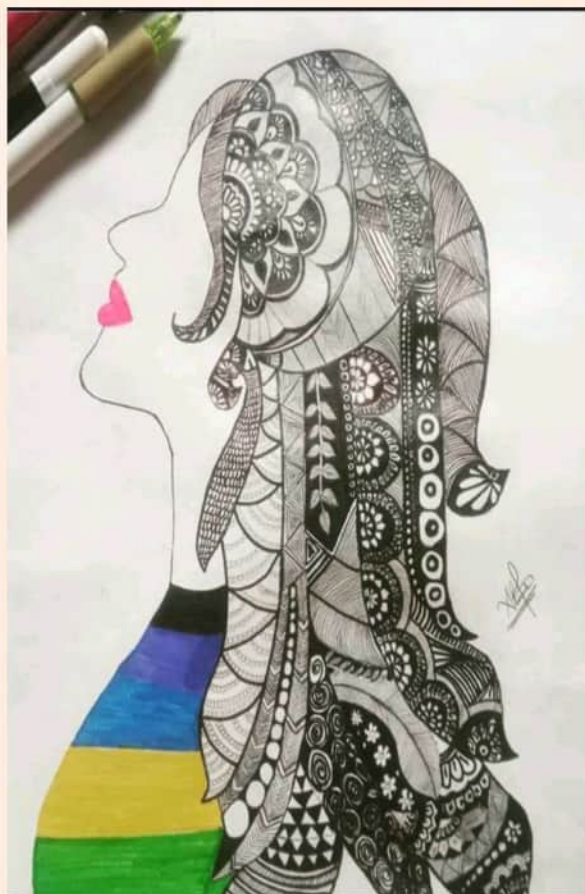


ADHAN B.L
CHRIS
BPT II Year A
Sec



LOGESH K
BPT III Year D
Sec





ABIRAMI . J
BPT III Year D Sec

DARSHAN . R
BPT II YEAR D Sec



தயிரை நிதானமாக
கடைய கடைய
கிடைப்பது தான்
வெண்ணெய்
வெண்ணெய் திரண்டு
வருவதற்கு முன்
பானையை உடைத்து
விட்டு

தயிர் தரமாக இல்லை
என்று சொல்வதில் எப்படி
நியாயமில்லையோ
அதே போல்
ஒரு சிகிச்சையை
முழுமையாக எடுக்காமல்
அதை குறை சொல்வதும்
நியாயமில்லை

V SRUTHIKA
BPT I Year B Sec



M . SHREE
VARSHINI
BPT I Year B
Sec



உயிரின் ஒரு பகுதி
இழந்தாற்போல் உனை
விட்டுச்
செல்வதா?

எது வரினும் வரமென
விடாது பற்றிக்
கொள்வதா?

பற்றி எரியும் கேள்வித்தீ
என்னைப் பற்றி தின்று
விடுமுன் பதில்
சொல்லிவிடேன்!

STUDENTS CORNER



Abishek Teja K
BPT 1st year A sec.



தயிரை நிதானமாக
கடைய கடைய கிடைப்பது
தான் வெண்ணெய்
வெண்ணெய் திரண்டு
வருவதற்கு முன்
பானையை உடைத்து
விட்டு
தயிர் தரமாக இல்லை
என்று சொல்வதில் எப்படி
நியாயமில்லையோ
அதே போல்
ஒரு சிகிச்சையை
முழுமையாக எடுக்காமல்
அதை குறை சொல்வதும்
நியாயமில்லை

V. Sruthika
C 1 Year 'B'Sec



ADHAN BL CHRIS
BPT 2yr Asection



STUDENTS CORNER



Aysha Naz
3rd Year 'D' Section



Rajyasri D
3rd year D section



DARSHAN RAJENDREN
2nd Year 'A' Section



[illegible]

PHYSIO SPORTS MEET 2023

SRI RAMACHANDRA INSTITUTE OF HIGHER
EDUCATION AND RESEARCH



➤ EVENT-BADMINTON
POSITION-RUNNER



➤ EVENT -CRICKET
POSITION -RUNNER

PHYSIO SPORTS MEET 2023



➤ EVENT-VOLLEY BALL
POSITION-RUNNER



➤ EVENT -THROW BALL
POSITION -RUNNER

PHYSIO SPORTS MEET 2023



➤ EVENT-KABADI
POSITION-WINNER



➤ EVENT -THROW BALL
POSITION -RUNNER



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INTERVIEWER : Dr.J.Arulselvi., Assistant professor

PUBLICATIONS

Effect of Resistance and Flexibility Exercise Intervention on Balance in Older Adults - International Journal of Life Science and Pharma Research Vol 13, 11, B 1.273-EL280 - 2023 - C.V.Senthilnathan

Effect of Endurance and Breathing Training Versus Circuit and Breathing Training On Blood Pressure in Prehypertensive Overweight Adults - International Journal of Life Science and Pharma Research Vol 13, 1 2, B 1.88-E 1.98 - 2023 - K.Saraswathi

Efficiency of Paecilomyces variotii in Bioremoval of Reactive Black Dye from Tannery Effluent - Nature, Environment and Pollution Technology Vol 22, 1 1, B 179-E 187 - 2023 - G.Mohan Kumar

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