



Faculty of physiotherapy

**PHYSIO MAG**

OF THE STUDENT, BY THE STUDENT, FOR THE STUDENT

Edition: Dec-2023

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**Dr. M.G.R.**  
**EDUCATIONAL AND RESEARCH INSTITUTE**  
**DEEMED TO BE UNIVERSITY**



University with Graded Autonomy Status

(An ISO 21001 : 2018 Certified Institution)

Periyar E.V.R. High Road, Madhavayal, Chennai-95, Tamilnadu, India.

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**FOUNDER CHANCELLOR**



**Dr. M.G.R.**  
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**HONOURABLE SECRETARY**



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**Prof. DR.S.GEETHALAKHMI** MBBS.,M.D.,Ph.D  
**VICE CHANCELLOR**



>>> **PHYSIO MAG**

# EVENTS CORNER

--BEND OVER BACKWARDS --



## >>> INTERNATIONAL DAY OF ELDERLY

Faculty of Physiotherapy organized Free Physiotherapy camp for the Elderly people in view of "INTERNATIONAL DAY OF ELDERLY" on 30/09/2023 at Thanal- Our Dream Home, 52, Cauvery nagar, Mathiravedu, Thiruverkadu, Chennai-77 between 10.00 AM – 12.30 PM. 2 Faculties from Physiotherapy department along with 3 MPT students assessed & treated nearly 20 elderly patients with various health problems and were enhanced by TENS, Ultrasound Therapy, Active, Passive exercise & Gait Training thereby providing importance of active and safe lifestyle.



## AWARENESS ON COMPLICATION OF DIABETES <<<

**SPEAKER:** Dr. Senthil C, M.D (medicine), HOD of Department of General Medicine, ACS Medical College and Hospital

Faculty of Physiotherapy organized an interdisciplinary guest speaker in view of World diabetes Day on awareness on complications of diabetes by prof. Dr. Senthil C, HOD, DEPARTMENT OF GENERAL MEDICINE, on 09/11/2023 at 11.00 AM in seminar hall 1, Faculty of physiotherapy. Around 70 participants attended the program.





# P A T E N T



**DATE:** 09/09/2023  
**VENUE:** Seminar Hall, ACS  
Medical College campus  
**Number of participants :** 40 staffs  
**Faculty of Physiotherapy organized 2  
Days FDP on PATENT &  
PUBLICATIONS  
between 10.30AM to 12.00PM**

## Two Days FDP on PATENT & PUBLICATIONS



**RESOURCE PERSON:** Dr. J.  
Arunkumar, Dean Innovation and  
Entrepreneurship, Dr APJ Abdul  
Kalam COE in Innovation and  
Entrepreneurship, Dr MGR  
Educational and Research &  
Dr. V. Natarajan  
Director (Funded Projects) –  
Advanced Research Institute

# WORLD PHYSIOTHERAPY DAY

*Of the student, by the student, for the student*

**PHYSIO MAG**

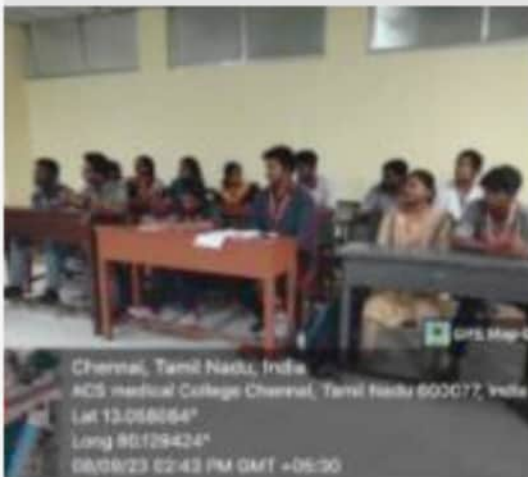
**SEPTEMBER 08**

## VENUE & TIME

Faculty of Physiotherapy organized "QUIZ COMPETITION & A DEBATE" IN VIEW OF WORLD PHYSIOTHERAPY DAY on September 8th 2023 between 10.30 am to 12.00 pm around 100 students from BPT & MPT participated in the event.



Chennai, Tamil Nadu, India  
ACS medical College Chennai, Tamil Nadu 600077, India  
Lat 13.058084°  
Long 80.129424°  
08/09/23 02:43 PM GMT +05:30



## DEBATE

Debate on the Topic: "Emerging Physiotherapists and new trends: Boon or a Ban to the Profession" Students participated with full enthusiasm, and eagerness.

## QUIZ COMPETITION

Dr.V. Saravanan, & Dr.K. Gayathri, Lecturer hosted the Competition which had 5 rounds of questions. Students answered the questions with full enthusiasm & also the importance of knowledge & awareness on Arthritis, it's prevention was emphasized in the event



*Every year on September 8th, it provides a chance to spread awareness about the advantages of physical therapy and how it may help people heal from injuries, manage chronic ailments, and improve their overall quality of life.*





# WORLD HEART DAY

SEPTEMBER - 29

## world heart day - Healthy heart, Happy life

*Faculty of Physiotherapy organized a Poster Presentation Competition on the Topic "HEALTHY HEART, HAPPY LIFE" on 29/09/20223 at between 11.00 AM to 12.00 PM. Around 33 participants from BPT 1 Year attended the competition*

*The Posters were displayed by the students. Then Dr. Veena @ kiruthika, Vice Principal, Faculty of Physiotherapy, judged the students' work and winners were announced based on the scores for design, explanation of concept and ideas used for the poster. A total of 3 winners were chosen.*



Healthy

Heart

Healthy

Life





# HEALTHY AGING AND ANTI-AGING SUMMER PROGRAM IN ASIA UNIVERSITY TAIWAN



## Summer program

*-10 MPT students and one staff member from the faculty of physiotherapy had attended the summer program - Healthy aging and anti-aging in Asia university, Taiwan*



# CHENNAI TAIWAN



# TEACHER'S DAY

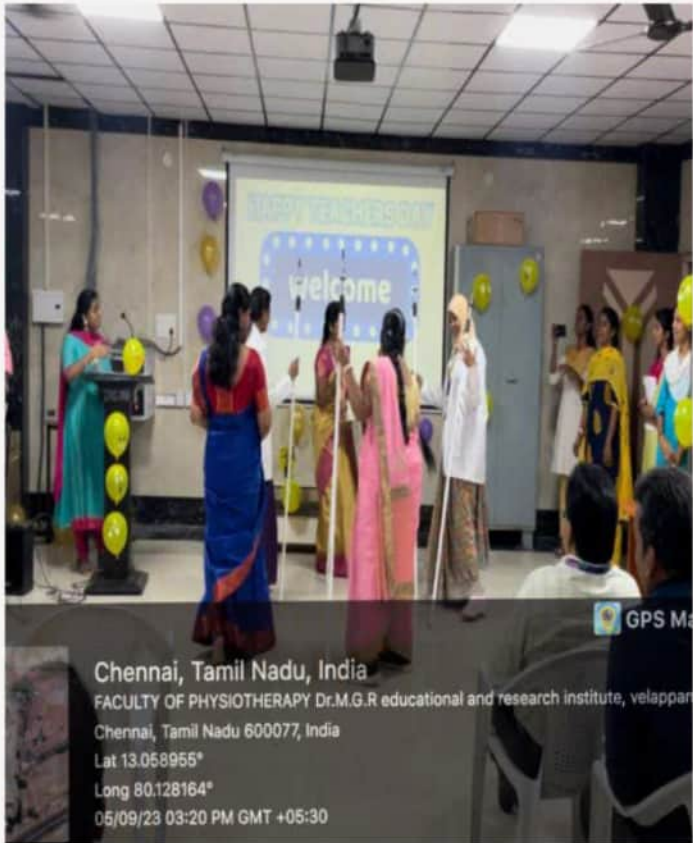
## CELEBRATION



## VENUE & TIME

*Faculty of Physiotherapy organized Teacher's Day celebration at Center of Excellence, A.C.S Medical College and hospital vellappanchavadi on 05/09/2023 between 11.30AM to 12.30PM. Around 41 Faculty staffs attended the Program.*





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*The Program was hosted by R. Aishwarya, MPT Ist YEAR student, The event started with Tamil Thai Vazhthu. R.B.Ijaj, Thee program began with welcome dance by BPT Ist year student and welcome song was sung by BPT II Year student . Followed by Bala of BPT II Year played violin.*

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## BLISSFULL MOMENT

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*Few games and events were conducted for staff members. Games such as mucical stick, statue game, musical chair, ramp walk was done by all staff members, with this the games and events session concluded with some dance and singing by our staff members.*

*The cake cutting was done by Principal, Vice principals and other faculty members, a group photo was taken and MPT Ist year students presented plant saplings to all the staff members.*



# SPORTS CORNER



Name : R. Andrew Joseph  
Class : BPT I year  
Event : All india level open  
karate championship  
Date : 03/09/2023  
Position : 1st place.

**PHYSIO MAG**

**"HUSTLE, HIT  
AND NEVER  
QUIT"**



Name : Mr. Sai tejashwan.R.S  
Class : BPT I year  
Event : Badminton warriors spl open  
state level  
U-17 badminton doubles .  
Date : 13/08/2023.  
Position : 2nd place

*"Fuel Your Passion, Ignite Your Game"*





**PHYSIO MAG**



**EVENT :**

*Chairman's trophy -  
volleyball team Faculty  
of physiotherapy*

**POSITION :**

*"Runners"*

## *INTRA PHYSIO SPORTS MEET 2023 'National Sports Day'*



**THROW BALL FOR GIRLS & VOLLEYBALL FOR BOYS.**

*Throw Ball Winners: BPT III year Team A.*

*Runner up: BPT IV year Team A*

*Volley Ball Winner: MPT*

*Runner up: BPT IV year Team A.*



*"Rise Above the Rest, Aim for the Best"*



# NSS ACTIVITIES

## NOT ME, BUT YOU

### WORLD ENVIRONMENT DAY - LECTURE

05 JUNE, 2023

A Lecture was organised in view of WORLD ENVIRONMENT DAY. The purpose of World Environment Day is to encourage awareness and action for the protection of environment. The theme chosen this year focuses on solutions to plastic pollution and to restore the ecosystem, as the world is being inundated by plastic. Our Speaker Mrs.R.Gladia M.A SOCIOLOGY, Faculty of Physiotherapy, started her presentation



on "Ecosystem Restoration"  
-To Beat the Plastic, she gave an explanation about Ten things that can be done to help to save our planet.

### WORLD BLOOD DONOR DAY- GUEST LECTURE

15 JUNE, 2023

Our Faculty in associNSS unit – VI organized a BLOOD DONATION in view of WORLD BLOOD DONOR DAY - 2023. Every year 14th, June is observed as WORLD BLOOD DONOR DAY. Around 10 NSS Volunteers Participated and donated blood today. In continuation with this, a guest lecture on "Hematological Manifestations in Nutritional deficiencies" was delivered by P. Jagatheswari M.Sc., M.Phil -State Coordinator, FSSAI, Tamilnadu.





# INTERNATIONAL DAY OF YOGA

## YOGA POSE PHOTO CLIPPING

20 JUNE, 2023

A Lecture was organised in view of WORLD ENVIRONMENT DAY. The purpose of World Environment Day is to encourage awareness and action for the protection of environment. The theme chosen this year focuses on solutions to plastic pollution and to restore the ecosystem, as the world is being inundated by plastic. Our Speaker Mrs.R.Gladia M.A SOCIOLOGY, Faculty of Physiotherapy, started her presentation on "Ecosystem Restoration"



- To Beat the Plastic, she gave an explanation about Ten things that can be done to help to save our planet.

## LECTURE ON YOGA FOR SUCCESS

21 JUNE, 2023

Faculty of Physiotherapy in association with NSS Unit-VI, Dr.M.G.R.Educational and Research Institute, Chennai organized a Live Demonstration of Yoga on the Theme, "YOGA FOR SUCCESS " inview of INTERNATIONAL DAY OF YOGA on 21/06/2023 at Faculty of Physiotherapy Department PG Lecture Hall - 06 between 10.30 AM to 12.30 PM. Around 50 Students Participated along with NSS Volunteers.

## LECTURE ON KAYAKALPA EXERCISE

22 JUNE, 2023

Faculty of Physiotherapy in association with NSS Unit-VI, Dr.M.G.R.Educational and Research Institute, Chennai organized a Live Demonstration of Yoga on the Theme, "KAYAKALPA EXERCISE " inview of INTERNATIONAL DAY OF YOGA on 22/06/2023 between 10.30 AM to 12.30 PM. Around 50 Students Participated along with NSS Volunteers. The purpose of International Day of Yoga is to encourage, bring awareness of various health benefits occurs through exercise. This theme is chosen to focus on the solutions to restore the normal human functions effectively over all activities.





## **INDIAN ORGAN DONATION DAY**

### **03 AUGUST, 2023**

Faculty of physiotherapy in association with NSS unit – VI organized a Awareness Pledge in view of INDIAN ORGAN DONATION DAY on the theme "DONATE ORGAN AND TISSUES". Every year 3RD, August 2023 is observed as INTERNATIONAL DAY OF ORGAN DONATION. This theme is chosen to focus on the solutions to restore the normal human functions effectively over all activities by donating organs.

In CR Department, Seminar Hall - 01 between 9.30 AM to 10.00AM. Around 100 Students Participated along with NSS Volunteers. Awareness Pledge which was taken in Tamil Language for donating Organ and Tissue after death. Our Principal, Prof.Dr.C.V.Senthil Nathan, Faculty of Physiotherapy shared his knowledge with the students about the importance of donation and social services towards the society. The students were the one who left with mind and heart filled with happiness in participating in such a program.



## **ANTI-DRUG PLEDGE ON "DRUG FREE TAMILNADU"**

### **11 AUGUST, 2023**

Faculty of Physiotherapy in association with NSS Unit-VI, Dr.M.G.R.Educational and Research Institute, Chennai organized a Mass Anti- Drug Pledge on the Theme "DRUG FREE TAMILNADU" on 11/08/2023 at Faculty of Physiotherapy Department, PG Lecture Hall - 06 between 10.00AM to 11.00AM. Around 100 NSS Volunteers Participated.

The Program started in YouTube Live Streaming with Our Honorable Chief Minister released 20minutes Video to create awareness among the students regarding the ill effects of Drug Addiction. Followed by, Awareness Pledge which was taken in Tamil Language through live streaming along with Our Principal, Prof.Dr.C.V.Senthil Nathan, Prof.Dr.S.Veena@Kiruthika, Joint Registrar and Vice Principal and Prof.Dr.V.Rajalaxmi, Vice Principal, Mrs.Umamageshwari, Inspector of Police and Mr.Vellaiswamy, Sub-Inspector of Police, Thiruverukadu, NSS Programme Officer and Incharges with 100 NSS Volunteers too...





# HONOURABLE PRESIDENT'S BIRTHDAY

## BLOOD DONATION

30 JUNE, 2023

Faculty of Physiotherapy in association with NSS Unit-VI, Dr.M.G.R.Educational and Research Institute, Chennai organized a Blood Donation inview of Honorable President's Birthday on 30/06/2023 at Blood Bank, ACS Medical College and Hospital between 10.00 AM to 12.00 PM. Around 15 NSS Volunteers Participated and donated blood today.



We sincerely thank our Principal, Prof.Dr.C.V.Senthil Nathan Sir for motivating us to do all the events successfully.We extend our thanks to our Programme Coordinator, Prof.P.S.Rajakumar sir for encouraging our unit to do all NSS activities.

We once again thank Our Beloved President Sir and Our Beloved Secretary Sir for their constant support, guidance and providing us the right platform for all our ventures.





# 77<sup>th</sup> INDEPENDENCE DAY

**"MERI MATI MERA DESH" - "MY SOIL MY COUNTRY"**

## TREE PLANTATION

12 AUGUST, 2023

Faculty of Physiotherapy in association with NSS Unit-VI, Dr.M.G.R.Educational and Research Institute, Chennai organized a "Tree Plantation" in view of 77th Independence Day on 12/08/2023 at Faculty of Physiotherapy ( New Building ) between 10.00AM to 10.30AM. Around 20 NSS Volunteers Participated.

The 02 NEEM TREES Saplings were planted in the New Building Premises of Faculty of Physiotherapy by Our Respected Principal, Vice principal's and other Staff members.



## AZADI KA AMRIT MAHOTSAV

13 AUGUST, 2023

Faculty of Physiotherapy in association with NSS Unit-VI, Dr.M.G.R.Educational and Research Institute, Chennai organized a "Tree Plantation at Various Village" and "Hoist of National Flag at Every Home" in view of 77th Independence Day on the Theme "MERI MATI MERA DESH" - "MY SOIL MY COUNTRY" and "Azadi Ka Amrit Mahotsav" on 13/08/2023. Around 20 NSS Volunteers Participated. The Volunteers planted various trees and Small plants in and around their living area and also Hoisted National Flag at their homes and sent selfies and received E-certificate also.



## ORIENTATION ON THE THEME

14 AUGUST, 2023

Faculty of Physiotherapy in association with NSS Unit-VI, Dr.M.G.R.Educational and Research Institute, Chennai organized a "Orientation Program" on "Save The Land" in view of 77th Independence Day on the Theme "MERI MATI MERA DESH" - "MY SOIL MY COUNTRY" on 14/08/2023 at Lecture Hall - 08, Faculty of Physiotherapy (New Building) between 12.00PM to 12.45PM. Around 85 BPT Students along with NSS Volunteers Participated.

Our Speaker Dr.S.Ramachandran Phd, explained about why we should not spoil our land? And what are the ill effects we are getting out of it? Sir shared a poem on the Topic "Save the Land" to the students which was quite thinking about our country upgrade. It was really a soulful orientation.





# 77<sup>th</sup> INDEPENDENCE DAY

**"MERI MATI MERA DESH"-"MY SOIL MY COUNTRY"**

## AWARENESS PLEDGE

14 AUGUST, 2023

Faculty of Physiotherapy in association with NSS Unit-VI, Dr.M.G.R.Educational and Research Institute, Chennai participated in Awareness Pledge on "MERI MATI MERA DESH" - "MY SOIL MY COUNTRY" through online mode via link. 01 staff and 100 NSS Volunteers participated. Students showed their passion towards our nation by participating the pledge.



## TREE PLANTATION AT EVERY HOME SELFIE

14 AUGUST, 2023

Faculty of Physiotherapy in association with NSS Unit-VI, Dr.M.G.R.Educational and Research Institute, Chennai participated in Tree Planatation at Every Home selfie upload inview of - "Azadi Ka Amrit Mahotsav" through online mode via link. 01 staff and 100 NSS Volunteers participated. Students showed their passion towards our nation by participating the event.



## POSTER PRESENTATION

14 AUGUST ,2023

Faculty of Physiotherapy in association with NSS Unit-VI, Dr.M.G.R.Educational and Research Institute, Chennai organized a Poster Presentation Competition on the Theme, "NATION FIRST, ALWAYS FIRST (Different cultures of our country)" in view of 77th Independence Day on 14/08/2023 at Lecture Hall- 1, Faculty of Physiotherapy between 02.00 PM to 03.00 PM. Around 50 Students Participated along with NSS Volunteers.

The students presented their Art work before the judge and gave a wonderful explanation on their work. We had wonderful responses from the Physiotherapy students who participated and expressed their talents in the above mentioned event.





## MARCH PAST - INDEPENDENCE DAY 15 AUGUST, 2023

Faculty of physiotherapy in association with NSS unit – VI organized a March Fast event in view of 77TH INDEPENDENCE DAY. Every year 15th, Aug 2023 is observed as INDEPENDENCE DAY. Independence is not just about being free from external control: it's also about unity and working together as a nation. The program started around 9:00 AM with Thamizhthai Vazhthu in continuation with this our Honourable Secretary Sir discussed in brief the significance of Independence Day.

Then our Honorable Secretary Sir hoisted the National Flag and then all staff and students saluted the flag and sang our National Anthem together., Followed by this balloons and Dove was released in the air after that students performed the Parade with the Indian flag to pay tribute to mother INDIA. In addition to this cultural programs were also held in which students from all the department participated. Towards the end of the program vote of thanks was proposed and the session came to an end.



## WALKATHON ON THE THEME, "DRUG FREE INDIA" 26 AUGUST, 2023

Faculty of Physiotherapy in association with NSS Unit-VI, Dr.M.G.R.Educational and Research Institute, Chennai attended a Walkathon on the Theme, "DRUG FREE INDIA" on 26/08/2023 at Anna University Organised by "The Art of Living" between 05.00 PM to 07.30 PM. Around 20 NSS Volunteers participated along with 02 staffs.



The program started with Tamil Thai Vazhthu. Followed by felicitation of the Chief Guest, Mr.Ma.Subramanian, Ministry for Health and Family Welfare of Tamilnadu. Then, the Chief Guest addressed the gathering by sharing his experience with the young dynamic students against not to use drugs and prevent India a drug free nation. Anti-Drug Pledge was taken by all the volunteers. NSS Programme Coordinator and Program Officers were felicitated with Appreciation Shield. Live Music Concert on the Theme " The Live Non-violinist Project " was played. The event ended with the National Anthem. Refreshments and T-Shirts were given. E-certificate QR code provided. The students were the one who left with mind and heart filled with happiness in participating in such a program. We once again thank Our Beloved President Sir and Our Beloved Secretary Sir for their constant support, guidance and providing us the right platform for all our ventures.



## **SOCIAL JUSTICE DAY**

**15 SEPTEMBER, 2023**

Faculty of Physiotherapy in association with NSS Unit-VI, organized a Awareness Pledge inview of "SOCIAL JUSTICE DAY - 2023". Around 100 Students Participated along with Staff Members and NSS Volunteers. The Program started with a welcome Address by Dr.P.Anu Preethi, Assistant Professor & NSS Program Officer Unit - VI followed by Awareness Pledge which was taken in Tamil Language about social justice to be followed everywhere. Our Vice - Principal's Prof.Dr.S.Veena@Kiruthika & Prof.Dr.V.Rajalaxmi and Prof.Dr.G.Mohan Kumar ( HOD of orthopaedics) graced the program along with all staff members and student.



## **NATIONAL UNITY DAY - PLEDGE**

**01 OCTOBER, 2023**

Faculty of Physiotherapy in association with NSS Unit-VI, organized an Awareness Pledge inview of "NATIONAL UNITY DAY"- "RASHTRIYA EKTA DIWAS". Around 100 Students Participated along with Staff Members and NSS Volunteers. The Program started with a welcome Address by Dr.P.Anu Preethi & NSS Program Officer Unit - VI followed by Awareness Pledge which was taken in English Language to honour the brave freedom fighters who sacrificed their lives for our Independence. Prof.Dr.G.Mohan Kumar, HOD (Orthopaedics) and Prof.Dr.S.Ramachandran, HOD (Cardiovascular and Pulmonary) graced the program along with all staff members, NSS Volunteers and BPT students.



## **SHRAMDAAN FOR SWACHHATA**

**31 OCTOBER, 2023**

Faculty of Physiotherapy in association with NSS Unit-VI, participated in the "Shramdaan for Swachhata - a Cleanliness Program of our nation" as a part of Swachh Bharat on 01/10/2023 at various part the volunteers living area between 10:00 AM-11:00 AM Around 20 Volunteers Participated.

We thank Our Principal Prof.Dr.C.V.Senthil Nathan Sir for their constant support in doing all NSS activities. I thank Prof.Dr.S.Rajakumar Sir, Programme Coordinator, NSS for guiding us in doing the NSS Programs.







# ADVANCED NEURO REHABILITATION UNIT



*"Take care of your body.,  
It's the only place you have to live"*

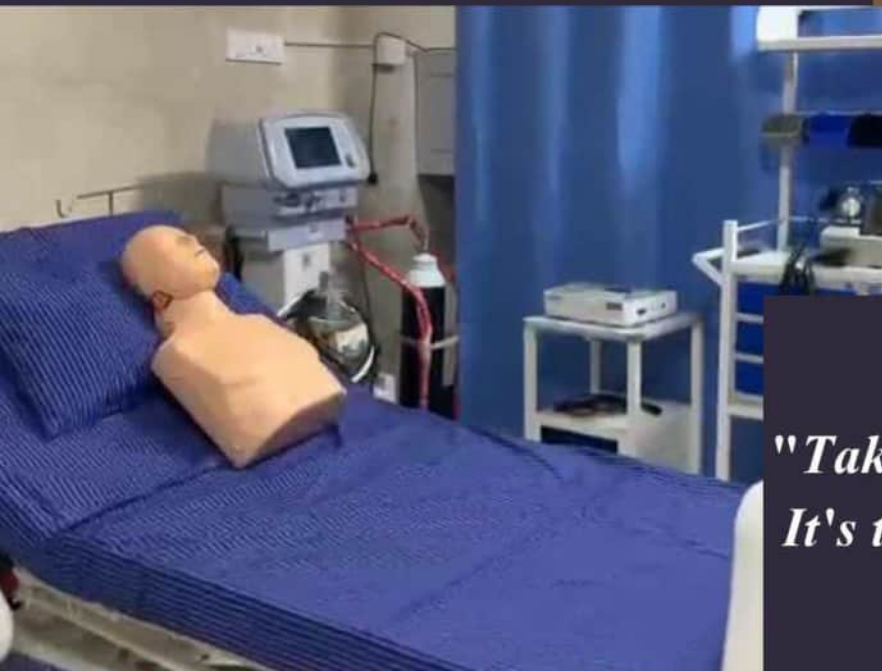


*Quality care for a better quality of life*





# ADVANCED CARDIOVASCULAR AND PULMONARY REHABILITATION UNIT



*"Take care of your body.,  
It's the only place you have to live"*



*Quality care for a better quality of life*

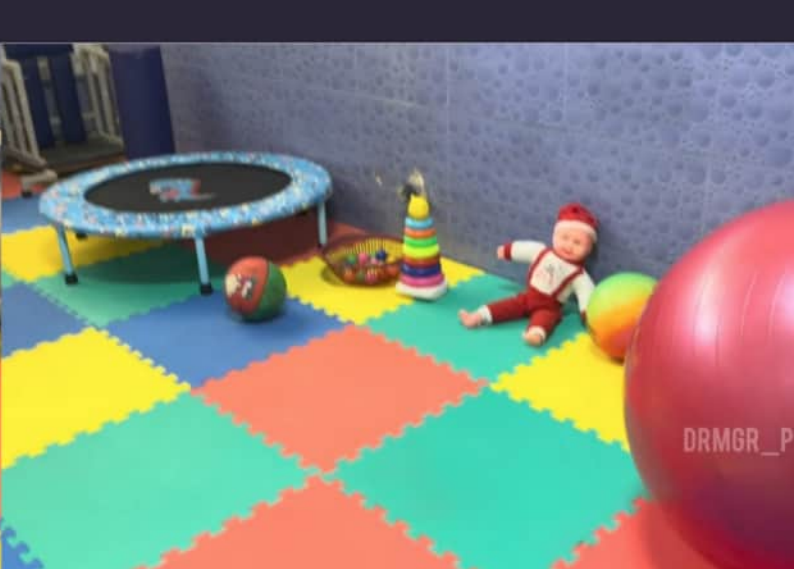




## ADVANCED PEDIATRIC REHABILITATION UNIT



*"Take care of your body.,  
It's the only place you have to live"*



*Quality care for a better quality of life*





# ADVANCED MUSCULOSKELETAL UNIT



*"Take care of your body.,  
It's the only place you have to live"*



*Quality care for a better quality of life*





# ADVANCED SPORTS REHABILITATION AND FIELD WORK



*"Take care of your body.,  
It's the only place you have to live"*



*Quality care for a better quality of life*





# ADVANCED OBSTETRICS AND GYNAECOLOGY UNIT



*"Take care of your body.,  
It's the only place you have to live"*



*Quality care for a better quality of life*



# STUDENTS CORNER

- - *Eager Beaver* - -



HARININ  
B.P.T SECOND YEAR





## Students touch...

*"Strive for Excellence!  
Your Education, Your Future.  
Dream Big, Study Hard."*

**Shree varshini**

**B.P.T Second year B-Section**

**--She had published a book under the topic of**

**"வாழ்கையில் நல்ல பழக்கம்  
வழக்கங்களின் முக்கியத்துவம்"**

கவிதை கிறுக்கல்கள்

விலகினைன் அருகில் வந்தாய் நம்பு வதற்காக

நம்பினைன் உடைத்து சென்றாய்

உடைந்தது கண்ணாடி அல்ல என் இதயம் (நம்பிக்கை)

அந்த உடைந்த இதயம் உன்னையே நினைத்து வாழ்கிறது....

**Shree varshini**

**B.P.T Second year B-Section**

1) எதுவும் நிரந்தரம் இல்லை என்று தெரிந்தும்  
தற்காலிகத்தை நிரந்தரம் என்று எண்ணி  
ஏமாறும்போது கிடைக்கும் அனுபவத்தின் அறிவு சிறந்தது எனின்  
புன்னகையுடன் ஏற்றுக்கொள்.....  
" ஏமாற்றங்கள் தவறில்லை "



**V.Sruthika**

**B.P.T Second year B-Section**



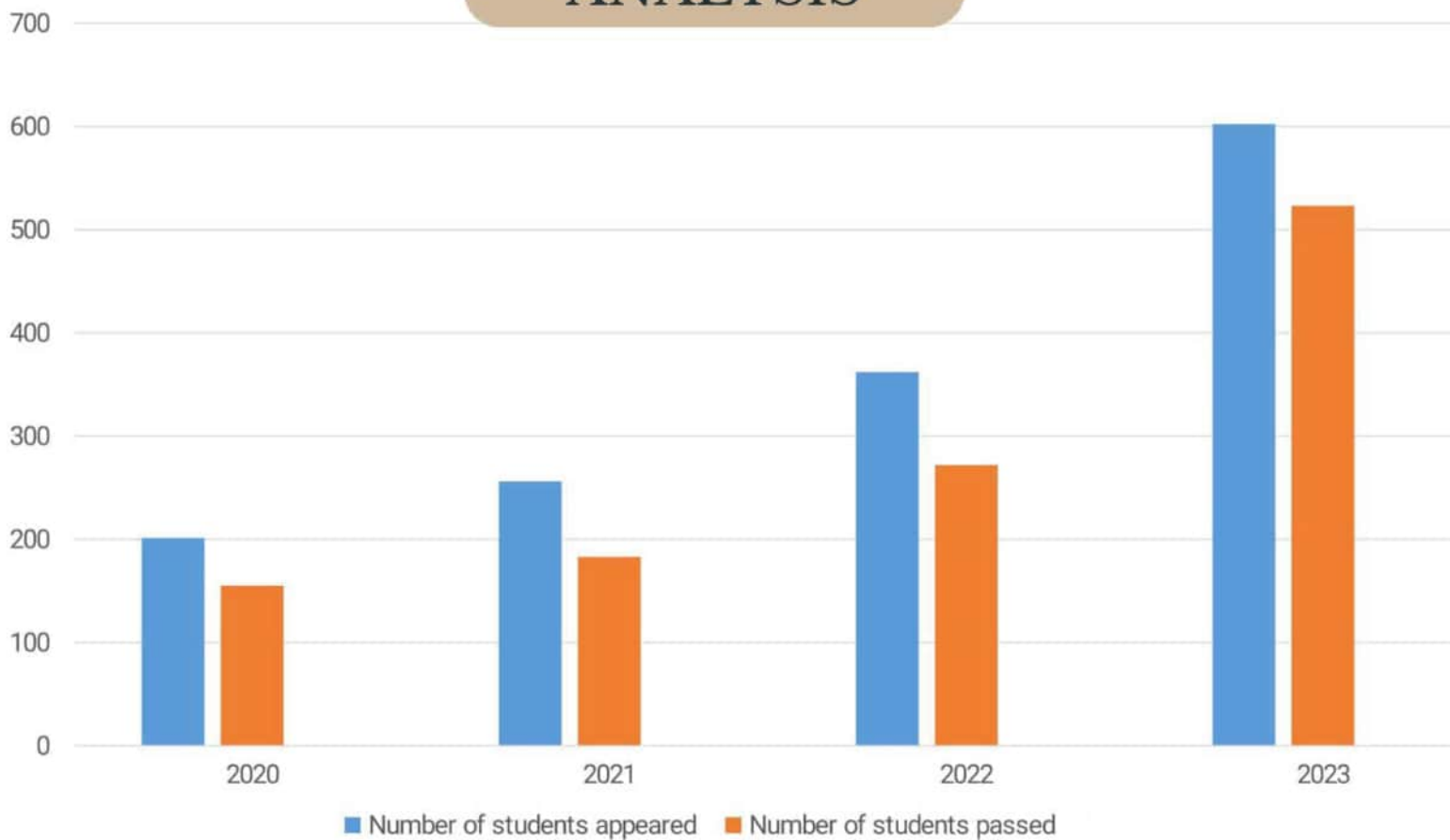
*"Never miss an artwork"*

**S.Sri Sruthika**

**B.P.T Second year C-section**

*"Drawing things makes them seem more real and  
makes me feel more alive"*





# NPTEL ANALYSIS

NATIONAL PROGRAMME ON  
TECHNOLOGY ENHANCED LEARNING



"Start your journey here!"

<https://www.nptel.ac.in>





# NPTEL Online Certification

(Funded by the MoE, Govt. of India)

This certificate is awarded to  
**SUBASHINI A**  
for successfully completing the course

**Psychology of Learning**

with a consolidated score of **96** %

Online Assignments	22.19/25	Proctored Exam	73.5/75
--------------------	----------	----------------	---------

Total number of candidates certified in this course: **2709**



*Banerji*  
**Prof. Haimanti Banerji**  
Coordinator, NPTEL  
IIT Kharagpur



# NPTEL Online Certification

(Funded by the MoE, Govt. of India)

This certificate is awarded to  
**SUBETHAV**  
for successfully completing the course

**Psychology of Learning**

with a consolidated score of **91** %

Online Assignments	20.94/25	Proctored Exam	70.5/75
--------------------	----------	----------------	---------

Total number of candidates certified in this course: **2709**



*Banerji*  
**Prof. Haimanti Banerji**  
Coordinator, NPTEL  
IIT Kharagpur



Indian Institute of Technology Kharagpur



.....NPTEL Elite Toppers.....

Knowledge is the eye of desire and can  
become the pilot of the soul.







Elite

# NPTEL Online Certification

(Funded by the MoE, Govt. of India)



This certificate is awarded to  
**VARSHAYA**  
for successfully completing the course



**Psychology of Learning**

with a consolidated score of **80** %

Online Assignments	21.56/25	Proctored Exam	58.5/75
--------------------	----------	----------------	---------

Total number of candidates certified in this course: 2709

*Banerji*  
**Prof. Haimanti Banerji**  
Coordinator, NPTEL  
IIT Kharagpur



Elite

# NPTEL Online Certification

(Funded by the MoE, Govt. of India)



This certificate is awarded to  
**SUSMITHA S**  
for successfully completing the course



**Psychology of Learning**

with a consolidated score of **75** %

Online Assignments	21.25/25	Proctored Exam	54/75
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Total number of candidates certified in this course: 2709

*Banerji*  
**Prof. Haimanti Banerji**  
Coordinator, NPTEL  
IIT Kharagpur

**Jul-Oct 2023**  
(12 week course)



Indian Institute of Technology Kharagpur

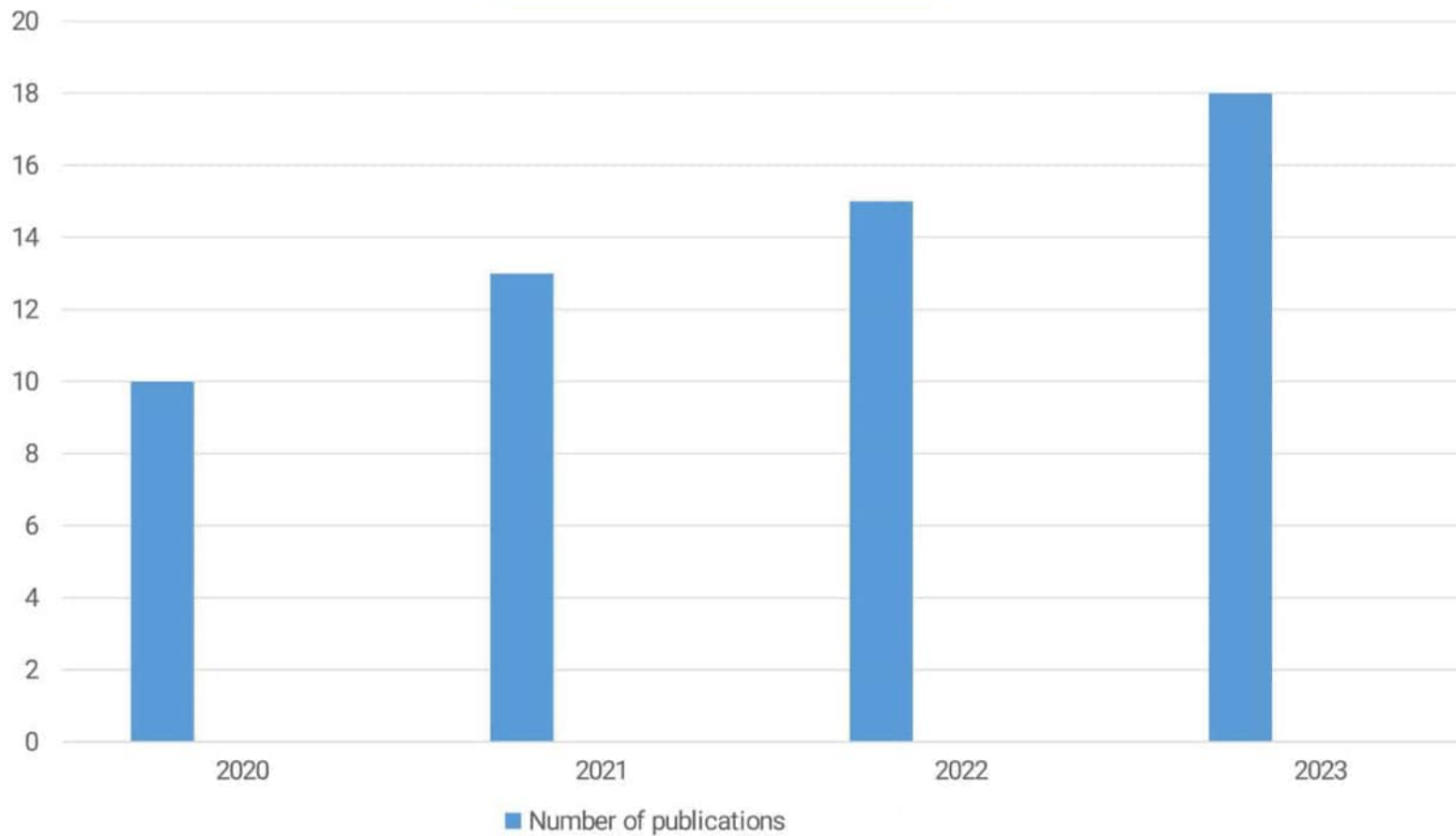


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- 12.உடல் பருமன்
- 13.குழந்தைகளுக்கான உணவும் சுகவாழ்வும்
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# PUBLICATIONS TIME LINE

**June 2023**

**1**

"A comparative study to analyze the effect of tap water faradism and tap water galvanism in treating palmar hyperhidrosis". Journal of integrated science and technology Vol 11, Issue 4

G.Vaishnavi, S.Yuvashree, C V Senthil Nathan, Tharani Gnanamoorthy , K.Kamatchi, R Navin, S Sathish, M .Rajapriyadharshini, K.Kalaivani.

**2**

**June 2023**

"The effectiveness of pilates exercise vs floor exercise on trunk muscle endurance among cricketers". International journal of medical and exercise science Vol 9, Issue 2 (June2023) - Jibi Paul, V.Soundarya, Annie Thomas.

**3**

**June 2023**

"Comparative Effect of Modified Constraint Induced Movement Therapy, Proprioceptive Training and Task-Oriented Training on Functions of Upper Extremity among Stroke Patients"

International Journal of Physiotherapy Vol 10, Issue 2 -Jibi Paul,T.Yamini,Sathya PG.Rajalakshmi.

**4**

**July 2023**

Intra-rater and inter-rater reliability of cranio cervical flexion test in symptomatic subjects of neck pain using pressure biofeedback".Bangladesh journal of medical science Vol 22, Issue 3-V.Rajalaxmi, S.Kotteswari,R.Nithya Nisha, Mohan Nallathambi



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**August 2023**

**5**

"Neuroplasticity and functional gains with task specific circuit training in stroke patients".

Journal for  
ReAttach therapy and  
developmental diversities Vol 6,  
Issue 9 -K.kamatchi, Dr.Jibi  
Paul,Jagatheesan  
Alagesan,Dr.N.Harikrishnan.

**6**

**August 2023**

"Effectiveness of swallowing therapy  
and forced expiratory technique to  
prevent aspiration for  
dysphagia in frail elders".  
Biomedicine Vol 43, issue 4  
Senthil Nathan C.V.,  
Kavitha Lakshmi J.,Vaishnavi G.,  
Manoj Abraham M.

**September 2023**

**7**

SELVARAJ SUDHAKAR ,  
VEENA KIRTHIKA S ,  
CHANEMOUGAVALLY J ,  
SHRUTHY K. M  
Enhancing Skeletal Muscle  
Rehabilitation: The Effects of Diclofenac  
Phonophoresis and Shock Wave  
Therapy on Serum Creatine Kinase in  
Athletes With Delayed-Onset Muscle  
Soreness. Cureus vol 15; issue

**8**

**September 2023**

R. NITHYA NISHA, JIBI PAUL,  
JAGATHEESAN ALAGESAN, V.  
RAJALAXMI A customary on  
shoulder pain population using  
simple shoulder test. Journal of  
Advanced Zoology vol 44; issue s 2.



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September 2023

9

G. THARANI, Dr.JIBI PAUL, JAGATHEESAN ALAGESAN, Dr.N.HARIKRISHNAN Exploring the effectiveness of peroneal nerve flossing in alleviating diabetic peripheral neuropathy symptoms. Journal for ReAttach therapy and developmental diversities Vol 6, Issue 10s.

## HISTORY OF PUBLICATIONS

10

October 2023

SRILAKSHMI MOSES, J. ARUNSELVI, P.V. HARI HARA SUBRAMANYAN, S. DHARINI, MOHANA VIDHYA MADHAVUDU, P.G. MAHESH KUMAR.

To compare the effectiveness of informal dance and aerobic exercise to suppress skimming and improving functional gait in adolescent with autism spectrum disorder. Journal of Clinical Otorhinolaryngology, Head, and Neck surgery vol 27; issue 2

October 2023

11

J. ARUNSELVI, SRILAKSHMI MOSES, P.V. HARI HARA SUBRAMANYAN, N. DIVYA, SNEHAA, P.G. MAHESH KUMAR.

A comparative study on the effects of tap water and normal saline iontophoresis for idiopathic hyperhidrosis of the upper limb: enhancing quality of life. Journal of Clinical Otorhinolaryngology, Head, and Neck surgery vol 27; issue 2.

12

October 2023

ANU PREETHI POORNA CHANDRAN, P.V. HARI HARA SUBRAMANYAN, P.G. MAHESH KUMAR, S. SUSENDRAN, L. JENIFER. A study to evaluate the effectiveness of isometric exercises versus closed kinetic chain exercises in individuals suffering from patellofemoral pain syndrome. Journal of Clinical Otorhinolaryngology, Head, and Neck surgery vol 27; issue 2.



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**September 2023**

**13**

**S.VEENA KIRTHIKA, SELVARAJ SUDHAKAR, D.MONIKA, G.MOHAN KUMAR, S.RAMACHANDRAN, N.SENTHIL KUMAR.** Ergonomic school bags: Can additional straps make a difference in posture. Indian Journal of Science and Technology, Vol 16, I46, B4429-E4435.

## HISTORY OF PUBLICATIONS

**14**

**October 2023**

**S.VEENA KIRTHIKA, BERNARD EBENEZER CYRUS, DEEPTHI R.N.V, K.SARASWATHI, S.SATHYA, K.ARTHISWARI.** Efficacy of cushioned insoles and magnetic insoles in the treatment of chronic plantar fasciitis. Indian Journal of Science and Technology, Vol 16, I41, B3657-E3664.

**October 2023**

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**S.VEENA KIRTHIKA, SWETHA.M, SELVARAJ SUDHAKAR, J.ARUNSELVI, SARAVANAN.V, G.RAJALAKSHMI, BHARANEEDHARAN.T.** The effects of pilates and conventional treatment methods in the management of stress urinary incontinence among women. International Journal of Life Science and Pharma RESEARCH. Vol 13, I6, BL516- EL521.

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**October 2023**

**K. KAMATCHI MPT, GAURAV BHATNAGAR, SHRUTI TADMARE, Dr. I. GIRISH KUMAR, RISHA KAMBLE.** Analyzing the significance of clinical experience for successful rehabilitation strategy implementation among young adult patients. Journal for ReAttach therapy and developmental diversities Vol 6, Issue 10s.



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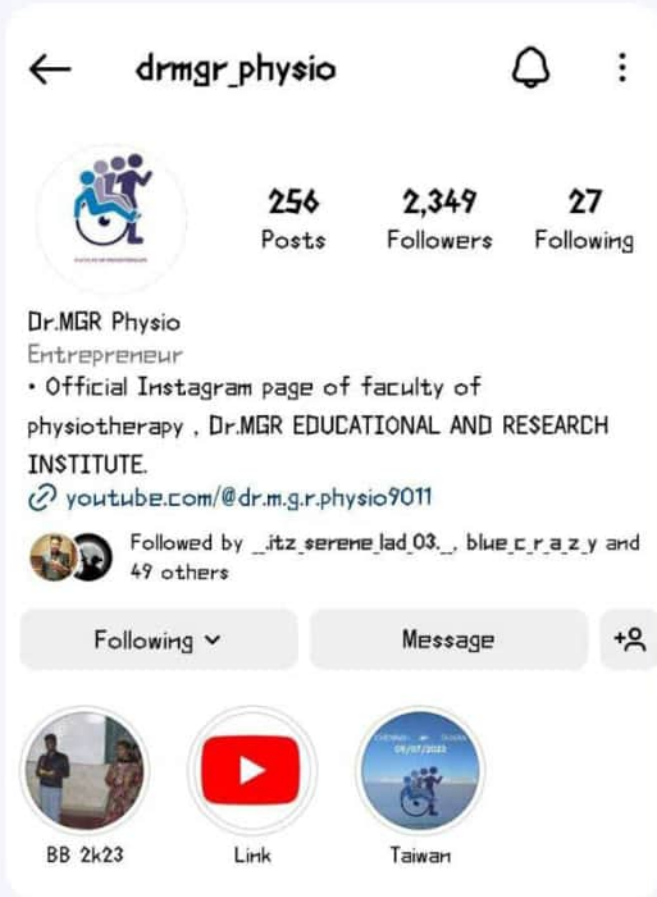
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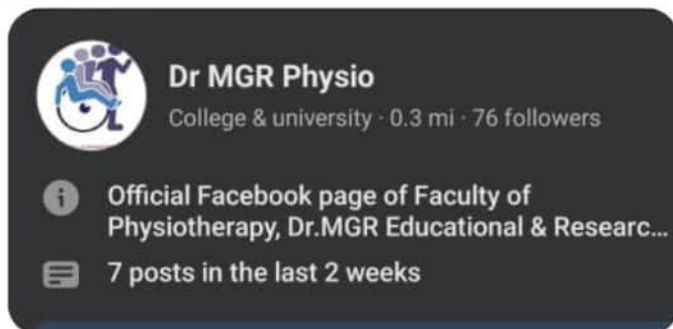




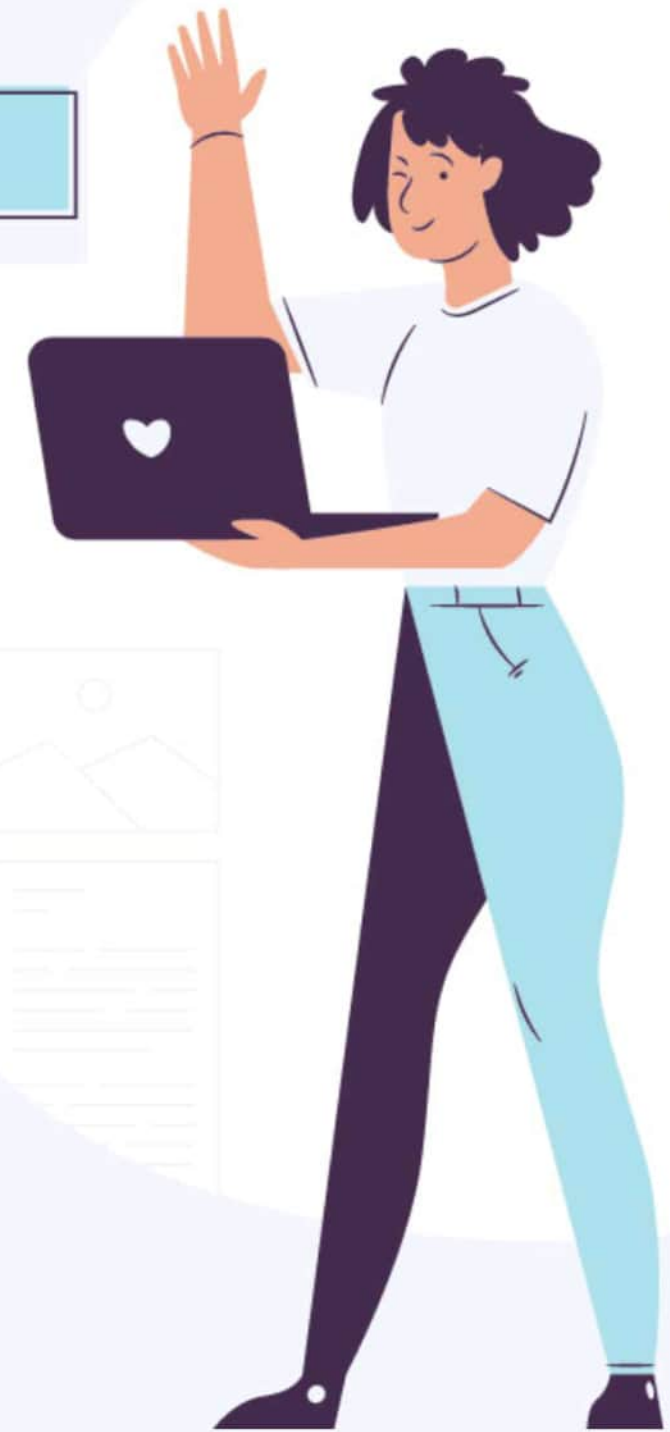
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