

PHY-Q4-10/03/2022

DEC 2021-FEB 2022



**Dr. M.G.R.**  
**EDUCATIONAL AND RESEARCH INSTITUTE**  
**DEEMED TO BE UNIVERSITY**

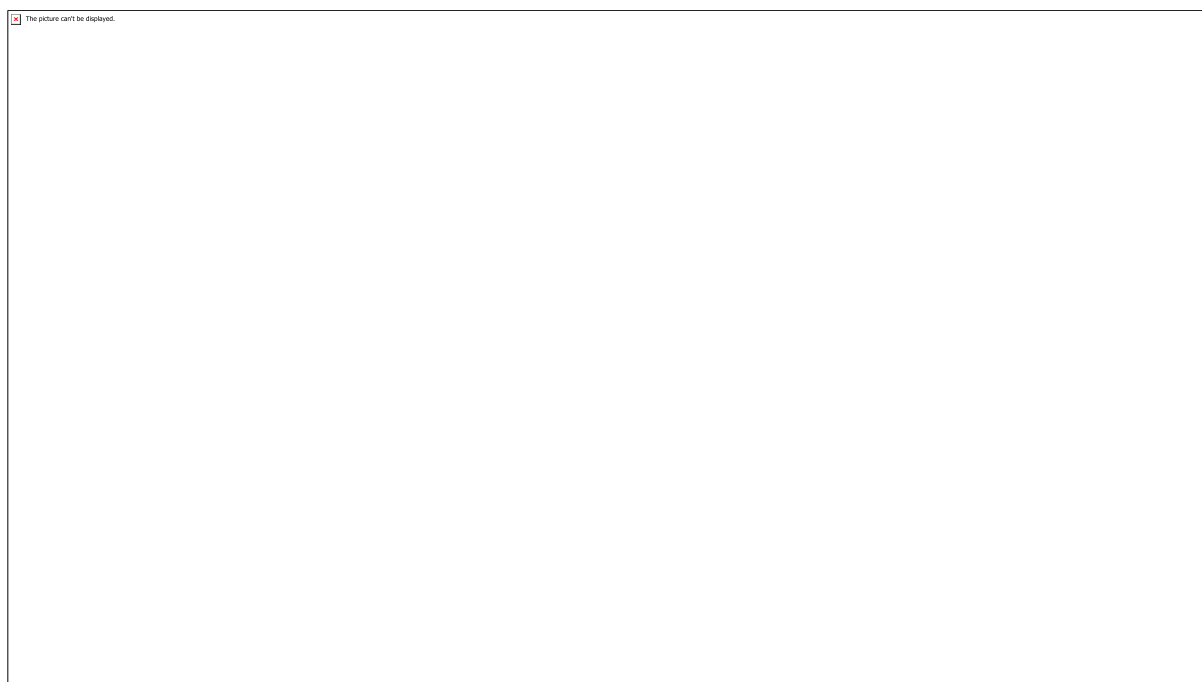
University with Graded Autonomy Status

(An ISO 21001 : 2018 Certified Institution)

Periyar E.V.R. High Road, Maduravoyal, Chennai-95. Tamilnadu, India.



# FACULTY OF PHYSIOTHERAPY



***PHYSIO QUEST***

## VISION

- Maintain the department's long tradition of leadership and excellence in physiotherapy education
- Create innovative educational programs
- Promote the provision of ethical, efficient and cost effective physiotherapy services
- Provide a dynamic, efficient and adaptable physiotherapy program
- Serve the physiotherapy needs of the community

## MISSION

- Provide innovative physiotherapy education at undergraduate and post graduate levels
- To educate undergraduate and post graduate students to discover and apply new knowledge in physiotherapy and relating theory to practice
- Stimulate research in the various fields of physiotherapy to influence emerging health care practices and to advance the profession
- Foster leadership qualities in physiotherapy practice, education and research
- To educate undergraduate and post graduate physiotherapists to make them knowledgeable, self assured, adaptable, reflective, humanistic and as a service oriented individual.



### **MESSAGE FROM PRINCIPAL:**

**We provide a system of education whereby a 'state of the art ' technology would support a much wider array of content from a worldwide perspective that would take the students of today through such strategically planned experiences, that were drawn from any part of the world and measured up qualitatively as per world standards to prepare world citizens of tomorrow.**

**I am confident that our institution FACULTY OF PHYSIOTHERAPY, with its rich legacy, will continue to shape the future of the young minds of our country and transform their potential into successful careers resulting in national development and global accomplishment.**

**As Principal my role is to foster an exciting and invigorating learning environment, where students are at the forefront of teaching and learning. Our dedicated staff work and learn together in collegiate teams to maximize student's potential by implementing highly effective teaching strategies and student support systems.**

**I am confident that this issue of Department News Letter will send a positive signal to the staff, students and the person who are interested in healthcare education. A News Letter is like a mirror which reflects the clear picture of all sorts of activities undertaken by a Department and develops writing skills among students in particular and teaching faculty in general. I congratulate the Editorial Board of this News Letter who have played wonderful role in accomplishing the task in Record time. Also my heartfelt Congratulations to staff members and Students for their fruitful effort. With Best Wishes.**

## STUDENTS AND TEACHERS CORNER





உருக்களை வேணி வளர்த்து உருக்களை என்றும் மிரியாதீர் !  
உருக்கம் இனிது கணத்தினை வேணி விழுகாருக்குச் சற்று  
கோலத்தினை தாரீர் !  
சுமை தாங்கியவன் கணத்தினை வேணி உருக்கம், உருக்கம்  
அன்று ஒன்றாகிதான் உருக்கணத்தினை !  
சுமை உருக்கணத்தினை, உருக்கம் கணத்தினை சற்றும் கணக்காது  
கணக்காருக்குச் சற்று ஒன்று தாரீர் !  
அதன் ! இனி அருக்கன் உரு மண்ணை !  
உரு கணக்காருக்குச் சற்றும் வேணி உருக்கம் உருக்கம்  
அன்று ஒன்றாகிதான் உருக்கணத்தினை !  
அருக்கன் என்றும் உரு கணக்காருக்குச் வேணி உருக்கம் !  
சுமை உருக்கம் வேணி உருக்கம் !  
சுமை உருக்கம் பாதுகாருக்கே !  
என்றும் அருக்கம் பாதுகாருக்கே உரு அருக்கம் வேணி !  
சுமை உருக்கம் வேணி உருக்கம் ! !  
உருக்கம், உருக்கம் !

By

S. SATHYA  
ASSISTANT PROFESSOR,  
DR. H.G.R. EDUCATIONAL &  
RESEARCH INSTITUTE,  
CHENNAI.

தாய்மை

தாய்மை அது பெண்மையின் இடமம்  
உள்ளத்தின் தாய்மை  
உணர்வுகளின் மேன்மை  
மாகத்தின் உண்மை  
மானிட பிறவியின் மகிமை.

தாய்மை தொடர்புள்ள சொல் பற்றும்  
அது ஒரு நிரந்தரமான சொந்தம்.  
உணர்வுகளின் உண்மையான அடிபதம்.  
ஆன்மாக்களில் ஒரு அகிலம்.

ஆம், தாய்மை - அது அகிலத்தில் எங்கெங்கு ஒரு அகிலம்.  
தாய்மை - நான் தூங்க நீ எத்தனை உணர்வுகளில்லாத இரவுகள்!  
நான் உணர்வு எத்தனை நாட்கள் திரும்பும்!  
உன் உலகம் மறந்து என் திரிப்பில் ஆனந்தம்.  
தாய்மை - உடல், பொருள், ஆதி என் எத்தனை  
எத்தனை உலகங்கள்  
- தியா கத்தின் திருஉலகம் தாய்மை.  
தாய்மை - என்னும் ஒரு உரம்  
அதன் தாய்மையை மாறாமல் பரிசோதிக்க  
அதன் தாய்மையை மாறாமல் இடமாது.  
அதன் அரவணங்கை மாறாமல் சொந்தக்  
இடமாது.  
ஆம் இப்படி உலகில் என்னும் என்னென்றும்  
எ.டு இணையற்றது தாய்மை  
தாய்மை மட்டும்தான்.  
நன்னி.  
தி. சரஸ்வதி, MPT, MIAP.  
LECTURER  
FACULTY OF PHYSIOTHERAPY

## EVENTS CORNER

Sl. No.	DATE	DEPT	EVENT TITLE	EVENT TYPE	PARTICIPANTS	EVENT COORDINATORS
1	03/12/2021	Physiotherapy	Building back better: how to handle disabled	Webinar	200	Dr. G. Mohan Kumar
2	02/12/2021	Physiotherapy	Awareness about the importance of pollution	Competition	100	Dr. P. Anupreethi

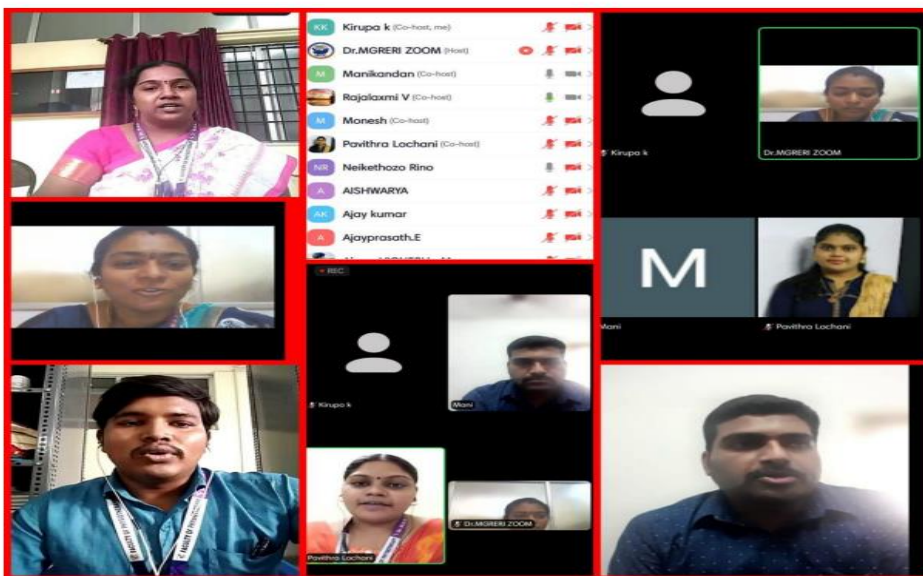
			control and educate people on how to prevent pollution			
2	16/12/2021	Physiotherapy	Neurodevelopment therapy	Webinar	200	Dr. J. Arunselvi

TITLE OF THE EVENT: How to handle disabled DATE: 03.12.2021 SPEAKER: Dr. R. Raja ACIM., MPT (Ortho)., MIAP., CVA., CCAM., CLM., F.O.R., PGDYN., DVMS., M.D.(Acu)., Ph.D., DMT., DAT., Founder and President – Royal Health Care and Charitable Trust ,Director : ROYAL MULTICARE , Mogapair, Chennai VENUE : Seminar hall 1, Faculty of Physiotherapy NO: OF PARTICIPANTS: 80 SUMMARY OF THE EVENT: Faculty of Physiotherapy, Dr. M.G.R. Educational and Research Institute, Chennai organized an Guest Lecture on "How to handle disabled" by our invited guest speaker Dr. R. Raja ACIM., MPT (Ortho)., MIAP., CVA., CCAM., CLM., F.O.R., PGDYN., DVMS., M.D.(Acu)., Ph.D., DMT., DAT., Founder and President – Royal Health Care and Charitable Trust ,Director : ROYAL MULTICARE , Mogapair, Chennai, on 3.12.2021 between 11.00am to 12.00pm in Seminar hall 1, Faculty of Physiotherapy , Around 80 students participated. The program was hosted by Dr.R.Nithyanisha began with Tamilthai vazhthu followed by welcome speech by Dr.G.Mohankumar. Then Dr.Veena, Joint registrar and Vice Principal, Faculty of Physiotherapy, Dr MGR Educational and Research Institute gave a special address to the participants. That was followed by the introduction of the speaker by Dr.G.Yuvarani. Then the resource person started his presentation by explaining the methods to handle disabled . He also cleared the doubts in the Q and A session.



TITLE OF THE EVENT: EMPLOYMENT IN OVERSEAS FOR PHYSIOTHERAPISTS DATE: 06.12.2021 SPEAKER: Dr.S.Manikandan, MPT (SPORTS) senior physiotherapist, AWWA Ltd, AWWA School MODE: ZOOM virtual platform NO: OF PARTICIPANTS: 250 Faculty of Physiotherapy, Dr. M.G.R. Educational and Research Institute, Chennai organized "Alumini Talk Series" on “ Employment In Overseas For Physiotherapists ” By

Dr.S.Manikandan,MPT (SPORTS) senior physiotherapist, AWWA Ltd ,AWWA School,on 6/12/2021 at 10.30 AM- 11.30AM in Zoom virtual platform. Around 250 participants attended the program. The program began with tamil thai vazhthu, following which Dr.K.Kirupa, Assistant Professor delivered welcome speech. Then followed by, our vice Principal Dr.V.Rajalaxmi addressed the gathering. That was followed by the Dr.Monesh, Lecturer Introduced the speaker of the day. Then the resource person started his presentation . He gave a clear explanation and experience in Employment in overseas for physiotherapist . Dr.G.Vaishnavi ,Assistant Professor proposed the vote of thanks. Then, the session was concluded with National Anthem. Feedback link was posted in the chat box to the participants for receiving E-certificate.



S.NO :	EVENT TYPE	TITLE OF THE EVENT	DATE	VENUE	NO. OF PART.	CHIEF GUEST / SPEAKER
1	COMPETITION	Poster Presentation On Awareness about the Importance of Road safety and Educate people to prevent Accidents.	11-01-2022	Google meet	14	Dr.G.Yuvarani, Associate professor, and Dr. K.Kirupa, Assistant professor, Faculty of Physiotherapy, Dr.MGR Educational and Research Institute, Chennai – 77.
2	COMPETITION	Poster, Slogan writing, Essay writing, poem and Patriotic on The Constitution of India is the World's largest written Constitution.	26-01-2022	Google meet	39	Dr.G.Yuvarani, Associate professor, and Dr. K.Kirupa, Assistant professor, Faculty of Physiotherapy, Dr.MGR Educational and Research Institute, Chennai – 77.
3	GUEST LECTURE	Patent system in India	04-02-2022	Zoom Meeting	360	Dr. S.Arun, R&D, Head Research Centre Division, Prathyusha Engineering College, affiliated to Anna university, Chennai
4	WEBINAR	Screening of CANCER	04-02-2022	Zoom meeting	130	Dr S kalyani DGO DNB OBG MNAMS OBG chief Gynaecologist HOD CSS OPD Railway hospital perambur
5	WEBINAR	Women's Health	14-02-2022	Zoom meeting	142	Ms. Theboral. P, BBA, MSC Medical Sociology, M.A Sociology, Assistant Professor, Department of Sociology, Loyola College, Chennai
6	OTHERS	Placement training on "Road map to UK for Physiotherapists"	15-02-2022	seminar hall, Faculty of physiotherapy	130	Mr.Suraj Bafna, MSK Physiotherapist, MSK Injection Therapist, MHCP, MSCSP, UK
7	NATIONAL SYMPOSIUM	Cardio symposium	16-02-2022	seminar hall, Faculty of physiotherapy	130	Dr.Vengadakrishnan, M.B.B.S, M.D Professor of medicine in Sri Ramachandra medical college
8	ALUMNI INTERACTION SERIES	Alumni talk series-2	23-02-2022	Zoom meeting	150	Dr.Vidyalakshmi Vikram, Physiotherapist/yoga consultant.
9.	OTHERS	Intergrated approach in science and technology for sustainable future	28-02-2022	seminar hall, Faculty of physiotherapy	200	Dr.V.RAJALAXMI, Professor, Vice principal, Dr.G.MOHANKUMAR, Professor, Dr.S.VEENA@KRITHIKA, Professor, Vice principal, Joint register, Faculty of Physiotherapy, Dr.MGR Educational and Research Institute, Chennai – 77.
10.	COMPETITION	International women's day	08-03-2022	Center of excellence, Faculty of physiotherapy	35	Dr.V.RAJALAXMI, Professor, Vice principal, Faculty of Physiotherapy, Dr.SRIDEVI SANGEETHA, Deputy Dean, Consultancy, Faculty of AHS, Dr.MGR Educational and Research Institute, Chennai – 77.



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