

PHY-Q3-18/12/2021

SEP 2021-NOV 2021



**Dr. M.G.R.**  
**EDUCATIONAL AND RESEARCH INSTITUTE**  
**DEEMED TO BE UNIVERSITY**

University with Graded Autonomy Status

(An ISO 21001 : 2018 Certified Institution)

Periyar E.V.R. High Road, Maduravoyal, Chennai-95. Tamilnadu, India.



# FACULTY OF PHYSIOTHERAPY

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***PHYSIO QUEST***

## VISION

- Maintain the department's long tradition of leadership and excellence in physiotherapy education
- Create innovative educational programs
- Promote the provision of ethical, efficient and cost effective physiotherapy services
- Provide a dynamic, efficient and adaptable physiotherapy program
- Serve the physiotherapy needs of the community

## MISSION

- Provide innovative physiotherapy education at undergraduate and post graduate levels
- To educate undergraduate and post graduate students to discover and apply new knowledge in physiotherapy and relating theory to practice
- Stimulate research in the various fields of physiotherapy to influence emerging health care practices and to advance the profession
- Foster leadership qualities in physiotherapy practice, education and research
- To educate undergraduate and post graduate physiotherapists to make them knowledgeable, self assured, adaptable, reflective, humanistic and as a service oriented individual.



### **MESSAGE FROM PRINCIPAL:**

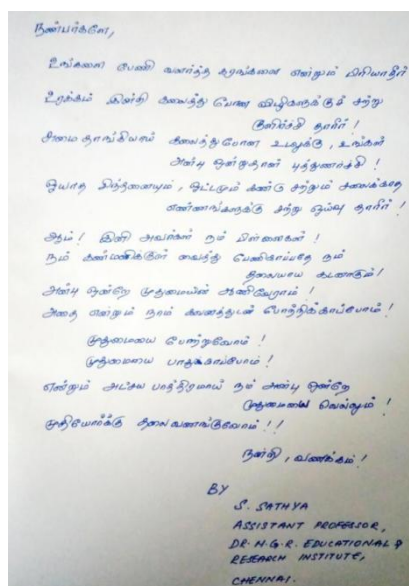
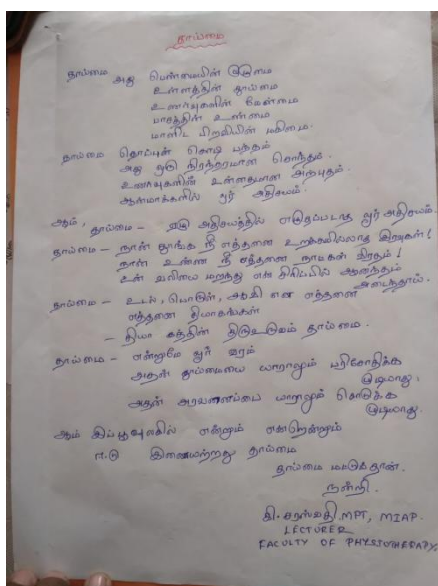
**We provide a system of education whereby a 'state of the art ' technology would support a much wider array of content from a worldwide perspective that would take the students of today through such strategically planned experiences, that were drawn from any part of the world and measured up qualitatively as per world standards to prepare world citizens of tomorrow.**

**I am confident that our institution FACULTY OF PHYSIOTHERAPY, with its rich legacy, will continue to shape the future of the young minds of our country and transform their potential into successful careers resulting in national development and global accomplishment.**

**As Principal my role is to foster an exciting and invigorating learning environment, where students are at the forefront of teaching and learning. Our dedicated staff work and learn together in collegiate teams to maximize student's potential by implementing highly effective teaching strategies and student support systems.**

**I am confident that this issue of Department News Letter will send a positive signal to the staff, students and the person who are interested in healthcare education. A News Letter is like a mirror which reflects the clear picture of all sorts of activities undertaken by a Department and develops writing skills among students in particular and teaching faculty in general. I congratulate the Editorial Board of this News Letter who have played wonderful role in accomplishing the task in Record time. Also my heartfelt Congratulations to staff members and Students for their fruitful effort. With Best Wishes.**

## STUDENTS AND TEACHERS CORNER



### EVENT'S CORNER

N O	DATE	DEPT	EVENT TITLE	EVENT TYPE	Participant	Event coordinators
1	05/9/2021	Physiotherapy	Teachers day celebration	Cultural	50	Dr. R. Nithyanisha
2	08/9/2021	Physiotherapy	International Olymbic 2020 and covid 19	Essay competition	100	Ms. C. Srileka
3	29/9/2021	Physiotherapy	Covid 19 impact on cardiovascular system	Webinar	300	Dr. S. Ramachandran
4	01/10/2021	Physiotherapy	Pandemics: do they change , how do we address age and ageing	Webinar	250	Dr. C. V. Senthil Nathan
5	02/10/2021	Physiotherapy	Building capacitance for justice and peace	Webinar	200	Dr. G. Thirulogachandar
6	12/11/2021	Physiotherapy	Post covid 19 neurological complications	symposium	250	Dr. V. Rajalaxmi
7	15/11/2021	Physiotherapy	Debate on myths and facts about diabetes	Competition	100	Dr. S. Veena @ Kirthika

### EVENTS SUMMARY

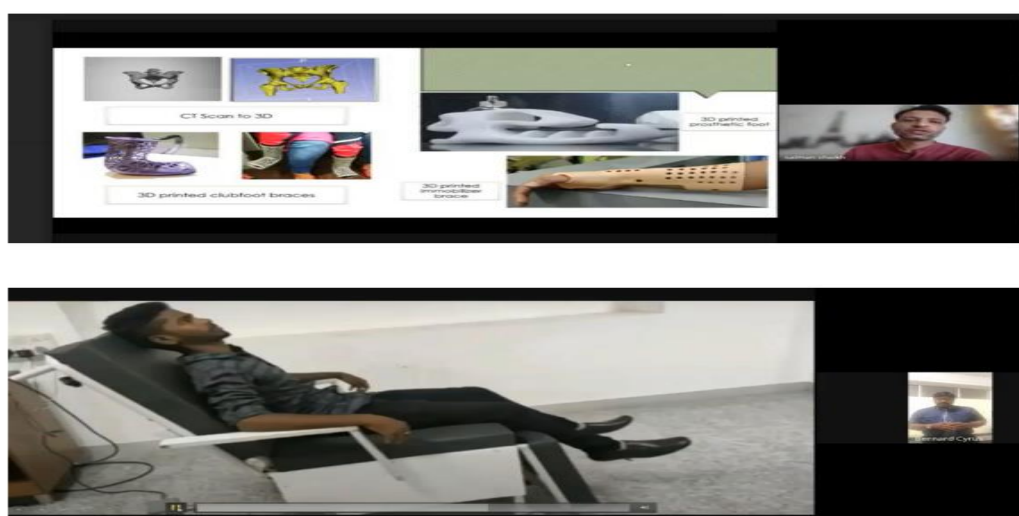
**TITLE OF THE EVENT:** "Research Funding Opportunities and Proposal Preperation for Academicians"

**DATE:** 02.09.2021 **SPEAKER:** Dr. Salman Shaik, PhD, Incubation head, ISTA, Pune, and Dr. Bernard Ebenezer, Assistant Professor Faculty of Physiotherapy, Dr. M.G.R. Educational and Research Institute **MODE:** Google Meet

**NO: OF PARTICIPANTS:** 28 **SUMMARY OF THE EVENT:** Faculty of Physiotherapy, Dr. M.G.R. Educational and Research Institute, Chennai in association with Academic Staff College, organized a 2 days online Faculty Development Program- Refresher course on "Research Funding Opportunities and Proposal Preperation for Academicians" by our invited guest speaker Dr. Salman Shaik, PhD, Incubation head, ISTA, Pune, and Dr. Bernard

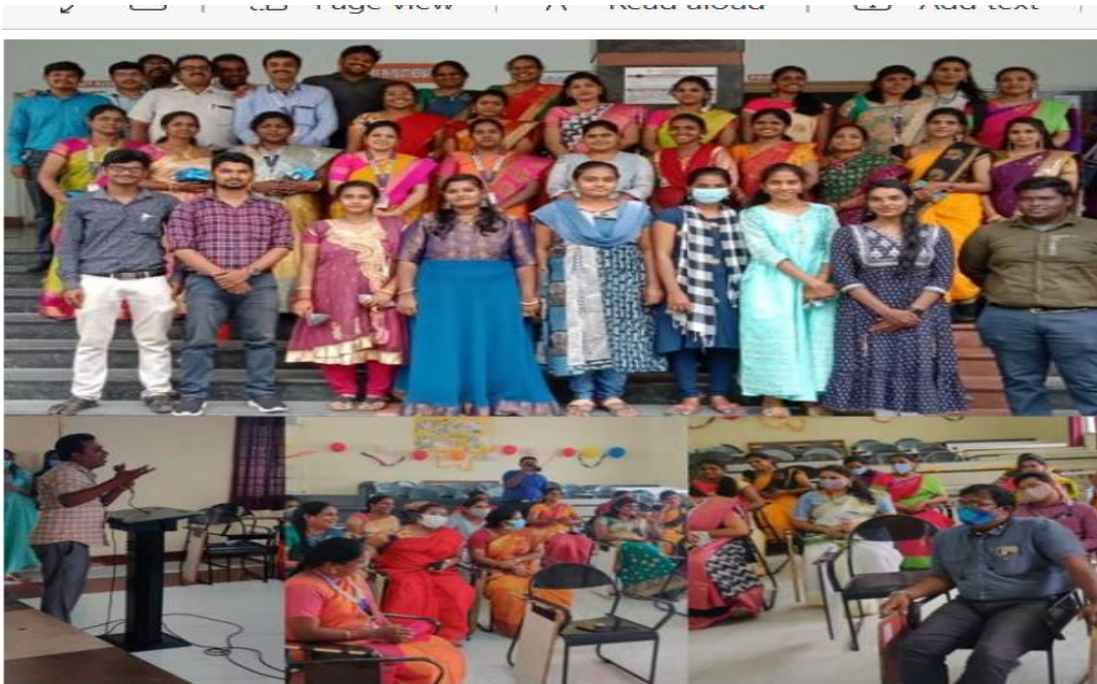
Ebenezer on Day 1 - 02/09/2021 at 10:30AM- 12 PM in Google Meet virtual platform. Around 28 participants attended the program. The program began with an introductory speech by Dr.S. Sathya, and our Respected Principal Sir. Prof. Dr. C. V. Senthil Nathan addressed the gathering. That was followed by introduction of the speaker by Dr.R. Jayabharathi, Assistant Professor. Then Dr. Bernard Ebenezer Cyrus, started his presentation by explaining the brief description of thoughts to Reality. Session 2 followed by introduction of the speaker Dr. Salman Shaikh, by Dr.S. M. Divya Mary, Assistant Professor . Then the resource person started his presentation by explaining the concept of Bringing Ideas to Reality. The Day 2 program began with an introductory speech by Dr.S. Sathya. Then the resource person started his presentation by explaining the Research areas and funding opportunities. Vote of thanks was proposed by Dr. V. Pavithralochini.

<b>Dr. M.G.R.</b> <b>EDUCATIONAL AND RESEARCH INSTITUTE</b> <b>Deemed to be University</b> <small>Recognized by the Government of India, Ministry of Education, New Delhi</small>		
<b>FACULTY OF PHYSIOTHERAPY &amp; ACADEMIC STAFF COLLEGE</b> Cordially invites you for the <b>FACULTY DEVELOPMENT PROGRAMME</b> On <b>RESEARCH FUNDING OPPORTUNITIES AND PROPOSAL PREPARATION FOR ACADEMICIANS</b> BY		
	<b>SPEAKERS</b> <b>Dr Bernard Ebenezer, MPT</b> Assistant Professor Faculty of Physiotherapy <b>DAY 1: 02/09/2021,</b> Session 1: 10.30-11:00 am	<b>TOPICS</b> <b>"THOUGHTS TO REALITY"</b>
	<b>Dr Salman Shaikh, PhD</b> Biomechanics (E&TC Engineering) <b>DAY 1: 02/09/2021,</b> Session 2: 11:00 -12: 00 pm <b>DAY 2: 03/09/2021</b> Time 10.30-12:00 pm	<b>"BRINGING IDEAS TO REALITY: OUTLOOK TO HELP SOLVE REAL WORLD HEALTH PROBLEMS"</b> <b>"RESEARCH AREA AND FUNDING OPPORTUNITIES"</b>
	<b>Virtual Platform – Google Meet</b> <a href="https://meet.google.com/eap-nfw-vpi">https://meet.google.com/eap-nfw-vpi</a> <b>2<sup>nd</sup> &amp; 3<sup>rd</sup> September 2021</b> <b>10:30 am – 12:00 pm</b>	
<b>Click to join:</b> 		
<b>Dr. S. M. Divya Mary</b> FDP Convenor	<b>Dr. Ponselkar Abraham. A</b> DEAN – Academic Staff College	<b>Prof. Dr. C.V. Senthil Nathan</b> PRINCIPAL





TITLE OF THE EVENT: TEACHERS DAY CELEBRATION DATE: 06.09.2021 NO: OF PARTICIPANTS: 35 VENUE: Seminar Hall -1, faculty of physiotherapy, ACS campus Current BPT internship students of Faculty of Physiotherapy celebrated Teacher's day on 6th September 2021 between 1 pm - 2 pm in our college. Around 35 teaching staffs participated in the program. The program was compered by Sathish kumar and Jayashree. Welcome speech was given by Brightlin. The following games were conducted. WORD CHAIN for 10 MINUTES, DEBATE for 20 MINUTES, BALLOON IN THE CUP for 10 MINUTES. Then DUM CHARADE for 10 MINUTES, ANTHAKSHARI for 10 MINUTES . That was a fullfilled and refreshing session for all the staffs. Finally, the vote of thanks was proposed by Hemamalini.





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UNIVERSITY WITH FINANCIAL ASSISTANCE STATUS  
Established in 1982 - 2008 (26th Dec 2008) - 2014 (26th Dec 2014) - 2019 (26th Dec 2019)



## FACULTY OF PHYSIOTHERAPY

In association with

## IAP WOMEN CELL



welcomes you for an  
online webinar on

## WORLD PHYSIOTHERAPY DAY 2021

By



### **Dr. Rupana Merlin Jeyasingh**

B.P.T., CMT., MIAP  
Senior physiotherapist,  
Physio Bliss Clinic, Chennai

*Topic:*

*Physical rehabilitation for oral cancer*



### **Dr. S. Parvathi**

MPT (Neurology)  
Consultant physiotherapist and women's health  
specialist, GENESIS Hospitals, Chennai

*Topic:*

*The impact of COVID-19 on our Nervous  
system – a physiotherapy perspective*



## VIRTUAL PLATFORM - ZOOM



<https://us06web.zoom.us/j/82583765752?pwd=WkZFPdRVU0RlbnZhaXZlZl40UzUzOT09>



08<sup>th</sup> September 2021



10:00 - 11:30 am

**Dr. K. Kamatchi**  
Organising Secretary

**Dr. G. Tharani**  
Association Convener

**Dr. C. V. Senthil Nathan**  
Principal




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 Dr. M.G.R. ALUMNI ASSOCIATION  
 Registered Under Society Act Wide Reg  
 No: SRG/Chennai South/345/2021


**OFFICIAL ATTEMPT**


**FACULTY OF PHYSIOTHERAPY**

**DAY – 11 MGR ALUMNI CONCLAVE - 2021**  
 (25 Departments – 25 Days – 25 Alumni Conclaves – 25k Participants)  
 approved and monitored by World Book of Records  
 Conclave Title: Technological Advancement In Physiotherapy



**Dr. C. J. Jayson** MPT (Cardio),  
Senior physiotherapist,  
MGM Hospital  
2004-2010 - BATCH



**Dr. G. Thirani**  
MPT (Neuro), COMPT, MAP  
Assistant Professor  
Dr. M.G.R. Educational and Research  
Institute



**Dr. S. Anand** MPT (Hand),  
Clinical Manager,  
Neuro Solution Pvt Ltd  
1998-2004 - BATCH



**Dr. S. Jagan**  
B.T., F.M.T., B.Sc. (Poy), M.Sc. (Yoga)  
Proprietor Jagan's Health Zone  
2003-2008 - BATCH



**Dr. N. Nabeesa**  
MPT (Neuro), M.Sc (Psychology),  
Associate exercise expert,  
Freedom from diabetes, Pune  
2013-2018 - BATCH

**05<sup>th</sup> OCT 2021, 10.30Am – 1Pm (IST)**  
 ZOOM LINK: <https://zoom.us/j/92528434525?pwd=d2ZxUS0xTVU0eWp0V0N2RkTC0yZ00=>




**Invite From**  

**Dr. G. Vaishnavi**  
 Alumni Coordinator

**Dr. C. V. Senthil Nathan**  
 Head of Department



## **EDITORIAL BOARD**

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Principal- Faculty of Physiotherapy

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Prof. Dr. V. Rajalaxmi, M.P.T [Neuro], M.I.A.P, PhD,Vice Principal [Admin]

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Dr. K. Kirupa, M.P.T [Ortho], M.I.A.P, Assistant Professor

Dr. S. M. Divya Mary, M.P.T [Sports], M.I.A.P, Assistant Professor

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Dr. K. Kamatchi. M.P.T [Neuro], DBDT, M.I.A.P, Assistant Professor

Dr. V. Pavithralochani, M.P.T [Neuro], M.I.A.P, Assistant Professor

Dr. G. Vaishnavi, M.P.T [Neuro], M.I.A.P, Assistant Professor

Dr. Bernard Ebenezer Cyrus, M.P.T [Ortho], M.I.A.P, Assistant Professor

Dr. R.N.V. Deepthi, M.P.T [OBG], M.I.A.P, Assistant Professor

Dr. M. Srilakshmi, M.P.T [Paediatrics], M.I.A.P .Assistant Professor

### **STUDENT'S COMMITTEE:**

Mr.P.Bharathkumar

Ms.M.Muthulakshmi

Ms.S.Monica

Mr.S.Praveen Sylvester

Ms.C.Jayabharathi

Mr.K.Dharani

Mr.Balaji Pandey